Pulman's Weekly News
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AXMINSTER
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A new lease of life for the Pippins building

ANDERS LARSSON
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THE revival of the Pippins building in Axminster continues apace, with the number of tenants having reached double figures.

There were fears the building would be boarded up and sold by owner Devon County Council in 2014 when it closed its youth club (based in the building) as part of a cost-cutting programme.

Axminster Town Council assumed interim responsibility before agreeing a lease with Devon County Council, which means that the town council manages the building and sub-lets it to others.

At the time of the youth club closure, there was only one other user of the building, local charity The Project.

An alternative youth club was set up by locals and the town council has worked to find more tenants to make the building financially viable.

After a slow start, significant progress has been made, aided by a partnership with Axminster Churches Together.

The Rev'd Kay d'Albertanson (an associate minister at Lyme Regis Baptist Church) took on a project called Hope Axminster Research Project. Her task was to look at what the churches were and were not doing in Axminster, and the needs of the community.

She said: "I got very curious about this building. I knew there was a youth club but not much more."

She came to work closely with the town council and the Hope Axminster Research Project became a vital part of the town council's Pippins Community and Business Centre.

Other organisations, including police and East and Mid Devon Community Safety Partnership, were approached.

As a result, RISE (a drug and alcohol out-patient recovery service) chose Pippins as a base, joining an expanding rank of tenants.

Three tenants were gained in one swoop when Axminster Methodist Church decided to move to Pippins last year, bringing two of its own tenants with them, Axminster Job Club and Citizens' Advice Bureau.

Deacon Becky Lovatt said: "In September we decided to have a go at having a church here, initially having a room once a week, but we spoke to Jeremy Walden about a chapel."

The chapel, called The Upper Room, became a reality and, speaking about the Pippins revival as a whole, The Rev'd Lovatt said: "It is quite amazing what is happening here. Since September it has gone mad. People from the community have given up their time to help transform the building. They have been up ladders, filling holes and so on. I'm really grateful."

She also praised Axminster Carpets, Lawsons, Axminster Care Service and Tesco for support given.

Town councillor and former mayor Jeremy Walden said that the town council is in the process of "determining the long-term financial viability of the building".

The hope is that long-term viability can be proven and that ownership of Pippins is transferred to the town council.

Councillor Walden said: "I'm really pleased that such a historic and vital part of the town has been brought back into community use and, because of the multi-use, financially it is much closer to wiping its face."

The Rev'd Kay d'Albertanson, who has become Pippins manager on a voluntary basis, said that a re-launch weekend will be held in spring on a date to be announced.

She also asked anyone with Pippins photos from the past and anecdotes to get in touch. The building is said to date back to the 1780s and was a preparatory school in the 1950s and 1960s.

Any organisation or business interested in renting space in the building is asked to contact Axminster Town Council.

● Organisations currently using Pippins are: Axminster New Youth Club, The Project, Citizens' Advice Bureau, Axminster Job Club, Little Pips Baby and Toddler Group, MAKE Drama Group, Singing Matters, Axminster Methodist Church, RISE Recovery and Axminster Churches Together.

REVIVAL: The Reverend Kay d'Albertanson and Deacon Becky Lovatt are delighted that more organisations are using Pippins

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INSIDE this week's paper

VALENTINE'S DAY
Pages 14-17

HEALTH & WELLBEING
Pages 18-23

HOME IS WHERE THE HEARTH IS
Pages 24-29

JOBS – Page 30 | VIEW 2 – Pages 31-34
PROPERTY – Page 35-42 | SERVICES – Page 43-48

THIS WEEK'S WEATHER

Wednesday	Thursday	Friday	Saturday
10°C	10°C	10°C	10°C
9°C	8°C	7°C	6°C

Pulman's View Series of Newspapers

view from newspapers

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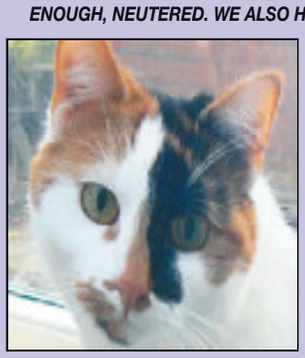

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SCHOOLS NEWS

Devon schools' funding is set to be slashed by a third

MORE than a third of Devon's schools will lose out if new national funding figures aren't revised, the county's education chief has warned.

Devon's schools are already funded at £290 less per pupil than the national average and Devon County Council, heads and governors have fought a long campaign for fair funding.

The previous coalition Government announced it would bring in a national funding formula for education and proposals were announced for consultation before Christmas.

But figures released by Devon County Council show that while 212 schools in the county would benefit, another 129 would be even worse off than they are now.

They include 24 secondaries, 103 primaries and two all-through schools.

And pupils would still be funded at £268 a head less than the national average.

That adds up to £24 million less coming to Devon schools than if they were funded at the national average.

Now Devon's Cabinet member for schools, James McInnes, is campaigning for all of the county's schools to be given fair funding under the new formula.

He said: "Fair Funding was always about schools in Devon getting more money – not having money taken away.

"My view is Devon's under-resourced schools have produced outstanding results for long enough and now deserve to be properly funded so they can give our children an even better education.

"No school in Devon should lose money as a result of these proposals.

"I welcome the fact that the Government grasped the nettle of fair funding after so many other administrations failed to tackle the issue.

"But it is vital that the Government looks out for our rural areas and does not approve a funding formula devised by civil servants in London who aren't fully aware of the realities of providing a good education for the children of Devon."

Mr McInnes said: "We need to work together with our family of schools in Devon otherwise we risk being picked off one by one.

"This was always supposed to be about fairer funding for under-resourced schools in rural areas.

"We are closer to the prize now than we've been after such a long battle but we must keep up the fight to ensure all our children benefit from this major overhaul of the funding system."

Tributes paid after second man dies following Branscombe collision

A SECOND man has died following the two-car collision on the A3052 at Branscombe on Friday, January 20th.

Andrew Clargo, 54, from Colyton, ***pictured,*** died in hospital on Wednesday, January 25th. His family has issued a moving tribute, saying he was popular and extremely well-loved.

Mr Clargo's family issued the tribute on Friday, January 27th saying: "Andrew was a popular and extremely well-loved pharmacist in the Exmouth Area.

"He leaves behind his partner Kate, his son Matt, and stepsons Joe and Henry. His loss has devastated his family and they would appreciate for their privacy would be respected at this very difficult time."

Mr Clargo died as a result of a two-car collision which also killed 77-year-old Peter Crossland, who was from Wakefield, West Yorkshire.

Mr Crossland, who was driving a blue Honda Jazz, died at the scene after colliding with a red Renault Clio on the A3052, close to the Three Horseshoes junction.

The driver of the Clio, Mr Clargo, was airlifted to Derriford Hospital in Plymouth with serious injuries where he later died.

Police collision investigators attended the scene and carried out a forensic investigation.

The police spokesperson said: "If anyone witnessed this incident, please contact police using 101@dc.police.uk or call 101, quoting log 628 of Jan 20th 2017."

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FARMLAND IN THE COLY VALLEY

A VIEW of the Coly Valley by local award winning photographer Richard Austin

Local police force to recruit 150

DEVON and Cornwall Police will recruit almost 100 officers and 50 criminal investigators thanks to £24m of additional money as part of the Police and Crime Plan (2017-2020).

Chief Constable Shaun Sawyer welcomed the financial boost and said: "This plan, along with the budget proposals for 2017/18, represents a definitive step forward in making the force sustainable and resilient for the 21st century.

"It will enable us to connect with our communities, which is a key issue for the force and our partners, along with modernising our services and aligning our resources to the changing demand in our local, national and international policing landscape."

The Police and Crime Plan comes after a consultation into policing issues, commissioned by Police and Crime Commissioner Alison Hernandez last summer.

She said: "Our consultation clearly showed the public wants better connectivity with, and accessibility to, its police force."

"This plan provides a direction to help communities become safer, more resilient and better connected and makes a Local Policing Promise to ensure that policing is accessible, responsive, informative and supportive.

"Devon and Cornwall Police is already a good force. Through better connection, clear direction and appropriate investment it can be one of the very best in the country."

She explained how the extra money was made available by saying: "By freeing over £10m from reserves, by striving for further efficiencies, by raising money through the policing precept and changing other spending priorities, I have provided the Chief Constable with the funds to be one of the only forces in the country to increase its number of officers.

"It is for the Chief Constable to decide the make-up of his workforce so that he can best deliver the priorities set out in this plan.

"He has now set out his intentions and I will support him in that, but I will expect him to deliver, in particular, the increased connectivity that the people of Devon and Cornwall have said is important to them."

Mr Sawyer said: "Demand on the police is changing. We are still facing threats from organised crime and terrorism and must ensure we maintain and improve our capabilities to deal with this national threat.

"We are also facing the new and emerging threats from international cyber-crime and complex issues such as child sexual exploitation and modern slavery.

"Through the use of the additional budget we will look to employ nearly 100 additional police officers onto the streets and into local policing, as well as 50 criminal investigators and 30 online record takers. The extra 100 police officers will bring the total number back up to 3,000.

POLICE and Crime Commissioner Alison Hernandez

"The frontline has become very stretched over the past years of austerity.

"At the same time demand has increased and the need for specialist capabilities, such as firearms officers and public order trained staff, has grown to meet the national and international threats.

"The redesign of our workforce will require us to move some staff from existing roles, such as PCSOs, to other police staff roles, new staff investigation roles or to join up as police officers depending on their career aspirations and suitability."

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GCSE results: Somerset best in South West

SOMERSET'S young people have fared well in Government GCSE rankings, based on results of 5,000 schools across the country.

Department for Education (DfE) statistics show that Somerset's schools demonstrate strong performance in a number of areas.

Somerset scored the highest in the South West (joint with Cornwall) and is in the top third nationally for the 'Progress 8' measure, which measures progress that students make from the end of primary school to the end of secondary school.

The 'Attainment 8' measure, which measures the achievement of students across eight subjects (including English and Maths), showed that Somerset is performing above the national average.

Cllr Frances Nicholson, Somerset County Council's Cabinet Member for Children and Families, congratulated Somerset students on their successes and said: "Your hard work has been rewarded and I wish you every success in the future.

"I would also like to thank all teachers, school leaders and everyone who has supported and encouraged our young people throughout their school careers."

Seaton cabbie stabbed in attempted robbery

A TAXI driver was stabbed in the arm during an attempted robbery in Seaton.

Police were called to Harbour Road at about 9pm on Saturday, January 28th.

A spokesperson said: "Police were called to Harbour Road following an assault and robbery on a taxi driver.

"Police arrested a man at the scene and the victim was taken to hospital with wounds described as non-life threatening."

An ambulance spokesperson said a man was taken to hospital in Exeter with a stab wound in one of his arms.

Peter Hall, aged 40, from Hawkchurch, near Axminster, has been charged with attempted robbery and being in possession of a bladed article and was due to appear before Exeter Magistrates' Court yesterday (January 30th).

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Please include SAE for return of any photos.
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Allan returns to Tesco for second fundraiser

ALLAN Hill returned to Tesco in Axminster for a second collection in aid of his forthcoming skydive fundraising.

Mr Hill will celebrate his 80th birthday on February 3rd by skydiving in aid of Devon Air Ambulance Trust.

The initial target of £1,000 was doubled to £2,000 following a great start to the fundraising campaign.

Mr Hill is very grateful to Tesco for allowing him to hold a second collection on January 26th and its generous staff and customers – and everybody else who has sponsored him.

Donations can be made online at http://uk.virginmoneygiving.com/AllanHill2

BUCKET LOADS: Tesco community champion Rob Cope (left) helped Allan out during both collections

Arada Stoves to team up with MP

AXMINSTER-based stove manufacturer Arada Stoves will work with local MP Neil Parish to promote low-emission wood burning stoves to reduce pollution and improve UK air quality.

A company spokesperson said that poor air quality levels in London has led to the resurgence of blame on wood burning as a major contributor to the problem, and added: "But in reality, stoves are already a relatively low source of emissions which are currently being further adapted to be the most environmentally-friendly yet."

The changes being made to UK stoves come from new EU regulations to lower emissions in wood burning stoves, due to come into force in 2022.

Supported by the Stove Industry Alliance, Arada will be one of the leading UK manufacturers heading up the new Ecodesign Ready scheme for stoves that will meet the lower emission limits five years ahead of the new legislation.

Independent research conducted by Kiwa Gastec on behalf of the SIA shows that this new era of Ecodesign stoves will significantly further reduce emissions. The new clean burning stoves will produce 90 per cent fewer emissions than an open fire and 84 per cent less than that of a stove produced 10 years ago.

As the chairman of the Select Committee on the Environment, Food and Rural Affairs, Mr Parish will be the keynote speaker for the launch of Ecodesign Ready Scheme on February 28th at the Houses of Parliament.

Commenting on the initiative, Arada MD Mark Brettell said: "As one of the UK's leading stove manufacturers, we are proud to be leading this campaign.

"We recognise that air quality and particularly the lowering of particulate emissions is the main priority for us and we are working hard to ensure that our new and existing products represent this new era of low emission stoves.

"Alongside his wider contribution to the Ecodesign Ready Scheme, we are pleased to be working closely with Neil Parish who will be visiting us in April to launch our low emissions products locally.

"Coupled with the correct installation, fuel choice and operation, we want people to feel confident in their decision to choose a new era of wood burning stove which will benefit the wider environment and support the improvement of air quality here in the UK."

Man struck by vehicle in Millwey

A PEDESTRIAN was taken to hospital with a leg injury after being struck by a vehicle in St Andrew's Drive, Millwey, Axminster.

The ambulance service was called at 11.20am on Monday, January 30th, and a spokesperson said that a 40-year-old man was taken to hospital for treatment.

Man taken to hospital after A358 crash

A MAN was taken to hospital after a two-car crash on the A358 between Axminster and Chard.

The collision happened at the Waggs Plot turning, near Axminster, and a spokesperson for the ambulance service said a call came in at 5.55pm on Saturday, January 28th.

A man was taken to Musgrove Park Hospital in Taunton with injuries to neck and chest.

Chimney fire in Tytherleigh

A FIRE crew from Axminster dealt with a chimney fire in Tytherleigh on Wednesday, January 25th.

Firefighters were called to a property in Broom Lane just after 8.30pm, and a spokesperson for the fire and rescue service said: "Crews confirmed the chimney was alight involving a wood burning stove.

"The fire was extinguished using chimney gear and was checked with a thermal imaging camera."

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Solicitors recognise long service at festive lunch

SOLICITORS Milford & Dormor have celebrated the loyalty and long service of some of their partners and staff.

Long-serving members received awards at the Christmas lunch held at the Lordleaze Hotel, Chard.

The company has offices in Chard, Axminster, Seaton, Ilminster and Hemyock, and senior partner William Bennett, who has been with the firm for more than 40 years, said: "Whilst we continue to grow as a firm it remains integral to our success that we identify and celebrate the achievements of these dedicated individuals.

"Their experience and knowledge has proven to be invaluable over the years and we believe this is something that our clients value greatly."

■ **LOYALTY:** Gifts were presented to: (from left to right) Nicola Bush (10 years), Pat Coates (25 years), Angela Kennedy (10 years), Colin Burdett (partner, 35 years) Dee Fazio (partner, 20 years), Judith Phillips (15 years) and Peta Melling (35 years)

Axminster's darkest day

FEBRUARY 3rd will mark the 100th anniversary of Axminster's darkest day of World War I.

Five men from the town, part of The 1st/4th (Territorial) Battalion of the Devonshire Regiment, were killed in a single action in Mesopotamia (Iraq).

The Mesopotamia campaign and Axminster's contribution to it will be featured by Axminster Heritage Centre when it opens for the new season in spring.

At the outbreak of war in 1914, Mesopotamia (largely the same territory as modern-day Iraq) was a province of the Ottoman Empire, and the purpose of landing a British and Indian force in Mesopotamia was to secure continuing access to the oilfields of southern Iraq and western Iran (Persia), and to oblige the Ottoman Army to send troops well away from their European and Russian borders.

In the autumn of 1916 the British forces, including the 1st/4th Battalion, launched a concerted effort to re-capture Kut from the Ottoman Turks.

The offensive carried on into the following year and Axminster's worst day of World War I occurred on February 3rd.

During an attack on the Hai Salient in the Turkish line south of Kut five men from Axminster were killed: Sergeants Leonard William Lethaby and Frederick Charles Perham, and three Privates: Frederick W Coote and brothers Leslie Walter Sprague and Reginald Charles Sprague.

All except Sergeant Lethaby are buried in the Amara War Cemetery; his name is recorded on the Basra Memorial.

A spokesperson for Axminster Heritage said: "The Devonshire Regiment's losses in Mesopotamia (i.e. not just those of the 1st/4th Battalion) amounted to 437 deaths in total.

"Twelve of these were Axminster men, and another four whose names appear on the war memorials at Kilmington, Axmouth and Uplyme."

He also said that an account of the town's contribution to the Mesopotamia Campaign will be posted online at axminsterheritage.org shortly, and added: "It is clear that Axminster and its surrounds contributed disproportionately to the Mesopotamia camp- aign.

"We will also be featuring the Mesopotamia campaign as a whole in our 2017 displays."

District council withdraws appeal

EAST Devon District Council has taken the decision to withdraw its appeals against the Information Commissioner Office's decision, which ordered EDDC to release details of the bidding process for its council offices in Sidmouth and the contract it has with PegasusLife, the buyer of the site.

The council previously stated in November 2016 that the appeals were lodged due to the way the ICO handled these requests and because of the sensitivity of the information at that moment in time.

With the PegasusLife planning application having been refused, it is considered that this sensitivity has now been reduced and that publication of the information is acceptable.

In addition, the ICO, through the appeal process, has clarified that the council was right to question the way the decision was made and, as such, the council has now obtained much needed clarity on the position relating to the confidentiality of tendering processes, not just for Knowle, but for all its commercial activities.

A spokesperson for the council said: "Mr Jeremy Woodward (a member of the public) has been provided with the information that he requested and copies of the documents in question will be available on the relocation pages on the East Devon website.

"The council would like to reaffirm its commitment to publishing information relating to the relocation project as and when it is appropriate to do so. The next tranche of paperwork, which covers up to September 2016, should be available online very shortly. Furthermore, we can confirm that there has been no cost to us – or East Devon taxpayers – for undertaking this appeals process. Each of the parties to the appeal agreed to bear their own costs and our costs were all internal."

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Young Farmers all set for busy year after their Boxing Day dip

by Anders Larsson
anders@viewnews.co.uk

MEMBERS of Axminster Young Farmers' Club have 'recovered' from jumping into the cold sea at Seaton on Boxing Day and are looking forward to a busy 2017.

The festive dip was part of the club's fundraising efforts for Dementia UK, and the total raised will be added to money generated from the forthcoming 'big breakfast'.

The club has also released tickets for its performance of 'Bill and Ted's Excellent Adventures,' taking place on Saturday, February 4th at Chardstock Village Hall.

Tickets include a supper of bangers and mash, with doors opening at 7.30pm for an 8pm start.

To book tickets for this event, contact Alice Gay on 07896 350748.

BRAVE: Mark Warren, Alice Gay, Gavin Herrod, Lucy Bailey and Josh Short in Seaton on Boxing Day

Arts cafe set to open on Sundays following Christmas Day meal

INSPIRED by a Christmas Day lunch, Axminster Arts Café will open on Sundays.

The decision was inspired by the success of the recent Christmas Day lunch held by Axminster Christmas Together.

Held for the second year for people who would otherwise have spent Christmas Day alone, the lunch was a big hit.

Axminster Arts director Jenny Fells said: "Following the successful Christmas Day lunch in the Guildhall, organised by Axminster Together, Axminster Arts has decided to open the arts café on a Sunday.

"Several people have said to us in the past that opening on a Sunday, which is arguably the loneliest day of the week for many people, is a popular idea. A warm and cosy welcome awaits everybody, whether they are a solo diner or part of a group."

Axminster Arts Café is open each Sunday from 10am – 2pm.

Soldiers' Charity fundraiser at Tesco

GENEROUS customers and staff at Tesco's Axminster branch supported ABF The Soldiers' Charity to the tune of £433 during a recent collection.

Members of the Devon fundraising committee and local veterans experienced first hand the generosity of local shoppers and staff.

A spokesperson for the charity said: "The collectors had wrapped up against the cold, but Tesco staff allowed them to collect inside the store.

"Showing great kindness and hospitality, the staff canteen also provided hot drinks during the day which was greatly appreciated.

"In all, just over £433 was collected to contribute to the work of the Army's National Charity, whose motto is 'For Soldiers, For Life'.

"This money will be used to support serving soldiers, veterans and their immediate families in need across Devon and the South West."

Philip Hutchens from the charity's Exeter office said: "We really are very grateful to Tesco for their support and want to thank Alistair Ryan and his team for all their help.

"But especially we want to thank all the Tesco customers whose generosity is going to help members of the Army Family here in Devon."

ABF The Soldiers' Charity (formerly the Army Benevolent Fund) is the National Charity of the British Army, supporting soldiers, veterans and their immediate families in times of need.

Advertisers Announcement

Cirrus Vape Shop arrives in Axminster

SATURDAY January 28th marked the arrival of a new shop in Axminster.

Cirrus Vape Shop has moved in to premises in Chard Street previously occupied by the ARC shop, which recently moved next door.

Nick McCance and Carrie Tyers are the two people behind Cirrus Vape Shop, opened a vape shop in Honiton a year ago. Mr McCance explained the expansion by saying: "Travelling customers to the Honiton shop asked if we could open in Axminster."

Nick and Carrie looked into it and decided to go-ahead.

Cirrus Vape use tested liquids and stock that adhere to the latest regulations and warn customers to be aware of cheap imitation products that may potentially cause unnecessary harm.

Nick and Carrie would like to thank everyone for making them feel so welcome and they look forward to helping the local community give up smoking. We hope the shop will make a good addition to the town and create jobs in the future.

Opening times are Monday, Tuesday, Thursday and Friday 10am to 6pm, Saturday 10am to 4.30pm and Sunday 11pm to 4pm. For more information you can ring Nick and Carrie on 01297 598097

Bradfords boost for Project charity

■ A BRADFORDS hospitality event at Exeter Chiefs' Sandy Park raised £550 for The Project in Axminster, a charity for young people with mental health issues.

Bradfords' Axminster branch manager Dean Hodder raised the money with the help of customers.

Mr Hodder entered the 'catch the ball' competition and suggested the money be presented to a young people's mental health charity.

He said: "Debbie Humberstone (the founder of The Project) and her team of volunteers bring a vital service to Axminster that not only helps young people but also offers support to families, and what better charity to support than one that is in the town and gives support to our young people.

"There are so many youngsters battling with mental illness and to know we have a centre on our doorstep to offer help is so valuable."

Ms Humberstone said: "Our groups support up to 80 local young people every year, and are often the only help and support they receive.

"Young people attending The Project continually tell us of the difference that we are making to their lives, helping them to build self esteem and confidence, and, in turn, enabling them to cope with the challenges they face in their lives. We have to raise all our own funds to continue this service, and the money donated by Bradfords helps us to do so.

"With so many young people now struggling with mental health problems, we are also passionate about raising awareness around the issues affecting young people – having local businesses like Bradfords supporting us is an important part of us being able to do that.

"It is vital that people have a better understanding of mental illness, to make it easier for those who are struggling to speak out and seek help when they need it."

If you would like more information about The Project or would like to get involved in volunteering, contact Debbie on 07970 167341 or email info@theprojectyp.org.uk

More information can also be found online at www.theprojectyp.org.uk

■ DEAN Hodder presenting Debbie Humberstone with a cheque under the supervision of Bradfords staff

Got a story? Call Anders on 01297 446142

Top swimmer goes back to his roots

FORMER Commonwealth Games gold medalist Matthew Clay returned to his roots to run two master-class sessions for Chard & District Swimming Club at Flamingo Pool, Axminster.

Matt, now 33, started his swimming career as a young schoolboy training at the Flamingo Pool and won gold in the 50m backstroke event at the 2006 Commonwealth Games in Melbourne.

Matt recently returned to the Flamingo Pool to train swimming club members, focusing on starts and turns.

The starts were from the brand new starting blocks, funded by a grant from Spectrum Housing Group and a donation from Axe Vale Festival. Club members aged between seven and 20 attended the classes.

Despite some younger members being too young to remember Matt, they were all very excited to meet him and to be shown the gold medal that he had won at the Commonwealth Games.

Flamingo Pool manager Steve Buxton said: "It was great to see Matt back at the pool, where he has previously trained, and to give inspiration to the new generation of swimmers who train at the pool.

"Thank you to Axe Vale Festival and Spectrum Housing Group for helping to fund this equipment, we hope it will breed more future champions."

■ GOING FOR GOLD: Matt leads the class from one of the new starting blocks

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Development team to put Seaton 'on the map'

PUTTING Seaton "on the map as the home of outdoor adventure and natural environment, and a place for art and culture" is a key task for the town development team.

Members of Seaton Town Development Team recently met to plan strategy, and say they will be working hard to enliven the town.

They plan to keep developing Seaton as a "vibrant town", working with organisations such as the newly formed Seaton Traders' Association, Seaton Chamber of Commerce, the town's attractions and sporting organisations.

Other projects include working on better signage, creating opportunities for footfall, promoting art and culture, undertaking marketing and promotion of the town, as well as staging a number of events.

The first event this year will be the annual Seaton Big Clean which takes place from 11am on Saturday, March 4th where everyone is invited to come and join them on the beach and streets of Seaton to help make the town look its best ahead of the main tourist season and the Grizzly.

During 2017, the team will also be working on Art@Jubilee, the Artisan Market, supporting a new Seaton Triathlon, continuing to support the Seaton Parkrun, and working on this year's Seaton Cycle Fest, which takes place on July 1st and 2nd, and promises to be "bigger and better" than ever.

Karin Frewin, marketing and events specialist for the town council and team co-ordinator, said: "We've got a great hard-working team and we've done some amazing projects in Seaton over the past few years.

"We're looking forward to working with everyone in Seaton this year to continue to boost footfall and create a vibrant town."

Seaton Town Development Team works under the remit of Seaton Town Council and was established in 2012 to increase awareness of Seaton, establish more events and attractive places for visitors and residents to enjoy, create an active town and encourage pride in the community.

More information about the STDT is available at www.seatondevon.org and www.facebook.com/SeatonTownDevTeam

■ ON THE MAP: Team members have drawn up a strategy

New associate priest licenced at Axmouth church

THE Rev'd Ann Stuckey was licenced as an associate priest in a service at St Michael's Church in Axmouth, which was officiated by the Bishop of Crediton, the Rt Rev'd Dame Sarah Mullally, ***pictured right.***

The licensing took place on Sunday, January 15th, and Ann will work alongside the rector, the Rev'd Kate Woolven, developing the ministry at St Michael's and also supporting the work at Uplyme Church.

A large congregation of about 150 people was present to welcome Ann, and a reception followed in the village hall.

The Rev'd Kate Woolven commented: "We are delighted to welcome Ann to Axmouth and to the mission community as a whole. I know her enthusiasm and experience will be a great support to us and I look forward to working with her."

Dog fouling rise on seafront and Harepath Road

SEATON mayor Cllr Marcus Hartnell and his fellow town councillors have heard that dog fouling incidents appear to have increased recently, in particular in Harepath Road and on the seafront.

The council employs a part time dog warden to issue fixed penalty notices, but also to inform and educate the community whilst on duty.

The fine for not picking up your dog's mess is £80.

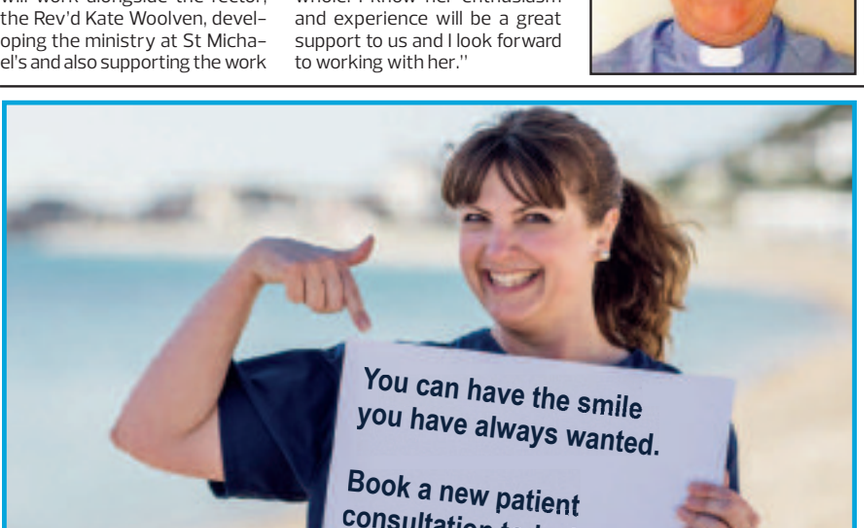
Cllr Hartnell asked for help from the public and said: "We take the offence of dog fouling very seriously.

"The dog warden cannot be everywhere, and we rely on members of the public to inform us of fouling hot spots so that we can target those areas with more patrols.

"The vast majority of dog owners are picking up, and I would urge members of the public to contact the council if they suspect others are not doing the same so that we can take action."

Reports of dog fouling can be made by email to admin@seaton.gov.uk or by telephone on 01297 21388.

Alternatively, you can visit the council offices at Marshlands, which are open Monday to Thursday from 9am–2pm.



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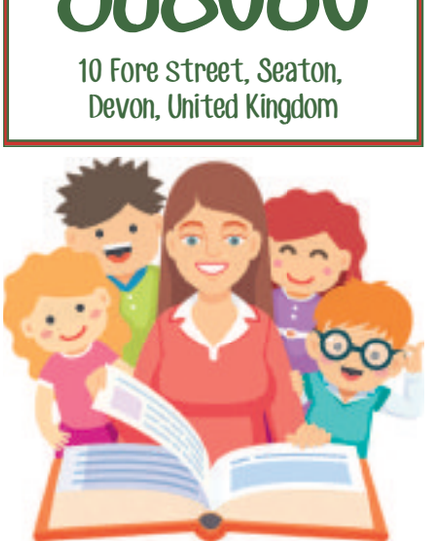

OWL AND PYRAMID is a Children's Bookshop situated in the seaside town of Seaton on Devon's Jurassic coast, opened in December 2014.

They stock a wide range of books from first books for babies and toddlers to the newest fiction for teenagers and young adults, as well as a range of non fiction and activity books. Our non book items include jigsaws, educational games, puppets, and greetings cards – a perfect gift for any occasion.

On Saturday February 4th Owl and Pyramid will host a storytelling morning from 11.00am–12.00am.

Children (up to 7 years) and parents are invited to come and create their own original stories, with the help of our prop box and other story resources. You'll be amazed at what your imagination comes up with. This event is free, but please book a space as places are limited.

Come in and say hello, and let us help you find what you are looking for. Find us at 10 Fore Street Seaton EX12 2LA and call 01297 598030

Councillor wants social club money for community

by Kevin Fahey

COUNCILLOR Geoff Pook is working flat out to try to safeguard the assets of Beer Social Club for the benefit of the community.

Cllr Pook, who represents Beer and Branscombe on East Devon District Council and also sits on the parish council, wants the sale of the club, which folded last year, to be used for extra community housing for local people.

The club is now on the market with estate agents Richardson Gill with a guide price of £150,000 and bids have been requested by the end of the month.

But according to Cllr Pook that represents significant problems for the Beer Community Land Trust (CLT) which he helped set up to provide affordable housing in the village.

"Our Asset of Community Value application has gone into East Devon District Council (there are regulations to protect community assets against development) but that will take time to go through," said Cllr Pook.

"We are talking to the estate agents and the social club committee and I know they have written to all 100 members asking whether they want to take the proceeds of the sale or donate it to the CLT.

"Some of the members are prepared to donate their share from the sale to the CLT but one or two on their own is not enough and we could do with half of the members agreeing to that.

"At the moment we are trying to put together a bid against the unknowns of what sort of grants we can get and how many members of the social club will support us – and we have to do that by then end of next week."

Cllr Pook admitted that the closure of the social club and the decision to sell the land, which amounts to 0.15acres, has stirred up a lot of emotion in the village.

"There is a lot of passion about this subject as a lot of people say it is a community asset that was originally donated to the community and for the current 100 members who were lucky enough to be members when it folded to take the value of the club for themselves is not morally right," added Cllr Pook.

"Someone came to see me who had been a member for 50 years and had just let it lapse. The benefits of the sale of Beer Social Club should go to the village because this is a great opportunity to provide small, affordable homes for retired local people or starter homes for young people.

"I think it is morally wrong for people to take that money and we are trying to combat that."

Cllr Pook said the CLT would be able to provide eight or nine small units on the site and they would be distributed in the same way as the new homes on the fringe of the village on Quarry Lane in 2015.

"If a commercial builder bought the site he could apply to build five holiday homes and under current regulations none would have to be affordable housing for local people," warned Cllr Pook.

Recognition for Branscombe pub

A POPULAR East Devon village pub has just won an award in a prestigious national competition.

The renowned Campaign for Real Ale (CAMRA) has named The Fountain Head in Branscombe as runner-up in the Exeter & East Devon region.

"That was a very nice surprise," said landlady Teresa Hoare, who lives in Beer and runs the pub with business partner John Woodley.

"We have just celebrated our tenth anniversary at the pub and this is the first time we have finished runner-up."

The pub serves beer from the micro Branscombe Vale Brewery which is also based in the village and with John, who is a Branscombe man born and bred, it is a genuine local success story.

"John handles all the beer side and I know Branscombe Vale Brewery have been very supportive of us," added Teresa.

"We have had our share of problems in the past five years with road closures and flooding so we are very proud that a little pub in a small village can win an award like this.

"It proves we are doing something right – we are thrilled to bits!"

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Shute children re-enact WWII evacuation

SHUTE Primary School organised a World War II re-enactment trip for children in years 3 and 4 starting in Seaton.

Parents came to wave their children goodbye at the tramway terminus in Seaton.

Donning historical dress, the children then boarded a carriage and were taken to Colyton.

They arrvied to find an evacuation-style collection point, from which the children embarked on a walk of about 2.5 miles.

Head of teaching and learning Clare Rinaldi said: "The children and staff dressed up in wartime clothes with the essential gasmasks and address labels.

"Even their lunches were authentically wrapped in brown paper, some even had spam sandwiches. The tramway kindly put on a tram to take the children to Colyton.

"The wooden floorboards and blankets made the experience even more believable.

"When we arrived at Colyton the children talked about how they felt waiting for the host family."

Eventually a kind host arrived and agreed to take all the children to their farm before they finished the exercise by walking the footpaths back to Shute.

Mrs Rinaldi said: "Many were surprised to hear that this distance would be quite normal for children in the 1930s and 40s, walking to and from school.

"It was an excellent experience for the children, who were able to really feel what it may have been like for children in World War II."

"If you were evacuated to Dorset or Devon in the war, please contact head@shuteprimary.co.uk – we would love to hear about your experience."

A Seaton Tramway spokesperson said: "We were happy to host and provide the transport for Shute Primary School free of charge as it was a superb opportunity for the children to really experience what it may have been like to be an evacuee."

■ THE 'evacuees' having just said goodbye to their parents

Big turnout for tractor run

A RECORD entry helped ensure record takings for the annual New Year's Eve tractor run from Hawkchurch to Thorncombe along the back lanes.

No less than 52 tractors turned up, and the total raised was £1,010.

The run is organised by the Bartlett family and this year's chosen charity was the Beacon Cancer Support Centre at Musgrove Park Hospital in Taunton.

This particular cause was chosen after the sad loss of Alan Downs, a close friend of Mike Bartlett senior.

Sue Bartlett praised everyone who supported the event in various ways, saying: "Thank you for turning up and supporting the tractor run."

She gave special mention to Thorncombe Sports and Social Club for facilitating lunch, and added: "Luckily we had good weather on New Year's Eve."

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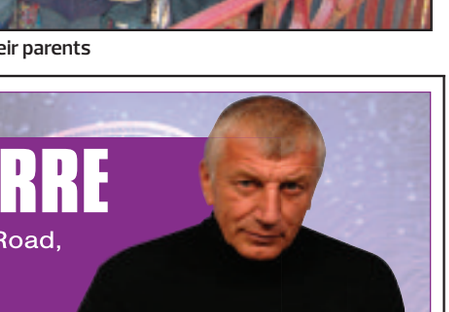

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Exciting year ahead for garden club

■ **HONITON GARDEN CLUB:** Following its AGM in January, Honiton Garden Club launches its programme for 2017 with a real treat on Thursday, February 16th when Lady Christine Skelmersdale comes to talk about 'Year Round Bulbs in the Garden'. The club meets in the narthex of St Paul's Church, Honiton at 6.30pm.

Christine Skelmersdale has been an enthusiastic gardener since childhood and has been the managing director of Broadleigh Gardens, a nursery which has specialised in smaller bulbs, woodland and foliage plants for 40 years.

She is a keen plant photographer with an extensive library of slides and also an inspirational speaker, lecturing widely in Britain and overseas both on gardening topics and plants in the wild.

Author of 'Creative Gardening with Bulbs' (1989), she writes articles and reviews for, among others, *The Garden, The Daily Telegraph, Gardeners' World Magazine* and, in July 2012, published 'Gardener's Guide to Bulbs'.

She was a member of the Council of the Royal Horticultural Society for 11 years and a member of the Gardens Committee, with special responsibility for Rosemoor, for 12 years. Christine is also vice chairman of the Bulb Committee and a member of the Daffodil and Tulip Year Book Committee.

The club's programme for the rest of the year includes a variety of speakers on topics as varied as propogation, house plants, and edible gardening as well as three day long trips to places of interest to gardeners. A full programme is available in St Paul's Church.

Visitors are welcome to every meeting, which is held on the third Thursday of the month, and membership details are available by calling 01404 548709.

Bringing back the days of steam

■ **THORNCOMBE RAIL ACTIVITIES CLUB:** Following a short AGM, the club welcomed Amyas Crump who provided an animated and well illustrated talk.

He first covered some of the final days of steam in the Southern region, including interesting historic views of Winchester Chesil station in Southern Region days, shortly before its final closure.

Other historic views of steam in Hampshire followed.

The audience's railway knowledge was then severely tested when Amyas shared some of the slides from his extensive collection of historic railway scenes for which he has no details.

Most were unable to be identified and remain a mystery; however two slides were clearly identified by audience members.

Following the break for tea and cake, Amyas took us on a detailed tour – with their history – of two local branch lines, long since closed.

Firstly we visited the branch line from Axminster to Lyme Regis, stopping at the stations en route, including a detailed look at the historic early concrete viaduct at Cannington.

We then moved a short way down the main line to the former Seaton Junction, from where the branch line to Seaton departed.

Some interesting historic views showing the changes at Seaton Junction over the years were shown, before we took a trip down the line to Seaton, stopping at the intermediate stations.

Comparative views of Colyton station showed it in the early days, in the last days of steam and in its present re-incarnation as the terminus of the Seaton Tramway.

The next meeting will be on Wednesday, February 15th, when Philip Bisatt will give an illustrated talk on 'Ireland in the Nineties'.

Church friends donate to organ fund

A £15,000 fundraising campaign was boosted when The Friends of St Michael's Chapel of Ease in Colyford presented a £1,000 cheque to the church committee.

The organ has "packed up" and a fundraising campaign has been started so that a replacement can be bought as soon as possible.

The cheque was presented by friends treasurer Wendy Mills to chapel warden Vicky Mills on Friday, January 27th.

Also in the photo are Barbara Eavis (seated, Mary Gray, Albert Nicholson and Margaret Nicholson.

Anyone interested in supporting the fundraising campaign can find contact information on the notice board outside the church.

If you have a story for Colyton or Colyford, call Francesca Evans on 01297 446154 or email francesca@viewnews.co.uk

FORCE thank Premier store

THE Axe Valley Friends of FORCE have thanked staff and customers of Premier Colyton Stores after their latest collection tin was counted.

The collection raised £230.54 for the charity FORCE, which supports the Oncology and Radiotherapy Centre at the Royal Devon & Exeter Hospital.

A special thank you certificate was presented to shop owner Rosemary Taylor by FORCE supporters Jenny and Mervyn (pictured above).

Bingo nights in aid of hospital friends

CASH bingo evenings will be held in Colyford Memorial Hall on aid of the Friends of Seaton Hospital @ Home.

The weekly bingo evenings will be held every Tuesday starting tonight (Tuesday, January 31st), from 7.45pm. Ample free parking is available.

Jimmy Green

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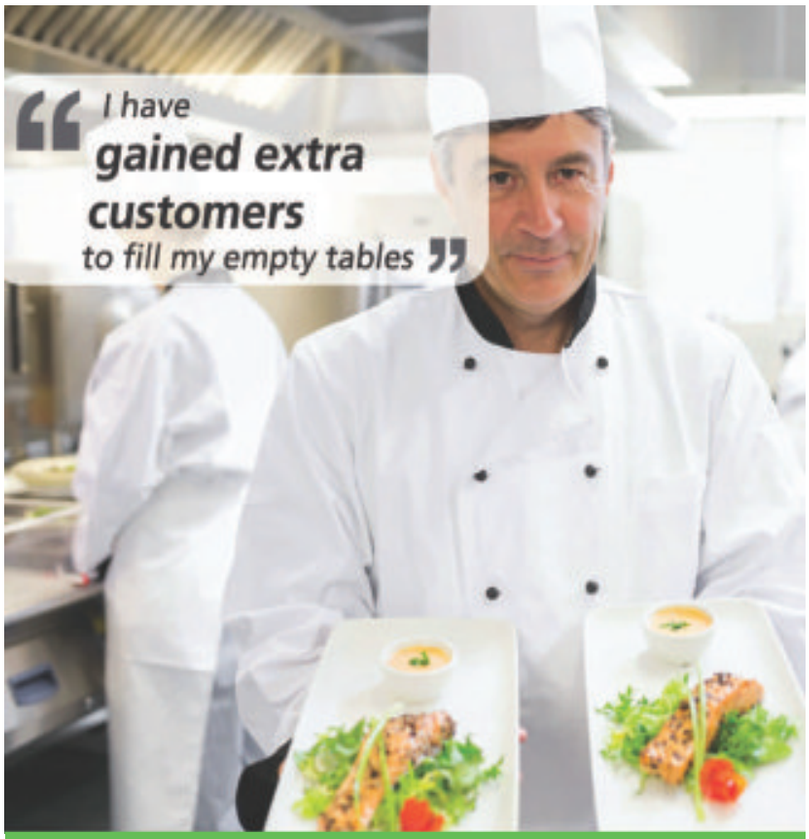

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Seventies-style 'Pandora' delights Membury

PANTOMIME REVIEW
by Nicky Sweetland

OVER the last few years the Membury Merrymakers have transformed some rather unusual stories into original pantomimes, with very entertaining results.

For this year's show, writer Nat Bruzon tackled the Greek legend of Pandora's Box, but ingeniously set the story in the 1970s and infused the fable with some classic tunes and psychedelic costumes.

All of the required elements were thrown in, including an abundance of audience participation and, with the rivals from the next village in attendance, many of the local quips were met with a torrent of barracking and banter, particularly after interval libations.

Banished to 70s 'Memburia' by the mighty Zeus, the lesser gods, Prommy and Epi – played with verve by Sam Dare and Kirsten McIlroy – were tasked with protecting a magical chest, but on Pandora's 18th birthday the curiosity of the villagers becomes overpowering and the box is unlocked, releasing a pair of evil witches intent on infecting the world with deadly illness.

Lynette Burrough was masterfully malevolent as the evil witch Disease, while Robbi Robson was the perfect stooge as her trainee, Symptoms.

The pair extracted a profusion of boos from the crowd and worked well as the antithesis to the youthful good fairies, delightfully depicted by Imy Payne, Evelyn Burrough and Emma Yapp.

Ron Martin, as Harris Totle, drove the narrative with an experienced air and Henry Dare showed excellent comedy potential as the 'long arm of the law', Billy Baboony, with both characters ensuring rules were adhered to in the hope that a happy ending would result, which obviously it did.

With the evil eventually banished, Pandora – confidently portrayed by Lauren Shepherd – achieved happiness with her beloved instrumentalist Horatio, who was given a witty edge by the charismatic Lydia Hartnell.

Director Jason Hawkes – completely at home when interacting with the audience – donned garish garb to add glamour to proceedings, and Kaci and Tyler Payne switched between multiple roles with ease.

In a last-minute cast change, writer Nat Bruzon got in on the action and even fended off an onstage nose bleed to ensure the show continued, while Judy Martin, Jill Bellamy, Angela Stride and Janet Andrew gave excellent succour and made sure the youngsters weren't the only ones having fun.

The exuberant cast admirably sang their way through pantomime classic, including *There's a Hole in my Bucket* and *Goodness Gracious Me* as well as enthusiastically crooning some bygone chart toppers like *Daydream Believer* and *Sealed with a Kiss*.

The gathered throng was whipped into frenzy when the ensemble embarked on a traditional Greek *Zorba*, with the tempo increasing in rapidity under the watchful eye of virtuoso Richard Barrell, excellently supported by Flora McIlroy and Jamie Waplington.

Special mention must go to Molly Barrell, who – with a few first night jitters – played a pivotal role as the prompt.

It's great to see a community theatre group which is so well supported and we can look forward to seeing which traditional tale is given the Membury makeover next year.

CAST: Harris Totle - Ron Martin; Prommy - Sam Dare; Epi - Kirsten McIroy; Pandora - Lauren Shepherd; Horatio - Lydia Hartnell; Terry Cota - Judy Martin; Terra Cota - Jill Bellamy; Billy Baboony - Henry Dare; Disease - Lynette Burrough; Symptoms - Robbi Robson; Hope - Imy Payne; Clara - Evelyn Burrough; Dora - Emma Yapp; Jock - Tyler Payne; Flora Blunder - Kaci Payne; Bella Stead - Angela Stride; Mr Right - Janet Andrew; Aunty Biotic - Nat Bruzon; Mrs Horn - Jason Hawkes; Caster - Judy Martin; Pollux - Jason Hawkes; Greek Boy - Kaci Payne.

CREATIVES: Written by Nat Bruzon; Director - Jason Hawkes; Production team - Jason Hawkes, Nat Bruzon, Richard and Molly Barrell, Robbi Robson and Kirsten McIlroy; Producer and Merrymakers Chairman - Nigel Cook; Production Coordinators - Robbi Robson and Kirsten McIlroy; Musical Director - Richard Barrell; Musicians - Flora McIlroy and Jamie Waplington; Prompt - Molly Barrell; Wardrobe - Molly Barrell; Stage crew - Rose Shepherd and cast; Set design - Kirsten McIlroy; Lighting and sound - Mike Beaman and Sebastian Hallett; Prop masters - Ron and Judy Martin, Prop makers - Judy and Ron Martin, Jason Hawkes and Kirsten McIlroy; Publicity, poster, tickets and programme - Kirsten McIlroy; Tickets - Terry Worsley; Set painting - Sam Dare, Judy and Ron Martin, Jill Bellamy, Luan MacDonald, Henry Dare, Kaci Payne, Robbi Robson, Nigel Cook, Lorraine and Douglas Fairbank, Duncan and Barbara MacKinder, Jason Hawkes and Kirsten McIlroy; Chaperones - Julie Payne and Marilyn Burrough; Front of House team - Anne Shepherd, Bill Shepherd, Julie Hawkins, Barbara Mackinder, Val Clarke, David Warner, Amanda Cook, Keith Griffin; Raffle - Caroline Croucher; Cast refreshments - Julie Payne; Bar - The Meeting Place; Box office-Membury Post Office.

Proper use of the NHS

■ SOME time ago Mr Michael Wilton was sent a letter about how the NHS will need to change in the future. I agree with him and so I am not a bit surprised the NHS is in such a mess financially. Unfortunately over time it has become international but it wasn't meant to treat nearly the whole world.

Katherine Murphy has written a letter this week in one of the daily papers. She is the chief executive of the Patients' Association and says it is shocking that so many costs have been left unpaid by our visitors from overseas. In just one year £33million and this is without an American woman who came here to have her multiple birth babies because it was cheaper than in the USA. She was given a bill for £26,000. That was two years ago, still unpaid.

If these people were made to pay before their treatment perhaps our NHS wouldn't be in such a mess. £33million in one year is a lot of money.

Makes you think, doesn't it?

JEAN BRIGHT,
Honiton

■ AS the government moves relentlessly and shamelessly to blaming different individuals and groups for the chaotic NHS that they have created, I await the condemnation of Attlee. It was, of course, he and his cunning friends who set the trap for a future Conservative government.

Meanwhile, I realise that it is only time before I am blamed. Yes, I confess, it is my fault. I was obliged to test A&E facilities at Exeter in the middle of the night. I was, of course, treated admirably and a minor operation was entirely successful. However, my relief and pleasure that I had been restored to what seems like normal was clouded by the realisation of the costs incurred.

The money spent on me could have been used to finance higher salaries for those who are already overpaid. It could also have been diverted to uneconomic vanity projects and expenditure on umpteen other schemes that do absolutely nothing to help those elderly and frail people who need proper health services that should be available from one of the world's largest economies. I realise that it is more important to save old buildings and a few minutes on a train journey than people's lives and health. That is why my guilt is overwhelming and I apologise for causing money to be wasted on my health. I can but hope that my guilt does not lead to psychiatric problems as I do not want to be responsible for wasting more money on the NHS.

PHILIP ALGAR,
West Hill

Generous shoppers

■ HOSPISCARE Support Group Honiton would like to thank all the shoppers on December 22nd who supported the cause when we collected at Tesco Honiton branch. You were so generous in your donations and we raised £898.16 on the day.

We also thank all the kind Tesco staff for being so friendly and helpful and allowing us to be at their shop collecting.

The money collected will be used in the support of our marvellous nurses in Honiton and the surrounding areas, also in the upkeep of our day centre at Kings House, Honiton which has proved to be so successful.

MRS M BOLSHAW,
Chairman

Across the pond

■ IT'S funny how they all have gone
Across the pond to Washington.
Johnson, Gove and Nigel Farage
For a trade deal humbly harass,
With their begging bowl in place
`Mongst other foreign delegates.
And if one brings a trade deal back
No doubt a knighthood will attract.
Though me I think I'd wait awhile
Until a deal was reconciled.
'Cos what Trump means when
he opens his mouth
Seems entirely different
to what comes out.

DEREK STURCH,
by email

The spread of sika

■ MAY I add to your article on Sika deer of January 18th.

I first reported to the then Forestry Commission seeing five Sika on Harry Hall Plantation, Trinity Hill in 1983. One was culled in St Mary's in the autumn of that year. The FC were intent on trying to prevent their spread but since then they have been seen singly or in groups – up to nine stags – ever since on the Nature Reserve and surrounds. Reference to the British Deer Society web site (www.bds.org.uk)shows the distribution of deer in the UK from two surveys in 2007 and 2011. Both show Sika on the Devon / Dorset border emanating from the large population in the Purbecks. There is another survey taking place at present. Sika have also been involved in road traffic accidents in Wilmington and on Tytherleigh Hill in the early 90s, one attended by myself and the other by one of my partners.

GRAHAM GODBEER,
Axminster

The role of councillors

■ THE New Year message from Councillor Paul Divani, Leader of East Devon District Council, was hardly reassuring.

He tells us 'we must evolve from being service providers and instead become enablers' so that 'communities... can do more for themselves'.

Why must we? This sounds less like an elected member accountable to his community than a mouthpiece for a government facing constant crisis in health and social care, mental health, housing, prisons and many other withering public services.

For example, Cllr Divani's lame statement 'we must deliver the £2.6 millions savings as central government require us to make'.

Far from sounding 'ambitious' this sounds like a craven retreat from local government.

Under this edict taxpayers pay more but get less while commercial enablers enrich themselves or walk away from a failed contract, as NSL did with local non-emergency hospital transport.

If councils no longer manage and deliver services who are these people who will 'do more for themselves' but still have to pay council tax?

And do we need a new Council HQ if local councils are reduced to being bean counters and outsourcers?

TONY SIMPSON,
Honiton

Thanks after fall

■ MANY thanks to the good people who stopped to ask if they could assist me after my fall along Vale Lane, Axminster, on Thursday lunchtime. It has put my faith back in human nature.

DOREEN FINDLAY,
Axminster

Café or creche?

■ THERE appears to be a small minority of mothers who are under the misapprehension that certain cafes in Honiton are suitable venues for their children to run amok amidst customers and staff, often carrying very hot drinks.

The before-school mothers seem to me to be the worst offenders, in both Costa and Coffee 1. They order and then promptly go outside for a cigarette leaving the children inside, unattended, and assuming that the café staff will administer unpaid child care in their absence.

This sort of neglectful and irresponsible behaviour is an accident waiting to happen.

If little 'Skye' or 'Harrison' happens to get scolded by a hot drink whilst unsupervised then it will of course be someone else's fault and, by the way, good luck in attempting to raise this possibility to said mothers.

I have an idea which could reduce any potential café catastrophes, it may be a bit radical for some but here goes, engage with your children, forego the cigarettes and the constant checking of your phone , I promise you they will appreciate it and who knows you may get something out of it too.

R WATTS,
by email

The views expressed in letters are those of the author and not necessarily of this newspaper

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The Windwhistle Inn

FAST becoming one of the most popular places to eat out in the local area the Windwhistle is a cosy country pub offering locally sourced, all homemade food. With its friendly and relaxed approach everyone is made to feel welcome at the Windy. A recent re-decoration of parts of the pub has transformed the space whilst still keeping the traditional charm of the old part of the building.

Food is freshly prepared in our kitchen daily and with a Build Your Own Burger section and modern pub classics featuring on the menu, plus an ever changing specials board, the Windwhistle offers something for every person's pallet. Dietary requirements are easily catered for with many vegetarian and gluten free options available as standard.

Our Valentines menu offers some mouth-watering main courses and decadent puddings and will run alongside our normal full menu from Friday 11th February until Saturday 18th February so plenty of chance to take advantage of it.

A perfect spot for a romantic evening or meal with family and friends, the Windwhistle caters for all ages and tastes. But don't take our word for it - come and see for yourself!

Haselbury Mill

HASELBURY MILL is often described as "Probably the most beautiful setting in the South West of England" The original buildings date back many centuries and are of great local interest with a history stretching back to the times of William the Conqueror and are reportedly mentioned in the Doomsday Book. Haselbury Mill is truly the ultimate somerset venue to commemorate and celebrate the special days in your life.

The three magnificent listed buildings & newly built Tithe Barn provide the focus of this superb conference, restaurant, hotel & wedding facility. The Georgian Mill owner's house & adjacent cottages have been transformed into a luxuriously appointed 21-bedroom hotel all with high-speed Wi-Fi Internet connection. All rooms are en-suite and are exquisitely appointed to add that little touch of luxury to the beautiful surroundings.

The original Mill buildings have been sympathetically converted to a stylish restaurant and underneath can be found a traditional local's bar with flag stone floors and oak-paneled walls. The four-storey Granary building nearby encompasses a lakeside bar and restaurant and further function and conference rooms.

Treat your loved one to a 7 course Valentines meal at Somerset's iconic Haselbury Mill. Whether you are celebrating the first Valentines together or your 50th, our set menu will make sure it's an evening to remember. Booking is essential and costs £34.95 per person.

The Windwhistle Inn

Cricket St Thomas, TA20 4DQ 01460 30229 www.windwhistleinn.co.uk
Menu Running from Friday 10th until Saturday 18th February
on our Specials Board alongside our normal full menu (excluding Sundays)

Antipasti Platter to Share – Italian Cured Meats, Marinated Feta, Pate, Chilli Prawns, Humus, Pickles & Bread
£12.75 for two people to share

~~~~~~

Surf, Turf 'n' Sky – 4oz Sirloin Steak, Shell on Prawns in Garlic Butter & Cajun Chicken Skewers w/ Skinny Fries, Salad & Onion Rings £18.50

Roast Chicken Breast Stuffed w/ Mozzarella & Pesto & Wrapped in Parma Ham w/ Olive Mash, Ratatouille & Pesto Dressing £12.75

Spicy Goan Fish Curry w/ Jasmine Rice £13.50

Carrot & Coriander Fritters w/ Grilled Halloumi, Sweet Potato Wedges, Curly Kale & Spiced Tomato Sauce £9.50

Slow Roast Pork Belly w/ Mustard Mash, Carrots & Jus £13.75

Red Gurnard Fillets w/ Hot Smoked Salmon Potato Cake, Lemon Roast Parsnips & Watercress Sauce £12.75

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Trio of Chocolate – Chocolate Brownie, Chocolate Orange Mousse & White Chocolate Ice Cream £6

Salted Caramel Tart w/ Clotted Cream Ice Cream £5.75

Black Forest Gateaux Ice Cream Sundae £6

White Chocolate & Passionfruit Parfait w/ HoneycombPieces, Cream & Fresh Passionfruit £5.75

Jam Roly Poly w/ Cherry Brandy Sauce & Custard
£10.00 for two people to share

HASELBURY MILL

HOTEL & RESTAURANT

Valentines Night
Saturday 11th & Tuesday 14th February

Prosecco & Canapes
on arrival

Smooth Duck Liver, Brandy & Pistachio Parfait
Brioche Toast & Fig Jam

Cornish Crab & Lobster Filo Tartlet
Young Spinach, Shellfish Veloute

Poached Fillet of Angus Beef
Fondant Potato, Watercress & Bernaise

Passionfruit Bavouise

Milk Chocolate Ganche Tart
Raspberry Sorbet

Coffee & homemade Petit Fours

7 course dinner
£34.95

Vegetarian Option Available

Its all happening on Sunday lunchtimes at Haselbury Mill. In addition to our hugely successful carvery (which has gone from strength to strength in the last 18 years), we now offer an exciting a la carte menu in the newly refurbished Lakeside Restaurant.

HASELBURY MILL
HASELBURY PLUCKNETT, CREWKERNE, TA18 7NY
01460 77095 | www.haselburymill.co.uk

Valentine's Day

Celebrate with the help of these local businesses

Rodfords Florist

RODFORDS the Florist have been providing high quality, fresh flowers to Crewkerne and surrounding areas for over 30 years.

They have an excellent reputation for supplying creative floral arrangements for every occasion, and can make each one more personal with the addition of balloons, teddies, chocolate or even champagne.

For a lasting floral display in your home Rodfords have a fantastic array of beautiful silk flowers, which have often been mistaken for the real thing.

They are also able to provide you with a wide range of vases and glassware. Rodfords can be contacted at: 17 Market Square, Crewkerne, Somerset, TA18 7LG & Tel : 01460 72584.

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Did you know ...

THE saint we celebrate on Valentine's Day is known officially as St. Valentine of Rome in order to differentiate him from the dozen or so other Valentines on the list. Because Valentinus -from the Latin word for worthy, strong or powerful - was a popular name between the second and eighth centuries AD, several martyrs over the centuries have carried this name. The official Roman Catholic roster of saints shows about a dozen who were named Valentine or some variation thereof.

VALENTINE is the patron saint of beekeepers and epilepsy, among many other things. Saints are certainly expected to keep busy in the afterlife. Their holy duties include interceding in earthly affairs and entertaining petitions from living souls. In this respect, St Valentine has wide-ranging spiritual responsibilities. People call on him to watch over the lives of lovers, of course, but also for interventions regarding beekeeping and epilepsy, as well as the plague, fainting and travelling. As you might expect, he's also the patron saint of engaged couples and happy marriages.

YOU can find Valentine's skull in Rome. The flower-adorned skull of St Valentine is on display in the Basilica of Santa Maria in Cosmedin, Rome. In the early 1800s, the excavation of a catacomb near Rome yielded skeletal remains and other relics now associated with St Valentine.

THE medieval English poet Geoffrey Chaucer often took liberties with history, placing his poetic characters into fictitious historical contexts that he represented as real. No record exists of romantic celebrations on Valentine's Day prior to a poem Chaucer wrote around 1375. In his work "Parliament of Foules," he links a tradition of courtly love with the celebration of St. Valentine's Feast Day.

Chocolat et présent

CHOCOLAT ET PRÉSENT is a definite must to visit when in Colyton. You will be impressed with the selection and choice of products for sale.

To start with, there is a stunning chocolate cabinet filled with over 60 hand made and finished chocolates. You can make your own selection or there are boxes already made up. Also, a lovely range of premium chocolate animals for children to choose from as well.

Lots of chocolate bars, marizpan, ginger, Turkish delight, mints, locally hand made fudge, novelty chocolates and a dietary range adorn the shelves.

An exciting new range of handbags with co-ordinating scarves, hats and purses have just arrived. Glass trinket jars, candles, notebooks, ornaments, cushions, decorative wall hangings and so the choices goes on for that perfect present.

Open Monday – Friday 9am – 4pm and Saturday 9am – 1pm. Credit/Debit cards accepted.

Chocolat et Présent, London House, Market Place, Colyton, EX24 6JS Tel 01297 553033

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chocolat et présent
If you want to be loved be loveable!
This Valentine's Day spoil your loved one with a beautiful, unique gift and support your local town and business. Here at Chocolat et Present in the beautiful, ancient market town of Colyton we have delicious handmade chocolates which you can hand select or choose from a wide array of premium boxed chocolate and novelties including dietary specific products.
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Open Mon 9am - 1pm Tues to Sat 9am-4pm
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Look on our website for our Valentines Menu!
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01297 33376

Valentine's Day Ideas for Couples

Here are some creative ways to tell your spouse, "I love you."

If possible, go on a date with your spouse to a restaurant that you enjoyed when you first met.

On individual note cards, write why you love your spouse. Insert these cards in a small photo album. You could begin your album with a honeymoon picture and introductory note card, and end it with a love note.

Take your partner on a scavenger hunt. Ask him/her to answer riddles to find the clues to items that you placed somewhere around town. The last item should give instructions that lead to your Valentine's Day activities.

Hide little heart sweets in your spouse's coat, car, etc.

If you are separated across the miles, send a parcel filled with things that your partner loves.

Show your partner how much you appreciate them by stayng in and cooking their favourite meal.

Surprise your spouse by asking for a day off from work and enjoy Valentine's Day at home. Have a relaxing morning together. Then go to a favorite restaurant for lunch.

Treat you and your partner to a relaxing spa date.

The Ridgeway

KEVIN, Carole & Cohen welcome you to the Ridgeway, we are now in our 29th year!!

Valentines dinner dance 11th February.

Valentines Day specials.

Saturday 18th February we have our wedding taster evening, come for an informal chat, a taste of some of our delights or just have a look around. Whether you are planning a wedding, celebration or a party, the ridgeway is a great venue set in a great location.

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Trio Of Chocolate • Lemon Crunch Cheesecake •
• Strawberry Eton Mess • Trio Of Sorbet •
• Crepe Suzette •
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Three Course Dinner Dance
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14th February
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To make a booking please call 07761 773563 or send an email enquiry to: michelle@haguemail.co.uk.

Feeling the Winter Blues? Are you tired and run down, or feeling sad and feel unable to work/function properly? Is everything getting just too much?

We know that the winter is a difficult time for many. Many consider us lucky to live here in the West Country; it is without doubt, a wonderful place to be when the sun shines. The great beauty, and amazing countryside, is a joy, but the long winter months, cold and continuous wind, along with heavy rain and a few wet miserable summers have made things harder for many, feelings of tiredness and lethargy with no energy, leave some with very little to feel good about.

If this is you, you may be suffering from Seasonal Affective Disorder (SAD). If we add this to the busy pace of modern life, we can find ourselves on the spiraling scale of stress anxiety and even depression.

Awaking in the early morning to a cold house. Perhaps you didn't sleep too well, because of worries and stress?

Looking out of the window you see yet another grey wet and windy day that makes you want to retreat back under the duvet.

SAD, is a condition that affects many people who otherwise have a normal cheery disposition and who start to feel low seemingly for no apparent reason, experiencing lethargy and depressive symptoms as the days grows shorter and darker.

These symptoms are usually temporary, and for many people, often clear up as the seasons change, however if stress continues it can become the onset of more longer lasting anxiety and low mood shift.

Our internal 'body clock' is regulated by the amount of light hitting the retina. The short, dark winter days appear to trigger a reduction of serotonin, (thought to regulate happiness, well-being, mood etc.) and increase levels of melatonin (typically only released at night to facilitate sleep).

There are many different treatments for SAD:

The symptoms can include:

- Depression, anxiety and/or low mood
- Sleep problems: difficulty getting up, feeling constantly tired, needing an daytime nap
- Increased appetite: Overeating, cravings for carbohydrate rich or high fat foods
- Feeling anti-social or emotionally disconnected
- Finding it difficult to cope with daily tasks, struggling to concentrate
- Diminished libido and relationship difficulties

If you identify with any of the above, this may all sound like doom and gloom, but there is a very good solution which can yield fast sustainable results and that can help permanently overturn SAD and it is the use of Hypnotherapy.

In addition to using hypnotherapy there are also plenty of other things you should do too, to help yourself further.

I recommend hypnotherapy be used as a natural complement to self-help because through the use of the intervention of hypnosis it allows you to make permanent and positive changes at a subconscious level which is where many of our problems lay that affect our unconscious behaviours.

What you can do to help yourself

Expose yourself to sunlight to boost serotonin. Get outdoors or use a lamp especially developed for SAD therapy.

Take regular exercise. Physical activity helps to lift a low mood; 30 minutes of walking, jogging or cycling have been shown to raises serotonin levels. Eat a balanced diet.

Why choose hypnotherapy for the treatment of S.A.D?

Hypnotherapy is a powerful way to resolve negative emotions like fear, guilt and anger. The fewer emotional barriers there are in our lives the less emotional stress.

Using hypnosis can help successfully manage stress and negative thought patterns, identifying and exploring/resolving emotional or psychological blocks that may be triggered by SAD and other anxiety or depressive states.

Through the use of hypnosis negative self-talk, limiting beliefs & worrisome thinking may be dramatically reduced, restoring a sense of calm, confidence & self-esteem whilst bringing in new feelings of positivity, motivation and general confidence.

This in turn will help bring in a more naturally relaxed state that will lead to better sleep patterns.

If you have never been hypnotised before, rest assured it is a natural phenomena, everyone drifts into a different focus of attention, it is worth knowing that most people find the whole experience pleasant and relaxing. It's very much like guided daydreaming. Hypnosis has no unpleasant side effects; in fact it can leave you feeling like you have more energy. Just remember that no one can make you do anything you don't want to do.

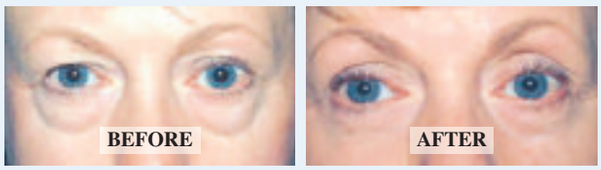
Michelle works with the treatment of many clinical & emotional problems, and has helped clients successfully deal with stress and anxiety, fears, phobias and panic attacks etc.

West of England Laser Centre

IS YOUR SKIN GIVING YOUR AGE AWAY?

AS THE skin ages, it loses its elasticity and, as a result, can develop fine lines and creases; cheeks start to look 'hollow' and lips lose their 'fullness' and definition. These can be helped by injection treatments, dermal fillers create definition and add volume to the skin and have an instant effect. Other injection treatments offered by the West of England Laser Centre include muscle relaxants, which injected in tiny purified doses, relax the small facial muscles beneath the skin thereby softening and diminishing the appearance of lines and wrinkles.

The West of England Laser Centre also hold regular laser treatment sessions at Nuffield Health Taunton Hospital. Laser treatments offer an extremely precise form of treatment for thread veins, unwanted tattoos, hair removal, moles and warts and skin pigmentation. Our website at www.welc.co.uk provides details on all our treatments. For further information or to book a consultation please telephone 01823 331773 or e-mail us at lasercentre@lineone.net.



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Lindy Parry Podiatrist/Chiropodist

I HOLD my private chiropody clinic at Townsend House Surgery in Seaton.

I offer a range of treatments from a simple nail cut to nail surgery, and each treatment plan is priced accordingly.

The nail cutting only service is a shorter appointment and is ideal for those that don't have any other foot care needs. Others like to alternate nail cuts with chiropody treatments as it best suits their requirements. I always aim to work with the patient to find the best treatment plan to suit each individual. Patients feet are then monitored during treatment so that changes can be made should the need arise.

Diabetic patients who attend for chiropody will also have a diabetic foot assessment carried out during their first treatment, and will then be monitored and re-assessed as necessary.

My chiropody clinics are available to anybody seeking help with their feet and Townsend House and I look forward to welcoming you.

Bookings can be made by calling 01297 22956.

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Val Davis Traditional Acupuncture

Acupuncture can improve and maintain health and energy and enhance a sense of well-being

ACCORDING to traditional Chinese philosophy, our health is dependent on the body's motivating energy (qi) moving in a smooth and balanced way through a series of channels beneath the skin.

Acupuncture can affect the quality of qi, your body's vital energy, by the insertion of very fine needles into specific points along these channels. This stimulates the body's healing response and restores natural balance. Treatment is aimed at the root cause of your condition as well as your main symptoms. This approach helps with resolving your problem and enhancing your feeling of well-being. You may notice other niggling problems resolve as your main health complaint improves.

The type of conditions that I mostly see in my clinics include the following: arthritis, back pain and sciatica, poor circulation, low energy levels, hormonal/menopausal symptoms, pregnancy management, fertility problems, weight management, and addictions such as smoking. However, you don't have to be ill in the conventional sense to benefit from acupuncture, sometimes people come to see me because they are feeling low, unwell in themselves, or maybe not sleeping as well as they would like to.

Professional Acupuncturists spend at least 3 years training at degree level to become an Acupuncturist. We are then entitled to join the British Acupuncture Council and to use the letters Lic.Ac., B.Ac.C after our names. We also have public liability and professional indemnity insurance. Many of us have also studied at post-graduate level and are constantly updating our skills and experience.

Why not give me a ring and see if I can help.

Val Davis, B.Sc., Lic.Ac., M.B.Ac.C.
(Member of British Acupuncture Council)
(20 years experience)
(01395) 578050
www.devonacupuncture.org.uk

The Foot Friendly Clinic

THE Foot Friendly Clinic is based in Miltons Yard, a small shopping area behind the Barclays bank in West Street, Axminster . Mary McPadden worked as a registered nurse(RGN)in the NHS for many years, before training as a Chiropodist/Podiatrist. Mary is registered with The Health and Care Professions Council (the government body which regulates health care professionals in the UK) and has been practising in the local area since 2001.

Mary specializes in the management and treatment of foot disorders and offers simple orthotics at reasonable prices as well as a range of footcare products. The aim of The Foot Friendly Clinic is to make clients comfortable and at ease whilst finding efficient solutions to their problems. Mary also visits care homes and works in the local community. If you would like to make an appointment please call into Unit 3 at Miltons Yard or phone 01297 625515 or 07946213310. The clinic is very accessible for customers with mobility problems.

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www.hcpc-uk.org

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HCPC Registered Chiropodist / Podiatrist
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Slimming World

'Love it, cook it, share it'

SLIMMING World groups in Honiton, Ottery St Mary, Axminster and Seaton have celebrated the start of Free Food February, which is named after the healthy 'Free Foods' its member can enjoy without weighing, counting or measuring when losing weight on Slimming World's Food Optimising eating plan.

Free Food February is being held in all 16,000 Slimming World groups up and down the UK from January 29th to February 25th, and aims to show how the organisation's members lose weight without hunger and often discover (or rediscover) a love of cooking. It coincides with the publication of Slimming World's latest recipe book Free and Easy*.

Members of the groups, created a delicious feast for the event. The slimmers each brought along a dish made entirely from 'Free Foods', which include fruit and veg, pasta, rice, potatoes, lean meat, fish, eggs and more, showing that Slimming World members never need to suffer the hunger pangs that usually see people throwing in the towel on other weight-loss plans.

Now the slimmers have challenged one another to share their new love of healthy food with the local community, including cooking for their families, hosting dinner parties for their friends and making nibbles for their colleagues. They'll also use #FreeFoodFeb when sharing their delicious dishes on social media.

For more information about Free Food February or your local groups please call Sharon on 07963337178.

Slimming WORLD
touching hearts, changing lives

come & join
Free Food February
at Slimming World
Join a group near you and discover the secret of hunger-free slimming...

MONDAYS @ 5.30pm & 7.30pm
Ottery St Mary Primary School
Longdogs Lane
Ottery St Mary
Tel: Dawn: 07545 043059

TUESDAYS
@ 3.30pm, 5.30pm & 7.30pm
WEDNESDAYS @ 9.30am
Honiton Family Church
High Street
Honiton
Tel: Sharon 07963337178

TUESDAYS 5.30PM & 7.30PM
St. Gregorys Church Centre
Colyford Road
Seaton
Tel: Helen 01297 34714

WEDNESDAYS @ 7.30PM
Honiton Family Church
High Street
Honiton
Tel: Sam 07949349407

WEDNESDAYS @ 6.30PM
Masonic Hall
South Street
Tel: Helen 01297 34714

SATURDAYS @ 9.30am
Kings School,
Ottery St Mary
Tel: Dawn 07545043059

FREE COOKBOOK
worth £4.95
with every 12-week Countdown course 29th January – 25th February

slimmingworld.co.uk/FreeFoodFeb
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Slimming WORLD
touching hearts, changing lives

Health & Wellbeing

LOOK GOOD FEEL GREAT

Healthy Feet

Start getting your feet, beach ready now!

DO you suffer from Fungal Nail infections, also known as Onychomycosis?

Are your Toenails discoloured/thickened/crumbling? - Treatment options include the revolutionary 'Clearanail'. The pain free, in-expensive, non-invasive and most importantly effective solution to resolve discolored, thickened and crumbling nails. Clearanail is a highly effective treatment for advanced infections and is only available through your podiatrist.

At Healthy Feet, based in Axminster, Devon, JANE qualified at Plymouth School of Podiatry in 1983 and since then has worked in both the NHS across the South of England and Cambridgeshire, as well as working Privately across Bridport, Beaminster and Cambridge. Jane has a broad range of Podiatry and Chiropody experience and specializes in the treatment of Foot and Heel Pain. Offering Appointments for both Adults and Children including treatments for all foot related Conditions.

Clearanail is safe and painless and has been developed by professionals using controlled micro penetration. Creating micro pathways in the nail plate allowing deeper access to the areas of infection without damaging the nail bed beneath. Daily treatment is then applied after the initial process leading to healthy looking nails. Clients are seeing changes in a matter of two or three weeks after spending years hiding their feet due to being ashamed of how they looked and trying to solve the issue with numerous alternative treatments. With only trained Podiatrists being able to offer this innovative new concept it is the sure stop to get your feet looking beach ready in time for the summer.

CELEBRATING 10 YEARS OF PRACTICE DURING FEBRUARY 2017!

To celebrate; Healthy Feet will be offering all new Chiropody patients during February a 5% discount on their initial consultation and prescription of Orthotics ordered & paid for in February

Look good and feel confident this Summer!

Healthy Feet

Axminster Chiropody & Podiatry

Jane Clare M.Ch.S.Pod M

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Start getting your feet,
BEACH READY NOW!
Now offering - **CLEARANAIL**
(only available though your podiatrist)
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CLEARANAIL is a safe and painless and has been developed using controlled micro penetration.

This creates micro pathways in the nail plate allowing deeper access to the areas of infection without damaging the nail bed beneath. Each tiny holes can be drilled in less than five seconds. Daily treatment can then be applied leading to clearing of the infection and healthy-looking nails in a short space of time.

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1 Cridlake Cottage, Lyme Road, Axminster, Devon EX13 5BE

Axminster Health & Wellbeing Centre

Therapy of the Month: Aromatherapy

MARIE HOLMES is the Centre's Clinical Aromatherapy Massage Therapist and she offers clients a complete, bespoke and holistic service to help restore their health and wellbeing. During an aromatherapy massage Marie will use only genuine and authentic plant derived essential oils. Contact Marie by email: marie@headbodyandsole.com or phone: 01297 22746 / 07769 652725

The Healing Power of Essences - New Drop-In Clinic: Ever wondered how plant and vibrational essences could help you? The new clinic is running every 2nd and 4th Friday of the month between 10am and 12 noon, starting in February 2017. With guidance from Karen Stead-Dexter PhD of www.kingfisher-health.co.uk you will be able to make your own remedy to take home. The cost is £5 and this includes a 20ml bottle and ingredients.

Bodywork: What is Bodywork and how can it help you? - Explore this fascinating subject and develop an exciting new relationship with your body and your inner self. You could start by investigating the range of bodywork classes available at Axminster Health & Wellbeing Centre. Some classes such as qigong are on a 'pay as you go' and 'drop in' basis; others need to be booked before the series of classes start. Our website shows days and times of all bodywork courses and classes www.axminsterwellbeing.com and our bodywork teachers are always happy to answer your questions.

Book now for the next Mindfulness Course: Mindfulness for Health and Wellbeing is an 8 week Course for stress management and personal growth. It starts on Thursday 23rd February 2017 and there is a 'taster' on 18th February 2017. Find out more about what is involved and make sure it's right for you. Contact Kath Woods: 01404 831605 or email: kath.woods2012@gmail.com

Room Hire: Our comfortable and well equipped rooms offer massage couches, chairs, black out blinds and sinks for treatment sessions. We also cater for small meetings or larger gatherings for talks, workshops or exercise. Our room hire prices are very competitive.

Please visit the Centre, ring us on 01297 32331, or visit our website www.axminsterwellbeing.com for more information or to make a booking.

Community Projects: Are you a new mum? - The Centre will be running a unique 'Me Time for New Mums' 4 week course starting in April. It's all about personal styling blended with Mindfulness. Curious? Call 01297 32331 to book or to find out more. Course dates are: 20th April, 27th April, 4th May and 11th May from 7pm -9pm. Course fee is by donation.

Axminster Food Bank would like to thank the community for your continued donations. If you are in need of the Food Bank service it is important that you bring your referral letter with you or ensure that your referrer has contacted the Food Bank in advance. Referrals are accepted from the following; Education Support Workers, Head Teachers, the Job Club, Health Care Workers, Citizens Advice, East Devon District Council and Ministers.

Wishing Well social group is for people affected by cancer.

The group meets on a Thursday from 2:30pm – 4:30pm. New members are very welcome as are new speakers and workshop leaders. Forthcoming talks, which are open to all:

16th Feb – Citizens Advice, 2nd March - Duncan's Unctions, 16th March – Mindfulness Taster and 23rd March – Prostate cancer awareness

If you have a skill or interest you would like to share please do get in touch. The group have enjoyed art and craft workshops, story writing workshops and painting and are interested to try new activities. Please call 01297 32331 and ask to speak with the Centre Manager.

www.axminsterwellbeing.com

Wishing Well

New Talks, Thursdays 2:30pm

Axminster Health & Wellbeing Centre

16th Feb - Citizens advice

2nd March - Duncan's Unctions

www.axminsterwellbeing.com

Crewkerne Pharmacy

CREWKERNE Pharmacy are here to support you and your family throughout 2017.

As well as dispensing NHS and private prescriptions, you can stock up on a wide range of over the counter medicines and get advice on many minor illnesses, through the Minor Ailments Scheme. In addition, the team will dispose of any unwanted medicines, offer you support and solutions for stopping smoking, and can provide emergency hormonal contraception.

The pharmacy provides a FREE Medicine Manager Service, designed to manage your repeat prescriptions and save you time. They will even deliver them to your home or workplace FREE of charge. The pharmacy offer tailored advice to make sure you're taking your medication correctly and getting the best results – simply ask a member of the team about their FREE Medicines Use Review.

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For more information on their services, please visit www.crewkernepharmacy.co.uk or call in between 7am and 10.30pm Monday to Saturday and 10am to 5pm on Sundays.

A pharmacy that's open early until late and 7 days a week!

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Clean Eating Alice's 5 Top Tips for Embracing Healthy Living in 2017

by Harriet Pavey, Press Association

CLEAN Eating Alice (real name Alice Liveing) is the self-transformed health blogger determined to dispel the 'diet myths' that drag us down.

She's taken Instagram by storm with her accessible take on healthy living, amassing nearly half a million followers in just a few short years.

At just 23, she's graced the cover of Women's Health magazine (her "lifelong ambition"), authored food and fitness guide The Body Bible - which went straight to the top of the bestsellers charts in early 2016, and has just published her second book, Eat Well Every Day.

The hotly-anticipated follow-up tackles the space where healthy eating is hardest: the kitchen. "I always feel like food is most people's issue," says Alice. "A lot of people know how to train, but diet is where they slip up."

There might be plenty of abs, avocados (naturally), inspirational messages and 'before and after' photos on her Insta feed, but Alice's approach stands out, and radiates inclusivity. This is probably because Alice used to be just like us...

Though never really overweight, she ate pretty badly and yo-yo dieted after leaving home for university, leaving her "uncomfortable in my own skin". "I was the antithesis of what I am now," she says.

After deciding to overhaul her habits, little did she imagine she'd end up an Instagram fitspo star - but that's exactly what happened, and Alice is determined to help others achieve the same.

Here are her top five tips...

FORGET FAD DIETS: Alice now admits this is a big part of where she was going wrong in the past. "It wasn't that I didn't want to be healthy, but I really struggled with actually knowing what to do to achieve that. I bought into every diet myth going," she says. "The most important thing I ever did was switch off from that stuff. I focused on building a good relationship with food and creating a sustainable change in my diet."

START THE DAY RIGHT: Spring into the New Year nutritiously: "Start by switching up your breakfast. I think it's a place that many of us fall down on, but if you start the day well, you'll have better intentions to continue the day well, rather than starting the day with a rubbish breakfast and then craving something sugary, or not having it at all."

TRY SOMETHING NEW: Finding the motivation to exercise in the winter months is challenging, but it's all about making new habits: "It's difficult; obviously it's cold, wet, and miserable. Find an exercise that you're going to stick to. If you do hate the cold and you're a runner, find something indoors that you enjoy doing. If you train a certain way in the summer and enjoy it, but lack motivation when winter comes around, finding something new that will reignite your passion to get up and get active. Partnering up can be a way of maintaining motivation. Find a training buddy, so it's not just you on your own."

BALANCE - DON'T DETOX: As a champion of #StrongNotSkinny, Alice is not a fan of detoxes: "They're unsustainable and potentially dangerous. They don't allow you to create any sort of knowledge of how to eat well. They just tell you what to do for a short period of time, then after that what do you do?" Instead, she advises keeping certain essentials in your kitchen, so you always have ingredients to whip up a quick, fresh, meal: "Some sort of greens, like broccoli, cauliflower, or leaves, and fish like salmon and cod, as well as beans, pulses, lentils, and quinoa."

BE KIND TO YOURSELF: Rest is just as important as hard work, Alice says: "I train about four or five times a week. Not every day. I'm a huge advocate of rest. I need to incorporate rest into my week so that I can rest my body, let it recover, and just have some mental headspace as well. Sofa days are just as important as active days. Stress levels are for me an important thing I need to keep a check on, as raised stress can be detrimental to achieving your goals." Occasional treats are fine too: "I have treats every now and then. I don't want people to think I live this saintly life, where I just eat good food! It's important to eat a balanced diet, and to have things you really enjoy, like chocolate."

• Clean Eating Alice: Eat Well Every Day by Alice Liveing is published by Harper Thorsons, priced £14.99 - Available now.

Orchard Osteopaths

CHARD'S VERY OWN FLOWER ESSENCE DISPENSARY!

NEW Osteopathic Children's Clinic starts 1st February at Orchard Osteopaths

THE award winning team of Rachel Phillimore (Principal of the Year 2016) and Cher Crook (rising Star 2016) will be running this speciality clinic on Wednesday afternoons. All appointments will be £30 except in the case of a postnatal check: this is an offer to mothers with babies up to 6 months of age. If the mother comes for a treatment, then her baby will receive one free. Both Rachel and Cher are trained in the use of Cranial osteopathic techniques and have attended Paediatric courses. Rachel, who is celebrating 25 years in practice has always loved treating babies and children and is looking forward to working with Cher, now expecting her first child. Osteopathy is a safe and gentle and is suitable for babies and children.'

Orchard Osteopaths
Rachel Phillimore D.O. & Associates
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Children's Clinic - £30
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Resiliency: Would you like to boost your immune system and recover more quickly from injury, illness or surgery? Many energy healing methods are dedicated to boosting our body's ability to bounce back.

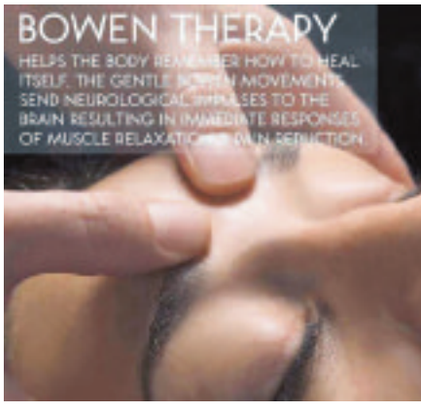
Balance: When we are stressed, anxious, depressed or troubled by events beyond our control, our health suffers. Energy healing can help us bring the body and mind back into harmony, and live in flow with life.

Intuition: Getting in tune with your body, emotions, and psyche takes more than cataloguing symptoms. Using energy healing builds trust in our intuition so we can become the most reliable judge of our own health.

Purpose: Why do we get sick? Why do some people heal while others don't? What do our health conditions teach us? Energy healing takes us beyond fixing symptoms so we can use each challenge to learn, grow and thrive.

Every year, we find more and more research to show just how much we've missed by focusing too much on the physical dimension of health.

To learn more and to receive 40% off your first full treatment and an Eye Opening Energy Healing Assessment please call Melanie 07715952896.



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James Hardware also stocks a wide range of winter fuels, perfect for the Winter months. Whatever heating requirements you have, there is always a plentiful stock of kindling, logs and coal, as well as firelighters and other lighting implements that are needed. So why not pop in and stock up today!

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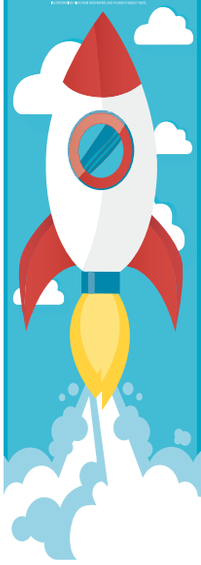

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Traditional bespoke windows, doors, custom furniture, garden buildings and much more

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We currently supply homeowners, builders and specifiers with high quality external joinery products using sustainably sourced hard wood and soft wood with modern ironmongery options as required. All of which are locally sourced.

All our timber casement windows can be manufactured to any size and be fitted with single or double glazing, including leaded, coloured and patterned glass to match the mood of your home.

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Devon Appliances

DEVON Appliances was formed in 2013 as a sister company to PB Home Solutions of Seaton in Devon by Paul Bromfield, PB supply and install leading brands of kitchens, bathrooms and bedrooms throughout East Devon, West Dorset and South Somerset. This was the natural step to take as more and more customers were being supplied "White Goods" and appliances from PB's showroom in Fore Street. Consequently, a new Devon Appliances showroom was opened on Fosseway Park, just off Harepath Road in Seaton.

In 2015 Devon Appliances became members of Euronics thus being able to expand their product range enabling them to offer customers a greater range of appliances together with stable prices.

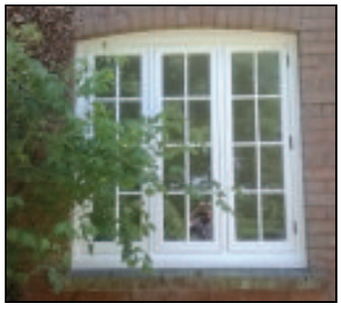
Devon Appliances hold a full range of white goods from major brands like Bosch, Neff, Siemens, Zanussi, Hoover, Blomberg, iRobot, Lec, Beko Etc and offer an installation and removal service together with free local delivery.

To get a better idea of what Devon Appliances can offer why not visit the showroom in Fosseway Park and have a look at our comprehensive range of products or visit our website at devonappliances.co.uk.

CST Joinery

Contact Information

3 Unit B, Goldenwood,
Cricket St Thomas
Chard, Somerset, TA20 4DF
t: 01460 63415
m: 07871 069287
e: enquiry@cstjoinery.co.uk
w: www.cstjoinery.co.uk



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HOMES WINTER and Gardens

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Hopson Blinds

HOPSON BLINDS are a professional family run business, established since 1965, offering a friendly and thorough service for domestic and commercial customers.

Why choose Hopson Blinds?

- Free measuring
- Free quotations
- Free fitting
- Repairs/renovations
- Manufacturers guarantee
- Established in 1965
- Competitive prices

10% discount with supply only products

Are you looking for high quality blinds for your home? - At Hopson Blinds, they stock and install high quality blinds to suit your requirements.

Whether you want a traditional roller blind, or a more modern Roman blind, Hopson Blinds have a variety of styles to suit your requirements. Blinds are stylish, warm and add a finishing touch to a room. They add privacy whilst being elegant. You can control the glare, heat and light with a range of their blinds.

Do you want stylish blinds for your conservatory? - Hopson Blinds offer a wide range of functional and stylish conservatory blinds for sale. Their team of experts offers help from choosing the fabric, to manufacturing the blinds and then installing them. Conservatory blinds help control the heat and glare, which enable you to keep cool during the summer months and provide insulation during winter months.

Do you need an expert to supply and fit a shutter for your home? - Hopson's shutters can compliment a contemporary look by adding that sleek, clean look to any living area, which can immediately transform your rooms by adding function and style or if you're looking for a more traditional look they have a choice of louvered or solid panels, natural stains and a carefully selected palette of painted finishes that will ensure your shutters blend into even the most traditional of surrounding.

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They have an extensive portfolio which shows the high standard of work which is available for customers to look at to see the transformation of a restored piece of furniture. Manor Antiques also offer a carpentry and joinery service with items ranging from an ornamental oak front door, interior doors made from hard or soft wood, to fancy oak or pine plate racks. Their range is extensive and exclusive to your requirements. They can be found at Ellishayes, Coombe Raleigh which is on the Honiton to Dunkeswell road.

Before and (inset) after

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With Christmas behind us for another year it is time to relax in a nice comfy chair before spring arrives to tempt us out in the garden again. To help you with your relaxation Chair Choice currently has a Winter Sale with lots of genuine bargains. There are clearance items with up to £200 off plus special orders at discounted prices available until the end of February 2017.

At Chair Choice we have over 100 chairs on display including reclining chairs, wing, fireside, high seat and electric rise and recline models plus matching settees. All available for you to see and try.

Chair Choice is located at 52 Furnham Road (A358) Chard, just along from B&Q (next to the old Furnham Inn) with customer parking and easy level access to all parts of our spacious showroom. So come and visit us today, with lots of chairs available from stock you will soon be sitting comfortably!

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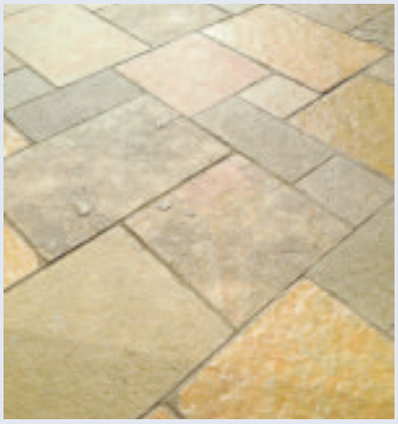
Westcrete's excellent support service includes calculating quantities as required and giving advice to those wishing to do their own construction work.

Don't forget to check the Company's website www.westcrete-ltd.co.uk for their latest Special Offers, it also provides a useful selection of information and tips to customers from a beginners guide to laying a patio to technical advice.



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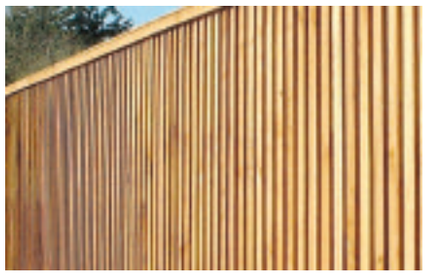

AT EDEN Garden Fencing and Landscaping based in Seaton, Devon we have been building and installing quality Fencing, Gates and Decking, along with Landscaping, for some 15 years. This makes finding a Fencing Contractor simple by providing for all clients' requirements, large and small locally. The timber products side of Landscapers, Eden Garden Developments, offers a friendly, professional, integrated service and the Seaton, Devon base covers a 30 mile radius.

A timely example, given the present gusty conditions, is Garden Fencing, where this can be replaced or repaired, depending upon condition and the budget available. This can be either Close Board, Panel (with or without Trellis), Post and Rail or Picket Fencing. Eden Garden Fencing and Landscaping also supply and fit Gates (see insets). Whilst we take pride in installing robust and durable fencing products, "cost leadership" is still at the forefront of the business, whilst keeping quality and the principles of design foremost. Much of the work can be done during Autumn and Winter when the ground is less compacted and this time is also perfect for renovating the garden generally. So by Spring many garden improvements can be ready to be enjoyed.

There is now a dedicated Timber Products website, www.edengardenfencing.co.uk, giving examples of the range and quality of workmanship. Additionally, information can be obtained by calling 01297 23596 (mobile 07977 415446) or visiting the general web pages at www.a1-environmental.com

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SENSATIONAL SNOWDROPS

by Hannah Stephenson, Press Association

IT'S snowdrop season, when garden organisations nationwide open their gates to the public to enjoy these little white beauties in all their glory.

More than 80 gardens will open their gates for the National Gardens Scheme snowdrop festival during February, some growing as many as 300 different varieties, others mixing the displays with hellebores and early spring flowers (www.ngs.org.uk).

Meanwhile, the National Trust also has a raft of gardens at which you can see snowdrops in all their glory, some of which feature snowdrop weekends, festivals and other attractions (www.nationaltrust.org.uk).

Here are just a few of the places you can go to see snowdrops at their finest:

• Newham Park, Gloucestershire
Visitors can enjoy the park's Spectacular Snowdrop Weekend on February 4 and 5, when snowdrop drifts mingle with aconites and cyclamen to give an impressive show (www.nationaltrust.org.uk/newark-park).

• Austwick Hall, North Yorkshire
Set in the dramatic limestone scenery of the Dales, this garden on a steep hillside offers extensive drifts of common single and double snowdrops, while sculptures along the trail add interest. As part of the National Gardens Scheme, in which owners open their gardens to raise money for nursing and caring charities, Austwick will open on Wednesday, February 22. Further open days are on February 12, 13, 19, 20, 26 and 27 (www.austwickhall.co.uk).

• Dunham Massey, Cheshire
The seven-acre winter garden at Dunham Massey is the largest of its kind in the UK. Since it opened in 2009, more than 200,000 double and single snowdrops have been planted, which now create a shimmering white carpet from late December to early February. Keep an eye out for other early spring flowers while you're there, including striking blue winter irises and bright daffodils (www.nationaltrust.org.uk/dunham-massey).

• Altamont Gardens, Co. Carlow
It's Snowdrop Week from Feb 6-14 at Altamont, which houses a blend of formal and informal gardens with riverside walks covering

HOMES and Gardens WINTER

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more than 40 acres. The estate gains much of its character from the many mature trees and woodland areas. The snowdrop collection, widely recognised as the second largest in Ireland, was started by Corona North, former owner of the gardens, around 30 years ago and now has more than 100 named varieties (www.carlowtourism.com/altamont-gardens).

• Saltram, Devon

Standing high above the River Plym with magnificent views across the estuary, Saltram's 500 acres of rolling parkland and woodland provide the perfect setting for a stunning snowdrop display. As the snowdrops frame the pathways, take a stroll and explore the tranquil garden, 18th century orangery and magnificent lime avenue. Bring the whole family back in February to plant your own snowdrops with the garden team (www.nationaltrust.org.uk/saltram).

• Castle Kennedy Gardens, Stranraer

Enjoy the beautiful swathes of snowdrops and spring bulbs on the woodland walks and lochside drives during the Snowdrop Festival every weekend from February 4 to March 26 at Castle Kennedy Gardens. Created in the 16th century and extensively landscaped with terraces, mounds and avenues, the gardens now encompass more than 75 acres and house spectacular collections of rhododendrons and champion trees (castlekennedygardens.com).

• Dudmaston Estate, Shropshire

This beautiful 17th century house with wooded parkland and sweeping gardens will be holding snowdrop weekends on February 18-19 and 25-26. Enjoy a family walk through the Dingle where the snowdrops will be in full bloom (www.nationaltrust.org.uk/dudmaston).

• Wallington, Northumberland

For the past two years, visiting families have planted more than 200,000 snowdrops at Wallington, and a further 100,000 will be planted this February half-term. As well as the common variety, Wallington's snowdrop display includes a few specials. The less common varieties include the Northumbrian 'Sandersii' group which has sulphur-yellow markings instead of green, and the pretty 'Flore Pleno' with double the number of petals. Open from February 13 (www.nationaltrust.org.uk/wallington).

GROW YOUR OWN SNOWDROPS

IF you want to naturalise your own collection of snowdrops, you'll have to plant an awful lot to achieve the effect quickly. They are so small - planting 100 has little effect - so the best course of action is to plant as many as you can each year, so your snowdrop colony gradually spreads.

Snowdrops like semi-shade and moist soil, rich in organic matter. Plant them in groups of 10 or more in autumn, spacing them 4cm apart and 7cm deep, which may seem thin on the ground the first year, but gives them time to multiply and spread later on.

They can be naturalised in grass, but if you want extensive colonies, you'll have to allow them to set seed before you cut the grass, and the foliage and flower stems must have died back completely before you mow.

Among the best for naturalising are Galanthus nivalis, probably the easiest to grow, G. nivalis 'Flore Pleno', the double snowdrop, and G. elwesii, which has larger flowers than the others and tolerates drier conditions.

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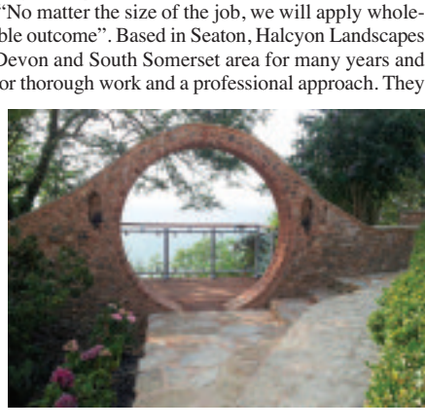

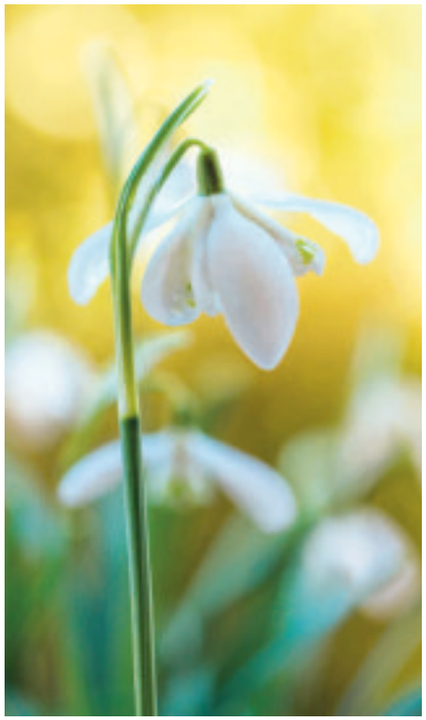

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View 2

The ultimate leisure guide for East Devon & South Somerset

Flamboyant and flame-haired folk

IN THE space of just a few years, Miranda Sykes & Rex Preston have emerged to become one of the most sought after duos on the English folk and roots scene. The striking combination of the flame headed double bass player and virtuoso mandolin player create music that *Folk Roots* say is: "A musical partnership made in heaven. Scintillating, sensitive and brilliant!"

Well known for the last 10 years as a central component of Show of Hands, Miranda has an exquisite and spine-tingling voice, whilst Rex, with his exuberant and flamboyant playing style, has built a reputation as one of the finest mandolin players in the UK. Their stunning performance brings precision, delight, wonder and warmth to their live shows.

Miranda Sykes and Rex Preston play live at The Beehive, Honiton on Friday, February 24th at 7.30pm. Tickets are £12 available online at the website www.beehivehoniton.co.uk or by calling 01404 384050.

Fliss Gorst Band set to swing in Seaton

LONDON-BASED saxophonist Fliss Gorst - originally from Axminster - will be returning to the area to perform with her band at Seaton Gateway this February.

The Fliss Gorst Band (formerly Jivestar) perform authentic swing, 50s rock 'n' roll, jumping jive and new takes on old classics.

The band are led by saxophonist Fliss, and consist of a stellar line up of some of London's finest musicians including highly acclaimed vocalists Kai Hoffman, Shane Hampsheir and Lauren Bush.

Experienced performers, the band have performed on the main stage at Ronnie Scott's Jazz Club, Pizza Express Jazz Club, and regularly at The Spice Of Life Soho. They've also held a residency at Poppies Fish and Chips Camden since 2013.

The Fliss Gorst Band play at Seaton Gateway on Saturday, February 25th at 7.30pm. Tickets are £13 in advance, or £16 on the door, available online at www.seatongateway.co.uk or by calling 01297 625699.

Fliss Gorst

The Pied Piper plays his tune all the way to Seaton Gateway

THIS YEAR at The Gateway, Seaton Town Hall the Pantomime 'The Pied Piper' is being staged from Thursday 9th to Sunday, February 12th. The four performances start at different times, 7pm for the Thursday and Friday, a 3pm Matinee on the Saturday and an early evening 6pm start on the Sunday.

Expect lots of hilarity as the story unfolds from the very funny script by Alan Frayn, bought to life by the cast of fifty (including twenty children). Dame Helga Trumper (played by the irrepressible Ian Waite) has a Pig Farm and a Sausage Stuffery which lends itself to produce some wonderful comic moments and the customary Panto innuendos. The Pied Piper is a tale of good overcoming evil and is a very happy show with foot tapping songs throughout. If you have ever seen a Seaton Panto you know the quality you can expect and this year will not disappoint... oh no it won't!

Tickets are already going well so don't delay telephone: 01297 625699 to book your tickets now.

The cast of The Pied Piper in rehearsal

The rats!

THE marine theatre
LYME REGIS • DORSET

what's on this week...

James Reynolds
CONTEMPORARY CLASSICAL CONCERT
Friday 3rd February
7pm for pre-show supper
8pm for concert
Tickets: £19 include a pre-show supper provided by Dottie Kitchen
£12 for concert only ticket
Pre-booking essential for supper

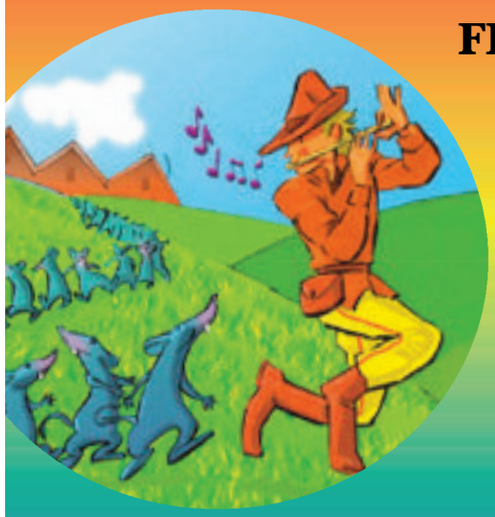
coming soon

DARE DEVIL RIDES TO JARAMA
SATURDAY 11TH FEBRUARY, 7.30pm
Tickets: Full Price: £15
Concessions: £13
Gripping theatre about the Spanish Civil War

SLIGHTLY FAT FEATURES VARIETY
THURSDAY 23RD FEBRUARY, 7.30pm
Tickets: Full Price: £13 Concessions: £11
Comedy cabaret fun with award winning comedy troupe

Box Office: Lyme Regis TIC 01297 442138
or buy online at www.marinetheatre.com
Please note that a 10% booking fee applies to all online and TIC bookings

Seaton Gateway Panto
THE PIED PIPER



FEBRUARY 2017
Thursday 9th Feb - 7pm
Friday 10th Feb - 7pm
SATURDAY MATINEE
Saturday 11th Feb - 3pm
EARLY EVENING
Sunday 12th Feb - 6pm

Tickets £10 & £5 Aged 14 and under
THE GATEWAY
Fore Street, Seaton, EX12 2LD
Telephone 01297 625699

Diary Dates

TUESDAY JANUARY 31ST

CREWKERNE: Computer Drop-in at Henhayes Centre – Questions answered and help provided. 10.00 am to 12 noon, £2/£3.

CREWKERNE: Tuesday Welcome Group at Henhayes Centre. £2.50 incl coffee per session. For people 50+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged (£3) and members usually stay for a cooked lunch priced at £6 including tea or coffee. Please call 01460 74340 for further details.

CREWKERNE: Henhayes Knitters at Henhayes Centre. Come and enjoy a knit and natter afternoon and make items for yourself or for sale at the Centre. 2 - 4pm

COLYFORD: Cash Bingo at Colyford Halll, 7.45pm in aid of Seaton Friends Hospital @ Home. Ample parking. Please come and support this very worthy cause.

WEDNESDAY FEBRUARY 1ST

SEATON: Jurassic Folk and Jam Club at Eyre Court, 2 Queen Street, 8-10.30pm. Music and song for all to enjoy. Free admission for musicians, singers and spectators. For more details call 01404 46451 or 549903, or visit www.jurassicfolkandjam.com

SEATON: Seaton and District Probus Club. Talk by David Buldock: RHS Gardens at Wisley and Rosemoor. 10 am at Seaton Methodist Church small hall. The club is open to retired or semi-retired men over 55. New members/prospective members welcome – come and give us a try. Please contact Stephen Lord on 01297 21872 for more information.

KILMINGTON: Film: "Bridget Jones's Baby" (15) – Colin Firth, Renee Zellweger, Patrick Dempsey. Moviola screening at the village hall (Whitford Rd), doors and bar (wine and soft drinks) open at 6.45pm Film start 7.15pm. For more details or advance booking contact: 01297 32335. Tickets £5 if purchased in advance or £5.50 at the door.

AXMINSTER: The Magic Lantern Show: Lanternist Humphrey Hamlin will tell us the history of this forerunner of the modern slide projector, used for hundreds of years to educate, entertain and mystify audiences. Axminster Historical Society, 7:30pm The Bradshaw Meeting Room, Axminster Heritage Centre, Silver Street, Axminster, EX13 5AH All welcome!

COLYTON: Colyton, Colyford & District Memory Café St John Hall, King Street 2pm to 4pm

SEATON: Yoga with a chair. 1.30-2.30pm at the Gateway, Fore Street. Yoga for every body, cost £5. For more details call 0297 20326 or email waite@relaxatseaton.co.uk

COLYFORD: Women's Institute, 2pm in the Memorial Hall. Speaker will be talking about the City of Exeter. More information from Elizabeth on 01297 624250.

CREWKERNE: Bingo at Henhayes Centre – £5.30 (£4.80 for members) for 6 books of 12 games – "eyes down" at 2.30pm. Bar open, refreshments available, raffle.

CLAPTON: Clapton & Wayford Village Hall - sew, knit & natter, 10.30am. All welcome; details from Jill (01460 72837)

THURSDAY FEBRUARY 2ND

CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £3.50, but first visit free. For more details call 01460 77320 or 75760.

CHARD: Chard Camera Club will be holding their meeting at 7.30pm in the Baptist church hall, Holyrood Street for an evening talk entitled 'Abandoned on the plains' by Tony and Eva Worobeic. Persons interested in attending the club can obtain further details on www.chardcameraclub.org.uk or by contacting Mr Malcolm Brocklehurst on 01460 68616

CLAPTON: Film: "Sarah's Key', showing at Clapton & Wayford Village Hall. Doors open 7.30pm, film starting at 8pm. Pre-booked guest tickets are £4 per film. For more information, or to pre-book, please email mickpwilson53@btinternet.comnet or ring Mick Wilson on 01460 74849 or Di Crawley on 01460 30508

TATWORTH: Tatworth Flower Club are hosting a flower arranging demonstration by Lisa Fowler entitled "Crafty Creations". Doors open 1.30pm for 2pm start. Refreshments and cake stall available. All welcome for a £5 admission fee.

CHARDSTOCK: Beginners Tai Chi classes at Chardstock community centre every Thursday from 10.30 to 11.30 am. A fun and relaxed way of staying fit and healthy, suitable for all. Please contact Allan on 01297 32095 for more information.

CREWKERNE: Physio Fit – 10.30 am to 11.45 am. £2.00 for members/ £3.00 for non- members.

CREWKERNE: Over 50s Keep Fit at Henhayes Centre – 10.00am to 11.00am. £2.50 for members/ £3.50 for non- members

CREWKERNE: Short Mat Bowls at Henhayes Centre. 2 – 4.30pm. New members welcome, come and give it a try.

FRIDAY FEBRUARY 3RD

The small hall with the BIG reputation

David Hall

FOLK • ROOTS • ACOUSTIC • JAZZ
BLUES • DANCE • THEATRE • FILM

THE year got off to the perfect musical start at The David Hall when, on Thursday 12th January, a sell-out audience loved every minute of the performance by Paul Jones and Dave Kelly.

These two regular long-term members of The Blues Band impressed and charmed in equal measure with their distinct interpretation of the Blues Tradition. It was clear to see why they are without doubt one of the most sought-after acts on the circuit with a wonderful mix of voice, guitar and harmonica. They are at the top of my list to get an early return - which I am sure will once again be a sell-out!

On Saturday 21st we welcomed for the first time 'the band taking the Folk scene by storm' when the London-based five-piece Stick in the Wheel performed. The band's raw, abrasive sound and uncompromising attitude got right to the heart of what Folk music is about. They interpret Traditional music in a manner like no other and it is easy to see why they are destined for great things. Loved by everyone present!

On Friday 27th we welcomed back for their fourth visit the Bully Wee Band. This quartet was formed in 1971 and are as relevant today as they were then. After a long sabbatical they reformed in 2004 and currently are on their 14th Annual tour. They performed a mix of traditional and original songs and tunes in their very distinctive style. Fantastic vocals and harmonies, together with fiddle, mandolin, whistles, guitar and mandocello, ensured this was another very special night. A great band at the top of their game.

February promises to be a varied and exciting month.

It starts on Saturday 4th with the first ever visit to South Petherton from a stalwart of the West Country acoustic scene, and patriarch of a virtual Folk dynasty – namely, Geoff Lakeman. He's the dad of Seth; Sean (married to Kathryn Roberts) and Sam (married to Cara Dillon). The brothers got their passion for music in a family band with Geoff and their fiddle-playing mum, Joy. Geoff has performed in 29 countries and at festivals from Cornwall to Orkney. He is a master of the rare Crane Duet Concertina and we shall expect a mix of self-penned songs and varied traditional material. This is without doubt a night not to be missed!

On Saturday 11th there is a "private promotion" when local artist Tom Toomey brings his band, The Monfi Cats, to The David Hall. Their music is rooted in a fluid tapestry of different genres that include Blues, Jazz, Rock, Roots and Folk. I know this will be a night of very fine music.

On Saturday 18th we again receive an artist for his first ever visit when Canada's Stephen Fearing performs.

I first became aware of Stephen in the early 1990's when I purchased the album, So Many Miles, and instantly became a fan. Stephen has built a national - and international - audience for his music that has seen him named as one of the finest songwriters in Canada. He is a great guitarist and a gifted storyteller with the ability to take an audience on a musical journey. Stephen should have been with us years ago and now that he is, I know this will be a gig that will long be remembered.

The month's music ends on Sunday 26th with another visit from the ever-popular Steve Knightly. This time, Steve's visit is part of his Landlocked Tour which will feature songs from his CD's All at Sea and Off the Beaten Track – so one half of the evening will feature original and traditional songs of the land, and the other will draw on his nautical themes. At the time of going to print tickets are still available - but there is no doubt that this event will once again be a sell-out!

Just a quick reminder that the one-day Petherton Folk Fest will take place again in South Petherton on Saturday 17th June. I will provide further details as they become available.

With thanks for your continued support!

Pete Wheeler, Petherton Arts Trust

Further events at The David Hall in February

There will be a Valentines Disco on Friday 10th at 7.30pm. Come along to 'strut your funky stuff' or ' shake yer bootie' to music from the 1950s to 2000 with a Romantic edge! Tickets: £5. No concessions.

On Friday 24th February, Poems, Pints and Puds Presents: Where is Love? at 7.30pm. Petherton Arts Trust invites all Romantics out there to contribute or listen to an informal evening of poems, readings, songs to enlighten and entertain, accompanied by desserts and drinks. Ticket: £5 including food. NB: Please book by Wednesday 22 February. No tickets available on the night.

Petherton Picture Show will present two films in February – on Friday 3rd, Captain Fantastic, starring Vigo Mortensen, and on Friday 17th, Bridget Jones's Baby, starring Renee Zellweger, Gemma Jones and Jim Broadbent.

Acoustic Night is on Sunday 19th, from 7.30pm - 10.30pm. All styles and forms of performance welcome – not just music. If you wish to perform please drop us an email at folk@chriswatts.org to secure a slot.

The David Hall's popular monthly Coffee Morning will be on Wednesday 22nd February, 10am – 12pm. Pop in for a cup of real coffee and a chat. Look around the book and bric-a-brac stalls and listen to some live music. Entry is free.

For further details about any of the above please check the website www.thedavidhall.org.uk or call 01460 240 340.

"If a man dies shall he live again?" (Job 14:14)

THE subjects for this February's programme have to do with 'life after death'.

It would be fair to say that most religions of the world exist largely because of the mystery of death and our curiosity to know what happens when we die. In the Bible Jesus Christ says of himself that he "lived and died" and, "look", "now I am alive forever". Of course, he could only say that after he had been made alive again. These words occur in a vision given to the Apostle John. (Revelation 1:18)

His disciple and friend, Peter, speaking to the crowds at Jerusalem after the Lord's ascension said of Jesus. "….God raised him up, having loosed the pangs of death, because it was not possible for him to be held by it".

The Bible teaches that humans die because of God's sentence for sin – everyone sins, so everyone dies. There is one amazing exception – Jesus Christ who did no sin.

But there's more. Jesus also says, "I have the keys of hell and of death". He has the power to unlock the grave and give new life to others as well.

THE BIBLE
STILL THE BOOK FOR TODAY

"I am he who lives, and was dead, and behold, I am alive forevermore" (Revelation 1:18)

Theme for Sunday public talks in February 2017, God willing

Jesus Christ the Same Yesterday and Forever

30 minute Bible-based talks

05 February	The Sacrifice of Jesus
12	His Resurrection
19	"If a man dies shall he live again"
26	Life in the Kingdom of God

Commencing at 5pm
at The Christadelphian Hall
2 Harepath Road
Seaton EX12 2RP

seatonchristadelphians@gmail.com
www.seatonchristadelphians.ifo

A friendly welcome to all

Diary Dates

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. Tea and biscuits. Raffle. £2 per person. For more details call 01935 415520 or 01308 862866.

YARCOMBE: 'Mrs Beeton, My Sister', performed by Alison Neil at Yarcombe Jubilee Hall, 7.30pm. The show will mark the 150th anniversary of Mrs Beeton's death. Early booking is recommended. Tickets, including refreshments, priced £9.50 with £7 for suitable aged children 12-17. Available by calling 01404 861353, 01404 881634 or 01404 861465.

ILMINSTER: Friends of Wadham 80s Disco at Shrubbery Hotel, Ilminster. 8pm - Midnight. Fancy Dress optional. Tickets £5 in advance /£8 on the door. Tickets available from the Shrubbery and Wadham Finance Office. Bring a raffle prize if you can.

SATURDAY FEBRUARY 4TH

DRIMPTON: Clapton, Wayford and Drimpton Horticultural Society 10th Annual Potato Day. 10.30am-2.30pm. Pennards Plants will be bring a large selection of potatoes as well as many other edible vegetables. This year Dorset Wildlife Trust will be joining us and we hope that they will be able to advise us on how to make our Gardens attractive to wildlife. Jenny Beck a local artist is organising Potato Printing for Children and as always excellent local cakes and food will be on sale. The event provides an opportunity for veteran gardeners and novices to meet, share experiences and obtain expert advice. Non members welcome Drimpton Village Hall 10.30 am to 2.30pm

SUNDAY FEBRUARY 5TH

COLYFORD: Indoor Boot Sale at Colyford Memorial Hall. 9am-2pm. £5 a table. For more details call 01297 23591.

CREWKERNE: Physio Fit at Henhayes Centre – 9.40 to 10.40am and 10.45 am to 11.45 am. £2.00 for members/ £3.00 for non- members. Transport available for second session, ring Centre to book.

MONDAY FEBRUARY 6TH

AXMINSTER: Axminster Carnival Bingo at Axminster Guildhall. Doors 7pm, eyes down 8pm.

MISTERTON: Bingo at Misterton Village Hall, eyes down 7.30pm, in aid of Merriott's Rainbows, Brownies & Guides group.

CREWKERNE: Short Mat Bowls at Henhayes Centre. 7 – 9.30pm. New members welcome, come and give it a try.

TUESDAY FEBRUARY 7TH

AXMINSTER: Axminster Probus Club for retired and semi-retired business and professional men meets at 10.00 for 10.30am in a private room at the A35 Pit Stop, Gammons Hill, Kilmington for a talk by Darren Walker entitled 'Drink Wise Age Well' and an optional lunch. For further details ring 01460 220528.

CHARD: Chard Ladies' Evening Guild will have a talk entitled 'Doorstep Milk Delivery' by Peter Hayward. New members and visitors are very welcome to join us at Manor Court School at 7pm.

CREWKERNE: Computer Drop-in at Henhayes Centre – Questions answered and help provided. 10.00 am to 12 noon, £2/£3.

CREWKERNE: Tuesday Welcome Group at Henhayes Centre. £2.50 incl coffee per session. For people 50+ who like to meet other people and enjoy a few activities like painting, pottery, music, quizzes and occasional bingo. Transport can be arranged (£3.00) and members usually stay for a cooked lunch priced at £6.50 including tea or coffee. Please call 01460 74340 for further details.

CREWKERNE: Henhayes Knitters. Come and enjoy a knit and natter afternoon and make items for yourself or for sale at the Centre. 2 - 4pm.

COLYFORD: Cash Bingo at Colyford Halll, 7.45pm in aid of Seaton Friends Hospital @ Home. Ample parking. Please come and support this very worthy cause.

WEDNESDAY FEBRUARY 8TH

AXMINSTER: Free Make & Munch with HALFF (Health and Local Food for Families). 10.30am-12.30pm. For parents and carers of children (0-18), a hands-on course of six sessions. Have fun preparing simple delicious food and enjoy eating it together. Pre-school age children welcome with parents/carers. New venue Masonic Hall, South Street, Axminster. To book a place call Ros on 01297 631782 for more information or email admin@halff.org.uk.

HONITON: Guided Exhibition Tour by SWAc Academician Ray Balkwill, at Thelma Hulbert Gallery, 6-8pm. £3 (£2 THG Friends) incl. glass of wine

SIDMOUTH: Parlour Music and Merriment from the Old Bull & Bush Company of Artistes. At Sidholme Music Room, Elysian Fields. 3.30-4.30pm. Maestro Trevor Bolshaw, Jan Sutcliffe, Mo. Cuthbert and Brian Rees.

More Diary Dates on page 34

Deadline is Friday 4pm for the following Tuesday's publication. Please ensure dates are included for all listings - weekly listings without dates may not be published.

Nicky Sweetland's

Showtime

ON THE SHOWBIZ BEAT

Experiencing the unpleasant side of theatre

The performance of Pandora's Box in Membury was a hit

THEATRE etiquette is a subject often written about within critic's circles and this week I had the misfortune of witnessing some prime examples of how not to behave in a theatre, cinema, or just generally in polite society.

After accidentally standing in a puddle of urine on a tube platform, my trip to see Death Takes a Holiday at Charing Cross Theatre began, as it was to continue, with unwanted excretions of bodily fluids very much the order of the day.

The Charing Cross Theatre is not the most opulent and as with many of the older venues in central London, the seating doesn't offer much legroom, so you are left having to share air and personal space with complete strangers.

Sadly, I was placed in front of a very large couple, who made the row of seats quake with their every movement, at times rivaling the overhead railway, with their thunderous maneuvers.

On top of that, one of the pair insisted on continually scratching his very large leg during the performance, which he propped up on the seat next to me resulting in a shower of dead skin flowing freely over my shoulder. The other half of the disgusting duo- obviously filled with the dreaded lurgy that's about- coughed and snorted on my other flank, often drowning out the more gentle musical numbers.

To add insult to injury a man slightly further along the row belched loudly intermittently throughout, while a chap in front illegally took photos with his phone and, as he didn't even have the sense to put the damn thing on silent, the sound and light were hugely distracting.

Luckily the show itself was absolutely glorious, but I did find it difficult to come away with a positive outlook after the unsavoury behaviour of some of the audience members.

In the past I've had to move away from patrons, whose body odour has been so pungent I didn't dare continue my occupation of the adjacent seat for fear of my own unwanted dinner reprise.

My top tips for going to the theatre are really quite simple; wash, turn your phone off, sit still and shut up!

Thankfully my other theatre trips this week were without incident and I thoroughly enjoyed the political comedy This House - I had an onstage seat, which was thrilling-and a new show called Dirty Great Love story before I ventured over to Membury for their fabulous pantomime version of Pandora's Box.

The audience in the Devon village mostly behaved themselves too although the contingent from All Saints got a bit lively after consuming copious amounts of wine at the interval.

Also this week, I chatted to my good friend and Tony Award winner Frances Ruffelle, who is about to star in a hugely anticipated new production of the musical The Wild Party, at The Other Palace (formerly the St. James Theatre).

Next week I'm attempting to fit three weeks work into four days as with a holiday on the horizon I shall need to get ahead.

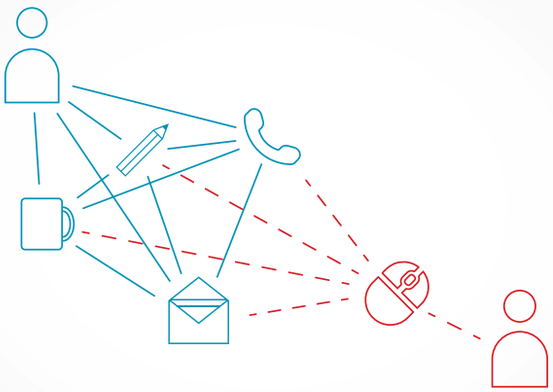
I'm off to the Alephi Theatre for my seventh visit to Kinky Boots (it's a real favourite), before Fantastic Mr Fox at the Lyric Hammersmith, Nice Fish starring Oscar winner Mark Rylance and Stomp, which has been running in the West End for a whopping 25 years and I'm yet to experience.

I'm then having a try at the Faulty Towers interactive dining experience, before I pop over to Bridport to see Red Riding Hood, which from the publicity photos looks very exciting.

You can read all of my reviews and interviews on our websites londonnewsonline.co.uk and viewnews.co.uk or you can follow me on Twitter for regular updates @NickySweetland

Chris Peluso and Zoe Doano in Death takes a Holiday at the Charing Cross Theatre

Is your website the weak link in your business?



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Diary Dates

THURSDAY FEBRUARY 9TH

SEAVINGTON: Seavington Gardening Club at 7.30pm in the Millennium Hall. The Gold Club will be giving a talk on "Growing Fruit and Vegetables on the Patio". There will be plants for sale. Visitors welcome £2 payable at the door and refreshments will be available plus a raffle. For further information please contact Karen Day tel. 01460 249728.

CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £3.50, but first visit free. For more details call 01460 77320 or 75760.

CHARD: Chard Royal Naval Association will be meeting for their bi monthly social meeting at 7.30pm in the Chard Rugby football club Essex Close The members will be entertained by Mrs Margaret Adams giving her comical version of life as a farmers wife. The association is always on the look out for new members and any one wishing to attend their meeting on the night should came along where they would be made most welcome. Further details can be obtained from Mr Gary Pennells on 01460 77978

CHARDSTOCK: Beginners Tai Chi classes at Chardstock community centre every Thursday from 10.30 to 11.30 am. A fun and relaxed way of staying fit and healthy, suitable for all. Please contact Allan on 01297 32095 for more information.

SEATON: Seaton Garden Club monthly meeting will take place at 2.30 pm in the Masonic Hall, Queen Street. Talk on "How to renovate a tired garden" by Elizabeth Holman who is a Garden Designer and Horticulturist. Visitors welcome, charge £2. to include refreshments. Contact details: 01297 24049.

FRIDAY FEBRUARY 10TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. Tea and biscuits. Raffle. £2 per person. For more details call 01935 415520 or 01308 862866.

KILMINGTON: Echinacea and Redbeckia An interesting talk, Martin Young covers the versatility of this very popular plant group, from providing late summer and autumn colour in the garden to the medicinal use of Echinacea. Kilmington Garden Club, Kilmington village hall, Whitford Road,Kilmington, EX13 7RF 7.30PM Non members £1.00

LYME REGIS: U3A Heritage Coast. Social and information morning. 10am in Woodmead Halls, Hill Road, DT7 3PG. Come for free coffee and chat, a chance to meet leaders of more than fifty interest and activity groups, to find out more about the U3A, and to join in if you wish. At 10.30am, a special welcome and introduction for new and recently-joined members. Members and non-members all welcome. More information about the U3A at website lymeregisu3a.org or phone 01297-444566.

CLAPTON: Clapton & Wayford Village Hall – 'Food on Friday', mid-day for 12.30pm start. Good two course meal + roll & butter and unlimited tea/coffee. Special diets can be catered for if requested in advance. Open to all ages; very friendly atmosphere; newcomers really welcomed, but please book places in advance by phoning June (01460 77057) or Jackie (01460 72324), who will also provide more information if required.

SATURDAY FEBRUARY 11TH

CREWKERNE: Crewkerne and District Twinning Association are holding a "Valentines Coffee Morning" at Crewkerne Heritage Centre in the upstairs room, from 10 am until Noon. Cake and top ups of Coffee or tea £2.50. Everyone is welcome if anyone has an interest in hosting this year from 25th/28th May please come along as well to hear what we have planned. Otherwise come along for a social morning.

HINTON ST GEORGE: Hinton St. George 'Flix in the Stix' presents 'Bridget Jones' Baby' (15), in the Hinton Village Hall at 7.30 pm. Tickets £5 in advance from the Village Shop and Dorothy's Tea Room, or £5.50p on the door. To reserve Tickets please contact Bob Kefford on 01460 72563.

CHARD: Dancing with the Dancing Duo Henry & Jeannie. Theme 'February Romance', at Chard Guildhall. 8-11pm. Free parking. Bring your own snacks. Tea/coffee and biscuits provided. Pay on the door £6.

SUNDAY FEBRUARY 12TH

COLYFORD: Indoor Boot Sale at Colyford Memorial Hall. 9am-2pm. £5 a table. For more details call 01297 23591.

BROADCLYST: 'Strictly on Sundays' at Broadclyst Victory Hall, 2.30pm-5pm. Free parking. Pay on the door £5 (includes tea/coffee and cakes).

SIDMOUTH: Schubert on Sunday with senior students of Vocal coach Alex Poulton, Dorothy Worthington -piano, Kevin Hurst - clarinet. At Sidholme Music Room, Elysian Fields. 3.30-4.30pm.

MONDAY FEBRUARY 13TH

WINSHAM: Winsham Art Club meeting. Lisa Neill, 'A Winter Landscape', watercolour paint/acrylic paint. Meetings every Monday 2-4pm at the Jubilee Hall, Church Street. Coffee/tea and biscuits provided.

HONITON: Honiton Art Society Meeting. Watercolour demonstration by David Norman At Awliscombe Village Hall, 2-4pm. Visitors and new members always welcome. Visitors £4. At www.honitonartsociety.com

MISTERTON: Bingo at Misterton Village Hall. Doors 6.30pm, eyes down 7.30pm. Every Monday.

MUSBURY: Musbury Village Hall Management Committee Annual General Meeting. Public meeting held in Musbury Village Hall Committee Room at 7.30pm.

TUESDAY FEBRUARY 14TH

BROADWAY: The Ile Valley Flower Club meeting at Broadway Village Hall, starting at 7.30pm. Dave Moon of the National Garden Scheme with a "Digital Visual Presentation". All are welcome as visitors or future members this should prove to be interesting to all Flower Arrangers and Gardeners

CHARD: Chard Royal British Legion Branch Meeting The next meeting of the Chard Royal British Legion Branch will take place at 7:30pm, meeting in the Maltings Committee Room. The newly elected Branch Committee is very keen to encourage younger people to become members of the branch and help to support members and ex-members of our Armed Forces.

DUNKESWELL: Dunkeswell bowls club need support for a new carpet fund. We are having a two course curry evening in Dunkeswell Village Hall, 7pm Tickets are £12.50 each from Dunkeswell shop or Elaine on 01404 891519. There will be musical entertainment to end this pleasurable evening. An evening not to be missed. Please bring your own choice of drinks. Iced water will be available.

COLYFORD: Cash Bingo at Colyford Halll, 7.45pm in aid of Seaton Friends Hospital @ Home. Ample parking. Please come and support this very worthy cause.

SIDMOUTH: East Devon Organ Club at Primley Road Church Hall (EX10 9LH). Steve Hubble will perform at 2.30pm (preceeded by AGM at 2pm).

WEDNESDAY FEBRUARY 15TH

COLYTON : Devonshire Association Axe Valley Branch at the The Pavilion, Peace Memorial Playing Fields, 2:30pm An illustrated talk "The Colyton Canal". Ken Clifford will tell how in the 19th century there were plans for a Ship Canal to cross Devon and Somerset. Thomas Telford, a floating harbour at Beer, a cut through the chalk cliff , a famous smuggler as consultant...All welcome, admission £1 for DA members, non-members £3. Details from 01297551529 or brian_denham@talktalk.net

SEATON: Jurassic Folk and Jam Club at Eyre Court, 2 Queen Street, 8-10.30pm. Music and song for all to enjoy. Free admission for musicians, singers and spectators. For more details call 01404 46451or 549903, or visit www.jurassicfolkandjam.com

SEATON: Seaton and District Probus Club. Talk by Helena Williams: Exotic Travels with my Camera. 10 am at Seaton Methodist Church small hall. The club is open to retired or semi-retired men over 55. New members/prospective members welcome – come and give us a try. Please contact Stephen Lord on 01297 21872 for more information.

THURSDAY FEBRUARY 16TH

CREWKERNE: Crewkerne Folk Dance Club 8-10pm at St Bartholomew's Church Hall. Every Thursday. Entry £3.50, but first visit free. For more details call 01460 77320 or 75760.

CHARD: Chard Camera Club will be holding their in house Digitally Projected Image competition the subject being 'two open images'. They will also be judged on their Portfolio images (a panel of three images covering a subject of their choice) the judge for the evening being Mr Peter Hyett.

CHARDSTOCK: Beginners Tai Chi classes at Chardstock community centre every Thursday from 10.30 to 11.30 am. A fun and relaxed way of staying fit and healthy, suitable for all. Please contact Allan on 01297 32095 for more information.

FRIDAY FEBRUARY 17TH

CREWKERNE: Sequence Dancing at the Victoria Hall, 1.45-4pm. Tea and biscuits. Raffle. £2 per person. For more details call 01935 415520 or 01308 862866.

TATWORTH: Film: 'Bridget Jones' Baby' at Tatworth Memorial Hall. Doors 7.15pm, film 8pm. Organised by T&F Movies. For more details call 01460 220198.

SHELDON: The brilliant double-act 'Opera Dudes' will be bringing their show "Licenced To Trill" to Sheldon Village Hall for Villages in Action, providing an evening of fabulous entertainment. No ordinary operatic duo, the two tenors rip up the rule book with an act ranging from classical Verdi through show songs and rock to 'Carry On' fun. Tickets for this show are available now from John Carr on 01404 841367. Prices – Adult £10 Child £5. Doors open 7 pm. Licensed Bar

SOUTH PERROTT: Family bingo at the village hall. Eyes down 6.30pm. For more details call 01935 891224.

SATURDAY FEBRUARY 18TH

SEATON: Seaton Lions table top sale at Seaton Methodist Church, doors 8am, sale 9.15am-1pm. Donation entry. Ample free parking. Tea/coffee. For more details call 01297 624313.

WHAT'S HAPPENING AT ILMINSTER ARTS CENTRE THIS FEBRUARY

with Abigail Willis

THERE is a feast of good things to enjoy at the Arts Centre this February, whether you are interested in visual art, music or contemporary crafts. In the Gallery, the group exhibition 'It's a Wonderful World' continues until February 11th. Celebrating the diversity of the world we live in, the show includes a richly textured display of wildlife photographs by Oliver Hellowell, travel reportage photography by photo journalist Bernard Ringrose, paintings by Matthew Dennett and Valerie Duckworth, textiles by k3n, and 3D works by Rachel Hartland.

Over the half-term period students from Greenfylde School, Swanmead School, Neroche School, Chard School and Strode College will be displaying their artworks in the sixth instalment of our popular 'Schools Go Visual' exhibition. Come and admire the talent and vision of these new artistic voices. This is a lovely exhibition for a multi-generational trip to the Arts Centre - why not have lunch here and make a day of it? The show runs February 13th-25th.

At the end of the month we welcome a group of West Country artists who are exhibiting together for the first time. 'Confluence' unites their latest works under one roof - a dynamic collection of textiles, stone carved sculpture, watercolours, photography and figurative urban landscapes. Starts February 27th.

Our February concert programme get off to a fiery start with trad jazz legends, New Orleans Heat on Friday, February 10th. Led by pianist Barry Grummet this highly regarded group travels Europe and the UK, playing authentic New Orleans style jazz. Now it's Ilminster's turn to bask in the musical sunshine of the Crescent City!

On Friday 24th The Dave Betts Latin Quartet take to the Arts Centre's stage. This Bristol based band is a regular at Ronnie Scott's club in London and they play modern jazz with a distinctly contemporary flavour, with infectious grooves and plenty of Latin rhythm. Funky stuff!

There's a completely different flavour to our concert the following night, on Saturday 25th, which features arias and ensembles from opera and operetta, sung by students from the Royal Welsh College of Music & Drama. The college is internationally renowned, and this concert is a fabulous chance to hear the singing stars of the future performing in the intimate surrounds of the Arts Centre. Starts 7.30pm

Our programme of hands-on workshops continues through February, with Slow Stitch (February 10th), Readers (10th), Felting (17th), Rag Rugs (24th). Our untutored workshops are perfect for those who like to work under their own steam in like-minded company: Clay on Mondays; Figure drawing second and fourth of the month; Art Group Thursday afternoon. For budding young artists our Children's Art Chest workshop on Saturday, February 18th will explore the theme 'Frosty February'.

Box Office: 01460 54973
www.themeetinghouse.org.uk

The Henhayes Community Centre in Crewkerne

Open to all 5 days a week
for lunch, tea or coffee 9am to 4.30pm
and Saturday mornings
for coffee or tea and cakes
from 10am to 12 noon
Licensed premises
The Centre can also be hired

LOOK WHAT'S ON

NEXT CONCERT
Friday 24th February – Mumbo Jumbo
Tickets now available
Concert only £10, with supper £18

Freshly cooked meals served every weekday at 12.30pm (order by 10.30)

Everyone welcome so why not come along and join us in our warm, friendly centre.

The Henhayes Community Centre,
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Tel: 01460 74340
www.henhayes.co.uk

Colyton, Colyford and District Memory Café
St John Hall King Street Colyton
The first Wednesday of each month 2 - 4pm

If you, a friend or a loved one is suffering from memory loss or has been diagnosed with early dementia we offer an afternoon of friendship and support for you and your carer.

Our volunteers are available to carers for a quiet chat and can provide information, leaflets and signposting advice. We also aim to have regular visits from health professionals.

Why not come along to share opportunities with others to reminisce and enjoy some music, talks and quizzes, or just come along for a cup of tea and some cake!

We welcome friends from all the surrounding villages.
Some parking is available plus a large drop off point
For more information, ring Diane 07970 626774

ILMINSTER
arts centre
AT THE MEETING HOUSE

IT'S A WONDERFUL WORLD
until Sat 11 February
Exhibition featuring work by a diverse group of West Country artists.

NEW ORLEANS HEAT
Friday 10 February 8pm
Tickets £14 (pre-show supper £14 at 7pm, must be pre-booked)
An entertaining evening of old-style New Orleans jazz.

DAVE BETTS LATIN QUARTET
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Modern jazz with a seriously funky groove.

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CAROLINE Childs is seen here with a delighted Mr. Coppinger who recently purchased his new home in Mosterton through Symonds & Sampson's award winning office in Beaminster. Mr. Coppinger commented 'I am absolutely thrilled with my new home and delighted with the service provided by Caroline and I would certainly be happy to recommend her to all my friends.

Jeremy Smith, Partner within the office said I am thrilled that Mr. and Mrs. Coppinger are pleased with the service provided, our vendor is also delighted to have sold her property so quickly. We have seen a significant increase in applicant enquiries already in this month, therefore if you are considering selling or are on the market without success, why not contact us on 01308 863100 for your free market appraisal.

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5 TIPS FOR A BETTER WOOD BURNER

1. Before installing a wood burner, you may have to line the chimney (unless it's already lined). A chimney integrity/smoke test will establish if the chimney flue is fit for use, or if smoke and other harmful emissions, such as carbon monoxide, could escape from it into your home through cracks and other faults. Unless repairs can be done, a chimney that fails the test will have to be lined. "As well as preventing the flue leaking smoke and fumes, a chimney liner stops tar staining through chimney walls, helps the flue to draw properly and improves updraughts," says Phil Wood, country manager for the UK and Ireland for wood-burner manufacturer Contura (www.contura.eu/english). "In older properties, lining the chimney is especially recommended."

2. It's also important to find out if you live in a smoke control area (see www.gov.uk/smoke-control-area-rules). A smoke control area means you can't emit smoke from a chimney unless you're burning an authorised fuel (see smokecontrol.defra.gov.uk/fuels.php), or smokeless fuel (such as anthracite), or using a Defra-exempt appliance. Lots of wood burners are Defra exempt, but not all. In addition, many wood burners can only burn certain fuels, so find out before buying one.

3. Depending on the style of your room and wood burner, a 'floating' wooden beam can look great fixed above the opening in the chimney breast (see my how-to tip below). However, the underside of any beam, lintel or shelf, etc, made of a combustible material must be at least 450mm away from the top of the wood burner - check with the manufacturer or installer for their requirements. If you don't have enough space between the two, non-combustible wood-effect beams, such as ones made of metal, are safe to fit closer to the top of the wood burner, but are harder to find and can be expensive.

4. Your wood burner will need to sit on a decorative hearth, often a stone slab, such as marble, granite or slate, which may already be in place. "For wood-burning stoves, the hearth must be constructed from a non-combustible material with a minimum thickness of 12mm," says Wood. "Where the floor temperature could be raised above 100C, there must also be a constructional hearth of at least 125mm below and in front of the wood burner. The size of this can differ between manufacturers, so it's worth checking." A constructional hearth is typically a concrete hearth below the decorative hearth, which you often find in period properties with wooden floorboards, but may also be a concrete floor, for example.

5. Keeping your wood burner clean is vital to protecting it and the chimney from contaminants. "This will improve the wood burner's performance and efficiency, and increase its lifespan," says Wood. "We recommend getting a chimney sweep to clean the chimney at least once a year to stop soot building up and ensure the fire chamber and flue are kept free from blockages." He continues: "Also burn high quality kiln-dried wood, if possible, and have good ventilation in the room to allow heat to circulate effectively." Extra ventilation isn't usually required for wood burners with a 5kW or less output, but for ones with a higher output, a permanent air vent to the outside is needed in the room to allow proper combustion in the wood burner.

PRODUCT OF THE WEEK

If you want to dry new plaster quickly, or have a damp and condensation problem at home, the WDH-122H-12R 12ltr Dehumidifier (reduced to £79.99, Screwfix) will sort it out. This model extracts water efficiently and has a large, 4ltr tank - it can also drain continuously - and an anti-freeze function that's useful at this time of year. Just as importantly, it's quiet, so you can leave it on without being disturbed, and it's on wheels, so is also easy to move. This dehumidifier proves you don't have to spend a lot to get a great piece of kit.

HOW-TO TIP

To fit a solid wooden beam seamlessly above a chimney-breast opening, use concealed fixings that slot into the beam from behind and also attach to the wall, in a similar way to a floating shelf. If you're having the chimney breast plastered, you could use fixings that can be plastered over, and get the plasterer to go up to and around the beam.

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NEW INSTRUCTION

SALE AGREED

A three bedroom detached property in a rural location on the outskirts of Whitford with a 1.5 acre plot.

Lydgates Road, Seaton £285,000

NEW INSTRUCTION

NO CHAIN

A spacious three bedroom detached bungalow in a sought after road. South facing rear garden. Modernisation required.

Scalwell Park, Seaton £215,000

NEW INSTRUCTION

NO CHAIN

A well presented two bedroom semi- detached bungalow. Low maintenance gardens. Internal viewing recommended.

Boundary Park, Seaton £259,950

NEW INSTRUCTION

A modern two bedroom detached bungalow in a quiet cul-de-sac location. Conservatory & south facing rear garden.

Temple Street, Sidmouth £162,950

NEW INSTRUCTION

A well presented two bedroom terraced house within walking distance of Sidmouth town centre and its amenities.

Witherby, Sidmouth £220,950

NEW PRICE

NO CHAIN

A spacious, two bedroom ground floor apartment requiring general modernisation. Private garage.

Heals Field, Axminster £164,950

NO CHAIN

A three bedroom end of terrace property. Well presented throughout with modern Kitchen & Shower room. Ideal first time buy / investment purchase.

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Axminster **£595 pcm**

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Axminster **£675 pcm**

A well presented end of terrace three bedroom property with accommodation set over three floors. Enclosed rear garden. Pets and children considered. Available February. EPC band E.

Web Ref: ACC120105 Axminster 01297 32879

Axminster **£675 pcm**

A two bedroom terraced house with two reception rooms, fitted kitchen and two bathrooms. Garden and Garage. Pets and Children considered. Available February. EPC band D.

Web Ref: ACC120246 Axminster 01297 32879

Axminster **£750 pcm**

A three bedroom terraced house with two reception rooms situated close to the town centre. Garden and garage. Pets are considered. Available immediately. EPC band D.

Web Ref: AXM160098 Axminster 01297 32879

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Spacious Victorian Town House | hall | sitting room
kitchen/breakfast room | Dining Room | Utility
three bedrooms | bathroom | lovely rear garden | Studio

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Top Floor Apartment | Lift Service | Hall Open Plan
Sitting / Dining Room Kitchen | Two Large Bedrooms
Bathroom | Parking | No Chain | ER:B

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FOR SALE BY PUBLIC AUCTION | Semi with Views | Hall | Cloakroom
Sitting Room | Dining Room Kitchen | Utility | Three First Floor Bedrooms
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Semi detached period house with large room, located close to the town centre | 2 receptions, kitchen, store room /study | 3 good sized bedrooms, bathroom | Front garden| off road parking | Available with no onward chain

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Investment Property | Long term tenant paying £575 PCM
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Lovely Character Cottage | Popular Village | Three Bedrooms
Three Reception Rooms | Lovely Rear Garden | Possible Barn/Garage
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WEST STREET CREWKERNE £99,950

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Musbury, Attractive Bungalow in Village Setting. £335,000

A beautifully presented 2 bedroom detached bungalow in a delightful tucked away position in the centre of Musbury. Gardens and parking. Oil fired CH. EPC rating D.

Beer, Ground Floor Apartment. £235,000

A beautifully presented and very spacious one bedroomed apartment with the benefit of an excellent private garden and a garage en-bloc. uPVC DG. Gas CH. EPC rating D.

Seaton, Deceptively Spacious Bungalow. £219,950

A three bedroom semi detached bungalow located in a convenient level position for the town centre and beach. Landscaped gardens. Garage and parking. Gas CH. DG. EPC rating E.

Branscombe, World Heritage Location. £200,000

A superb and rare opportunity to purchase a charming cedar wood two bedroom beach chalet with stunning views on the unspoilt idyllic Branscombe West Beach. EPC rating G.

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Beer, Ground Floor One Bedroom Apartment. £129,950

A beautifully appointed one bedroom ground floor apartment located in the heart of Beer for the over 55's, which would make an ideal main home, second home or investment purchase. Communal parking. EPC rating D.

Seaton, 3 Bedroom Bungalow with Super Gardens. £425,000

A beautifully presented 3 bedroom detached bungalow located in one of the premier roads in the town and only a short distance from the town centre and beach. Superb gardens and ample onsite parking. EPC Rating D.

Colyton, 2 bedroom Town Centre Cottage. £655 pcm

Available from March. Period mid terrace unfurnished cottage located at the heart of Colyton and convenient for all the town centre amenities with courtyard and studio. EPC rating E. Fees apply.

Beer, To Let Semi-Detached House. £800 pcm

A most attractive unfurnished 3 bedroom property located on the outskirts of Beer. GCH. uPVC DG. Courtyard garden and parking for two vehicles. EPC rating C. Fees Apply.

Colyton, Unfurnished Two Bedroom. £650 pcm

Available immediately. An attractive mid terrace cottage close to the heart of Colyton with an appealing stone front elevation under a slate roof. Rear Courtyard. EPC rating E. Pets allowed. Fees Apply.

Long Term Let Beer, 2/3 Bedroom. £950 pcm

A superb unfurnished fisherman's cottage in an idyllic setting, available to let from the beginning of January, with panoramic sea views over Lyme Bay, the beach and cliffs. EPC rating E. Fees apply.

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01297 553691

Pennys estate agents

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Barnards Hill Lane, Seaton
£259,950

3 | 1 | 1

A detached bungalow | Three bedrooms | Spacious lounge/dining room | Occupying a corner plot in a desirable location | Some modernisation required in places | Gas central heating | Sealed unit double glazing | Attractive enclosed rear garden | Driveway and single garage | NO ONWARD CHAIN | Energy Performance is: D

Lydgates Road, Seaton — O.I.R.O £285,000

3 | 1 | 2

Detached bungalow | Three bedrooms | Desirable residential area | Some modernisation required Spacious living room | Sealed unit double glazing Gas central heating | Attractive enclosed, lawned garden to rear | Driveway and garage | NO ONWARD CHAIN | Energy Performance: TBA

Riverdale, Seaton — £275,000

2 | 1 | 2

An attractive detached bungalow | Desirable, quiet location within reach of the town centre | Two double bedrooms | Spacious multiple aspect living room Refitted modern kitchen | Refitted contemporary white suite bathroom | Gas central heating & sealed unit double glazing | Good sized corner plot gardens | Driveway and detached garage | NO ONWARD CHAIN | Energy Performance is: D

Terry Holt, Branscombe — £195,000

1 | 1 | 1

Outstanding mid terrace stone cottage | Double bedroom with en-suite bathroom | Superbly presented throughout Highly convenient village centre location | 1/4 mile to beach & coastal footpath | Established holiday letting income | Ideal investment,2nd home or holiday let Electric central heating & sealed unit double glazing Attractive kitchen & bathroom | No onward chain & nventory available | Energy Performance is: E

Buttercup Close, Seaton — £162,500

1 | 2 | 1

A modern end terrace house | One bedroom with built-in wardrobes | Living room with wood burner | Well fitted kitchen | Conservatory | Sealed unit double glazed throughout | Off-road parking | Garden | NO ONWARD CHAIN | Energy Performance is: E

Harepath Road, Seaton — £225,000

2 | 2 | 1

An attractive detached bungalow | Two double bedrooms Corner plot with easy access to town | Some general updating required | Gas central heating | Sealed unit double glazing | Living room & octaganol sun lounge Enclosed rear garden with lawned gardens to front Detached garage and driveway for two vehicles | NO ONWARD CHAIN | Energy Performance is: D

Berry Lane, Beer — £775,000

4 | 3 | 2

A spacious detached Arts and Crafts house | Also includes a detached one bedroom annexe | Elevated, tucked away location | Easy walk to village centre and beach | Some general modernisation required | Four bedrooms most with sea views | Drawing room, dining room, study, & conservatory Attractive, lawned gardens,well stocked grounds, approximately half an acre in all | Large garage | NO ONWARD CHAIN | Energy Performance is: E

Detached House | Two reception rooms | Unfurnished | Garage Garden | Three bedrooms | Two bathrooms | Separate WC Parking | Gas central heating | Energy Performance is: E

3 | 2 | 3

Highclyffe Crescent - £1295 P.C.M

LET AGREED

2 | 1 | 1

Oak Dene Court, Kenton

Centre of town location | Terraced house | One reception room Unfurnished | Two bedrooms | TShower room | Gas central heating | Energy Performance is: TBA

2 | 1 | 1

Fore Street, Seaton - £575 P.C.M

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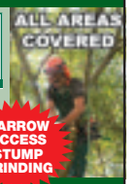

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Motoring View

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It's love at first sight as Polo event gets under way

VOLKSWAGEN has extended its tempting Polo offer with two new incentives. As well as a generous deposit contribution with insurance included, Polo customers can now take advantage of a free service plan and receive a discount on the Style Pack.

The deposit contribution of £1,400 is available for customers who opt for a Volkswagen Financial Services' Solutions Personal Contract Plan at 6.2 per cent APR representative. This is a significant saving for potential Polo customers and the terrific value for money that this represents is enhanced by the offer of a year's insurance included.

Running from 27 January to Valentine's Day on 14 February the Polo Event offers customers a valuable saving on Volkswagen's popular supermini. With this strong package Volkswagen has ensured it's even easier to fall in love with a Polo: whether it's the practical S, the sporty GTI, or anything in between.

And throughout the Polo Event all customers will now benefit from a free service plan, too. This includes both of their Polo's first two services.

The Polo's clean, sculpted lines draw admirers and during the Polo Event customers can further enhance the look of their new car with the Style Pack. This includes stainless steel door sill trims to keep scratches away. Tyre valves are protected with stainless steel caps and a chrome strip on the boot lip combines protection with style. In addition, a chrome exhaust trim adds an extra element of sportiness to the rear.

Together, this additional flair makes up the Style Pack that usually retails at £318 RRP but is reduced to just £236 RRP for the duration of the Polo Event.

Every model in Volkswagen's extensive Polo range is packed with big-car technology. This includes Electronic Stability Control which, together with Traction Control, enhances safety. Driver comfort is ensured with speed sensitive power assisted steering, which is combined with a 'hill hold' function that prevents the car from rolling back when paused on an incline.

A five-inch colour touchscreen is the centrepiece of the Composition Colour infotainment system. This includes a CD player, DAB radio and an SD card reader. A smartphone can be connected via Bluetooth and the Polo boasts six speakers as standard. All of this is included on the Polo S, which costs from £11,830 RRP OTR before the offer is applied.

New for 2017 is the Polo Match Edition, which starts from £13,315 RRP OTR and includes cruise control, front and rear parking sensors, automatic wipers and even more equipment besides. In addition the Polo Match Edition's Composition Media system has a 6.5-inch colour touchscreen that allows the simultaneous pairing of two mobile devices and includes a car information option plus album title and cover art display.

A notable highlight of the Match Edition is the App-Connect element of Volkswagen's Car-Net connectivity system. This allows the mirroring of the customer's smartphone display on the infotainment screen via Apple's CarPlay, Google's Android Auto or MirrorLink, depending on the make of the customer's smartphone.

App-Connect brings the smartphone's functionality to the infotainment system's touchscreen and allows access to maps, contacts, news, music and more. All of this comes at the touch of a button, and can also be operated via voice control. Other apps, such as Spotify and Skype, are supported too.

The Polo range includes the Polo beats, which starts at £14,215 RRP OTR, with its 300-watt sound system with a eight channel amplifier. The SEL features sharp LED headlights and stylish 16-inch 'Rivazza' alloy wheels, while the Polo R-Line adds a comprehensive 'R-Line' styling pack for head-turning looks both inside and out.

A further highlight of the range is the Polo BlueMotion. This model is powered by a 1.0-litre TSI engine that produces CO_2 emissions of just 98 g/km* and returns 67.3 mpg on the combined cycle. The BlueGT is a high-specification Polo with precise handling and clever engine technology to keep fuel consumption low. With Active Cylinder Technology, two of the engine's cylinders shut down to save fuel. Its 150 PS 1.4-litre TSI powerplant keeps CO_2 emissions at 110 g/km* while returning 58.9 mpg.

The Polo range is crowned by the 192 PS Polo GTI. With a 1.8-litre TSI engine that reaches 62 mph in just 6.7 seconds the GTI provides vast entertainment in a potent package. A body-coloured rear spoiler emphasises the GTI's inherent sportiness, as do the LED headlights and honeycomb air intake. The look is completed with red brake callipers. The GTI starts from £19,430 RRP OTR.

For more details on all the cars in the Volkswagen Polo range, together with brochures and pricing and to use Volkswagen's online configurator, please visit www.volkswagen.co.uk.

▲ Volkswagen Polo Match Edition

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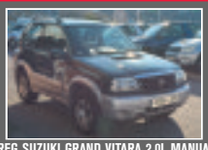

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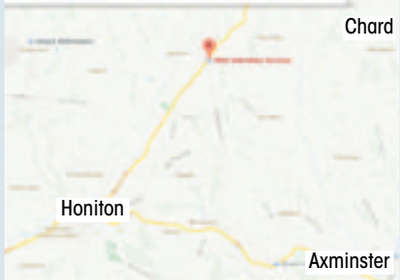

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2005/05 FIAT PANDA 1.2 4X4 5 DOOR HATCHBACK, Manual, Petrol, Silver. 53,000 Miles. 13 Months Warranty, One Previous Owner, Full MOT, Warranted Mileage, In Car Entertainment (Radio/CD), Climate Control, Electric Windows (Front), Alloy Wheels..... **£2,995**

2003/03 MAZDA MX-5 1.8 2 DOOR CONVERTIBLE, Manual, Petrol, Silver. 70,000 Miles. 13 Months Warranty, Good Service History, Full MOT, Warranted Mileage, In Car Entertainment (Radio/Cassette), Electric Windows....**£1,995**

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Citroën C4 Cactus now available with 6-speed Auto 'Box

CITROËN has added its 6-speed fully automatic gearbox to the multi-award winning C4 Cactus range. Officially 'on sale' in the UK from Wednesday 1 February 2017, the latest-generation EAT6 auto transmission offers a smooth drive and even greater levels of comfort.

Citroën customers can now enjoy an even more relaxing drive and greater comfort with the introduction of the brand's 6-speed automatic transmission to the multi-award winning C4 Cactus line-up. Paired with the PureTech 110 S&S petrol engine – an International Engine of the Year winner in 2015 and 2016 – the EAT6 automatic transmission will be available in C4 Cactus from February production.

The 6-speed Efficient Automatic Transmission (EAT6) delivers a compelling blend of smooth power delivery, ultra-fast gear changes and dynamic efficiency. In addition, the new-generation transmission ensures excellent low-speed driveability thanks to a 'creep' function that is particularly convenient in congested traffic.

This latest addition to the C4 Cactus range is exclusively available with the PureTech 110 S&S 3-cylinder petrol engine in Flair trim. The model also features a 7-inch touchscreen, eMyWay satellite navigation, a colour reversing camera, rear parking sensors, as well as Bluetooth® connectivity and media streaming.

The Citroën C4 Cactus PureTech 110 S&S EAT6 auto Flair also boasts competitive fuel economy, returning 55.4 mpg (combined), with CO2 emissions of just 118g/km.

The award-winning C4 Cactus has proved a winner since its launch in 2014. With visually striking looks, crossover styling cues, revolutionary Airbump® technology, and a broad range of personalisation options, C4 Cactus is instantly recognisable. C4 Cactus now offers even more comfort, innovation and technology for new car buyers.

Pricing for the C4 Cactus PureTech 110 S&S EAT6 auto Flair starts at just £19,560 OTR.

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▲ Citroën C4 Cactus now available with 6-speed Auto 'Box

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2012 (62) BMW 1 SERIES 2.0 118d M Sport 5dr, Automatic, Diesel, Hatchback, 34,000 miles, 1 Owner + Demo, Alloy Wheels (18in) **£13,995**

2010 (60) Audi A4 ALLROAD 2.0 TDI CR Quattro 5dr, Manual, Diesel, Estate, 61,000 miles, Deluxe 3-Zone Climate Control, Electric Windows.....**£11,995**

2010 (10) Audi TT 1.8 TFSI Roadster 2dr, Manual, Petrol, Convertible, 55,000 miles, Anthracite Alloy Wheels, Alcantara Leather Seats, Number Plate Not Included.. **£9,995**

2012 (12) Nissan Qashqai 1.5 dCi N-TEC+ 2WD 5dr, Manual, Diesel, Hatchback, 40,000 miles, One Owner + Demo, Full Nissan Service History.....**£9,995**

2012 (61) Volkswagen Touran 2.0 TDI BlueMotion Tech SE 5dr, Manual, Diesel, MPV, 81,000 miles, Air Conditioning, Cruise Control, Park Assist..... **£8,995**

2011 (11) Nissan Juke 1.5 dCi Tekna 5dr, Manual, Diesel, Hatchback, 60,000 miles, Sat Nav, Full Leather Interior, 6 Months Warranty, 17in Sport Alloys..... **£6,995**

2013 (13) Citroen DS3 1.6 e-HDi Airdream DStyle Plus 3dr, Manual, Diesel, Hatchback, 35,000 miles, Air Conditioning, Cruise Control, 17in Alloy Wheels..... **£6,995**

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09 09 Ford Fiesta 1.25 Zetec, Garnet, Well cared for, Just 30,000 Miles.....£5,495
09 09 Renault Grand Modus Auto, Stone, Only 34k, Park Sensors..... £3,995
08 08 Renault Megane Dynamique S, Silver, Half Leather, Climate Control, Pan Roof, 43k Miles..... £3,495
08 08 Toyota Yaris 1.3 TR, Gunmetal, Alloys, 5 Door, AC, Digital Dash, 57,000 Miles.... ..... £3,995
06 06 Renault Modus Dynamique Auto, One Owner, Just 26,000 Miles! Park Sensors £2,595
06 06 Citroen C3 SX, Silver with Grey Cloth, Manual, Diesel..... £2,995
05 05 Honda Civic Executive, Petrol, Silver, Leather Seats, Just 49,000 Miles.. £3,995
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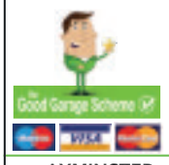

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Sport – East Devon round-up

with Howard Larcombe

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football the local round-up

Bubbling Beer go nap in coastal derby win

Tigers flounder in first half – Hawks hit eight in cup stroll – Upottery hit by new leaders late strike

football tables

SW Peninsula D1E (34)	Pld	Pts
Brixham AFC	25	51
Stoke Gabriel	24	49
Teignmouth	24	48
Torridgeside	24	47
Newton Abbot Spurs	25	47
AXMINSTER	26	45
Crediton Utd	24	44
Appledore	22	43
St Martins	25	33
Sidmouth Town	24	33
Bovey Tracey	24	28
Liverton Utd	24	28
Exeter University	21	26
Alphington	24	25
Galmpton Utd	24	18
Totnes & Dartington	24	17
Budleigh Salterton	19	15
Exwick Villa	23	13

D&E Premier (28)	Pld	Pts
Newtown	18	48
Honiton Town	17	48
Elmore	15	33
Heavitree Utd	14	29
Okehampton Argyle	17	26
Topsham Town	16	24
Exmouth Amateurs	18	24
Seaton Town	17	22
Feniton	16	21
Clyst Valley	17	21
Beer Albion	14	18
Upottery	20	18
Hatherleigh Town	20	13
Newton St Cyres	18	13
Bow AAC	17	4

D&E Div 1 (20)	Pld	Pts
Cronies FC	15	41
Sidmouth Town Res	13	24
Exeter University Res	14	23
Colyton	13	23
Lyme Regis	12	20
Exmouth Town Res	13	20
Witheridge Reserves	11	18
Alphington Reserves	14	13
Willand Rovers Res	16	11
Wellington Reserves	13	9
Bickleigh	14	3

D&E Div 2 (26)	Pld	Pts
Cullompton Rang Res	17	40
Lapford	16	39
Axmouth Utd	18	31
University 3rds	14	26
Dawlish Utd	17	26
Heavitree Utd Res	13	25
Woodbury	16	23
Dawlish Town	16	19
Tipton St John	16	18
Chagford	13	17
Newtown Reserves	17	17
Halwill	16	15
Budleigh Salt Res	19	14
Lympstone	16	13

D&E Div 3 (20)	Pld	Pts
Bampton	15	32
Exeter Univ 4ths	13	30
PERRY STREET	12	29
Axminster Town Res	15	29
Honiton Town Res	16	29
East Budleigh	19	29
Tedburn St Mary	18	23
Newton Poppleford	15	21
Clyst Valley Reserves	16	15
Exmouth Amat Res	17	11
Culm Utd	18	4

D&E Div 4 (24)	Pld	Pts
Thorverton	14	40
Uplowman Athletic	17	38
Kentisbeare	13	37
Ottery St Mary	19	27
Exeter Univ 5ths	15	25
Sandford	18	24
Countess Wear Dyn	15	21
Priory	15	17
Otterton	15	17
Pinhoe	16	17
Morchard Bishop	18	15*
St Martins Reserves	16	11
Sampford Peverell	17	7

D&E Div 5 (24)	Pld	Pts
Royal Oak	16	46
Crediton Utd Res	15	40
Winchester	15	31
Whipton & Pinhoe	15	28
Millwey Rise	17	28
South Zeal Utd	18	22
Starcross Generals	18	19
Feniton Reserves	16	19
North Tawton	15	17
Newton St Cyres	17	16
Beer Albion Reserves	14	13
Alphington 3rds	17	11
Awliscombe Utd	15	7

SW Peninsula League Division One (E)
Stoke Gabriel 4 Axminster Town 1

A DEFEAT at high-flying Stoke Gabriel sees Axminster Town drop two places to sixth in the SW Peninsula League (east) table.

The game was lost in the first half with Sean Finch scoring twice inside the opening half hour and Tom Kelly added a third before the interval.

Nathan Warren's seventh goal of the season 20 minutes from time provided scant consolation for the visitors who conceded again when Ollie Critchlow rounded off the scoring.

Three points will be very much on the agenda next Saturday when the Tigers entertain bottom-of-the-table Exwick Villa (3pm ko).

***Axminster**: Scott Wells-Burr, Craig Every, Ben Clay, Elliot Dyer, Chris Duchenski, Liam Cleal, Danny Clay, Nathan Warren, Aaron Daniels, Tony PinderCallum Garrett. Subs; Mark Scott, Joe Urquart, Mark Smale.*

DEVON & EXETER LEAGUE
Match Reports
Seaton Town 1 Beer Albion 5
Premier Division

BEER Albion came out on top in the East Devon derby in front of a large crowd at Colyford Road with an emphatic 5-1 victory *writes Richard Honnor.*

The first 25 minutes were uneventful. The Seasiders had most of the possession and were passing the ball neatly with midfielders Richie Durrant and Jacob Rowe pulling the strings.

But they lacked penetration in the final third and the Beer defence with three centre backs Denslow, Adkin, and Foster coped comfortably.

The Fishermen hardly managed to get the ball out of their own half had to wait until the 26th minute for their first attacking threat. Richard Walker made a good run down the left channel only to miscue his shot into keeper's arms.

This sparked the game into life and a minute later Seaton missed a great opportunity volleying over the bar from close range following a corner.

Then in a breath-taking six-minute spell Beer took control of the match. On 28 minutes, they were awarded a penalty when Jacob Clode was pushed off the ball as he ran on to Walker's through ball and Simon Smith rifled home the penalty.

Five minutes later Andrew Foster delivered a fine low cross which eluded the Seaton defence and George Harwood coolly tapped in. It was 3-0 seconds later as Smith set up Clode who was again brought down in the box.

Claims for another penalty were waved away by referee Richard Clutterbuck but it didn't matter as Seaton failed to clear their lines and Walker threaded a great ball to Clode whose cross was turned in by the despairing Seasiders centre back.

Seaton almost pulled a goal back when Adkin cleared his lines after a defensive mix up. Then the game reverted back to the pattern of the first quarter with Seaton dominating possession but producing little in front of goal.

The Seasiders lifted the tempo after the break and began to pose much more of a goal threat. The Fishermen's left flank was being regularly outpaced and on 49 minutes keeper Mark Rooke produced a fine save as he tipped over a fierce volley. From the resulting corner, Rooke again came to his side's rescue when he got down to save Wakely's low shot.

A Seaton goal looked inevitable and sure enough it came on 55 minutes when Rowe shot home from 18 yards.

But as the hosts pushed forward in search of another goal they were caught out on 57 minutes when Chris Long dispossessed the Seaton centre back and netted clinically from 18 yards to restore a three-goal cushion for the visitors.

Seaton were by no means finished and created some great chances but failed to convert. They were desperately unlucky on 67 minutes when Josh French shot narrowly wide from 20 yards after Smith was dispossessed.

As Seaton threw caution to the wind, Beer's forwards were finding space on the break. Long had a couple of chances to increase the Fishermen's lead but the hosts had strong appeals for a penalty turned down on 82 minutes and then missed a great opportunity two minutes later, shooting wide with the Beer defence in disarray, and then Adkin again clearing off his line.

But on 86 minutes, Long put the game well and truly out of Seaton's reach with a brilliant goal when Man-of-the-match Long brilliantly chipped the keeper after good work from Harwood and Luke Morrison.

Next week, Beer are at home to third-placed Elmore (3pm ko). Match sponsors are Richard Honnor, Peter Adkin, and David Graham (regular supporters of Beer Albion).

Millwey Rise 6 South Zeal 3
Division Five

MILLWEY started Saturday's game on the front foot and took the lead inside two minutes Jack Farrant, latching on to a pass from Nathan Womersley, stroked the ball into the visitors net *writes Dick Sturch.*

But a free kick from the visitors' Kyler Burns on the half hour levelled the score only for Rise to regain the lead five minutes later when they were awarded a penalty which was firmly dispatched by Shane Featherstone.

Then Zak Meaker had the ball in the net only to be denied by the linesman's flag before Tyler Warren completed the first half scoring with some impressive footwork and a shot which gave the keeper no chance.

Rise were given a rude awakening 10 minutes into the second period when Burns took full advantage of defenders hesitation and scored with a shot that went in off the far post.

Back came the hosts and Sam Burke restored the two-goal lead from close in. But still South Zeal kept pressing and were rewarded when James Williams scored with a firm header from a corner.

The best goal of the game came from a precision pass by Warren that Tyler Allen took on the half volley and drilled into the net. Womersley rounded of the scoring with the help of a Burke assist.

This was an enjoyable game to watch. Frustrating at times when Millwey "switched off" for no reason and allowed their opponents to dominate the game before regaining their composure.

Womersley was outstanding while the Lewis brothers, Haydn and Matty, put in a good shift in defence.

ROUND-UP *by Collin Goodwin*

ELMORE hopes of staying in the Premier title race may well have ended after they went down 2-0 to visitors HEAVITREE UNITED. Jordan Harris and Tommy Taylor scored second half goals but the star for Heavitree was keeper Tom Rowe with a world class save.

NEWTOWN went three points clear after winning 1-0 against UPOTTERY who nearly managed to hold on until substitute Ben Howard came on and found the net.

Joint leaders HONITON TOWN called off their match against CLYST VALLEY as Mountbatten Park was a victim of the weather which overall wiped out 13 matches.

The game at TOPSHAM TOWN was abandoned after 56 minutes with the hosts leading FENITON 1-0. The game was stopped after 56 minutes with Topsham leading 1-0.

EXMOUTH AMATEURS won 1-0 at home to HATHERLEIGH TOWN thanks to a Simon Withers penalty, and the derby game between OKEHAMPTON ARGYLE and BOW AAC ended 3-3, Paul Reed, Grant Vincent and Jon Harvey scoring for Bow.

The only game out of three to survive the weather in Division One saw leaders CRONIES win 5-2 at the UNIVERSITY, leaving them within two victories of the title. Liam Carey with a hat-trick, Luke Nickles and Jamie Fanson scored for the Cronies. Max Foster and Arthur Amble had the college reply.

In Division Two Theo Hill and Dave Goodhew scored in AXMOUTH UNITED'S 2-0 win over DAWLISH.

PERRY STREET are up to third in Division Three after powering to a 6-2 win at TEDBURN ST MARY, and were kept company by AXMINSTER TOWN who dealt with visitors CLYST VALLEY 3-1 with goals from Luke Finn, Jamie Barfoot and Sam Dibling.

Division Four leaders THORVERTON came through a tough game at PRIORY 4-2, and rivals KENTISBEARE were in good form as they won a thumping match at the UNIVERSITY 3-0.

OTTERY ST MARY drew 2-2 at SAMPFORD PEVERELL with their goals coming from Tom Williamson and James Gosney.

The ROYAL OAK underlined their claim for the Division Five title as they floored ALPHINGTON 9-0, but rivals CREDITON UNITED had to battle far harder to win at FENITON 3-1. Louie Hilton scored for the home side.

Division Six leaders EXWICK VILLAGE had to settle for a 2-2 draw at CENTRAL, so HEMYOCK and OFFWELL RANGERS gained ground with respective wins against TIVVY PARK RANGERS 5-2 and SILVERTON 3-1.

AXMINSTER TOWN 3rds missed the chance to go joint top of Division Eight after being held 2-2 at KENTISBEARE with Adam Whitehouse and Dan Turner on target for the Tigers.

In Division Nine WITHERIDGE foundered 2-1 against MILLWEY RISE. Mark Pike and Ollie Bailhache netted for the visitors

Finally, Ryan Pike and Tim Huxley scored the goals that earned HONITON TOWN 3RDS a 2-1 win at East Budleigh.

PERRY STREET LEAGUE
Arthur Gage Cup – Round One
South Petherton Res 1 Hawkchurch Utd 8

JAMES Melville took his season's goal tally up to 30 with a hat trick in the 8-1 demolition of bottom-of-the-table South Petherton.

Melville opened the scoring only for Joe Humphries to equalise soon after. But from here it was all Hawkchurch with Gavin Herrod and Andy Dymond making it 3-1 at half time.

Melville completed his hat trick after the turnaround with Jack Larcombe, Josh Short and Tom Chubb also getting on the score sheet.

RESULTS

MACRON DEVON AND EXETER PREMIER
Elmore 0, Heavitree Utd 2.
Exmouth 1, Hatherleigh Town 0.
Newtown 1, Upottery 0.
Okehampton 3, Bow AAC 3.
Seaton Town 1, Beer Albion 5.
Topsham Town v Feniton, Abnd.
DIVISION ONE
University 2, Cronies FC 5.
DIVISION TWO
Dawlish 0, Axmouth United 2.
Dawlish United 1, Chagford 2.
Halwill 5, Heavitree United 5.
Lympstone 3, Budleigh Salt 2.
Newtown 2, Woodbury 6.
DIVISION THREE
Axminster Tn 3, Clyst Valley 1.
Culm United 0, N.Poppleford 6.
Tedburn St Mary 2, Perry Street 6.
DIVISION FOUR
Pinhoe v Otterton, post.
Priory 2, Thorverton 4.
Sampford Pev 2, Ottery St Mary 2.
University 0, Kentisbeare 3.
Uplowman Athletic 1, Sandford 1.
DIVISION FIVE.
Beer Albion 1, Whipton &Pinhoe 2.
Feniton 1, Crediton Utd 3.
Millwey Rise 6, SouthZeal Utd 3.
Royal Oak 9, Alphington 0.
Winchester 3, Starcross Gen 3.
DIVISION SIX
Central FC 2, Exwick Village 2.
Dunkeswell 4, Stoke Hill 0.
Hatherleigh Tn 0, Halwill 9.
Hemyock 5, Tivvy Park Rgs 2.
Silverton 1, Offwell Rgs 3.
DIVISION SEVEN
HT Dons 1, Sidmouth Town 5.
Ilminster Town 2, Cranbrook 1.
Wellington Tn 2, K&M Polonia 1.
DIVISION EIGHT
Bradninch 0, Lapford 1.
Kentisbeare 2, Axminster Town 2.
Queens Head 2, Bravehearts 2.
Sandford 2, Newton Poppleford 8.
Seven Stars 2, Bampton 2.
DIVISION NINE
Central FC 4, Feniton 0.
Chagford 3, St Martins 0.
East Budleigh 1, Honiton Tn 2.
Witheridge 1, Millwey Rise 2.
FOOTBALL EXPRESS CUP
North Tawton 1, Winkleigh 0.

FIXTURES

Saturday, February 4th
PREMIER
Beer Albion v Elmore
Bow AAC v Newton St Cyres
Clyst Valley v Okehampton Argyle
Hatherleigh Town v Seaton Town
Heavitree United v Exmouth Amateurs
Newtown v Feniton
Upottery v Topsham Town
DIVISION 1
Exmouth Town v Alphington
Sidmouth Town v University
Willand Rovers v Bickleigh
Witheridge v Lyme Regis
DIVISION 2
Axmouth United v Lympstone
Budleigh Salterton v Chagford
Halwill v Dawlish United
Newtown v Heavitree United
Tipton St John v Dawlish
University v Lapford
Woodbury v Cullompton Rangers
DIVISION 3
Culm United v Bampton
East Budleigh v Perry Street
Exmouth Amateurs v Newton Poppleford
Honiton Town v Axminster Town
University v Clyst Valley
DIVISION 4
Kentisbeare v Pinhoe
Otterton v University
Ottery St Mary v Uplowman Athletic
Sandford v Sampford Peverell
St Martins v Priory
Thorverton v Countess Wear Dynamoes
DIVISION 5
Alphington v Newton St Cyres
Awliscombe United v Crediton United
Feniton v Beer Albion
North Tawton v Royal Oak
Winchester v Whipton & Pinhoe
DIVISION 6
Elmore v Dunkeswell Rovers
Exwick Village v Silverton
Hemyock v Central
Lyme Regis v Hatherleigh Town
Offwell Rangers v Tivvy Park Rangers
Stoke Hill v Halwill
DIVISION 7
Bickleigh v Wellington Town
Colyton v Woodbury
Cranbrook v H T Dons
Exmouth Spartans v Sidmouth Town
K & M Polonia v Cheriton Fitzpaine
Seaton Town v Ilminster Town
DIVISION 8
Amory Green Rovers v Axminster Town
Bampton v Seven Stars Kennford
Lapford v Kentisbeare
Queens Head v Newton Poppleford
DIVISION 9
Central v East Budleigh
Chagford v Feniton
Millwey Rise v Amory Green Rovers
Tedburn St Mary v Honiton Town

football tables

D&E Div 6 (24)	Pld	Pts
Exwick Village	16	38
Winkleigh	13	36
Hemyock	14	28
Offwell Rangers	15	28
Lyme Regis Reserves	12	24
Halwill Reserves	17	24
Central FC	12	23
Tivvy Park Rangers	14	17
Dunkeswell Rovers	16	15
Elmore Reserves	12	13
Stoke Hill	14	11
Silverton	16	5
Hatherleigh Reserves	15	5

D&E Div 7 (22)	Pld	Pts
Wellington 3rds	19	48
Ilminster Town Res	17	43
Cranbrook	17	41
Sidmouth Town 3rds	16	33
Exmouth Spartans	17	31
K&M Polonia Exeter	18	24
Woodbury Reserves	17	16
Cheriton Fitzpaine	17	15
Seaton Town Res	14	14
Bickleigh Reserves	14	11
Colyton Reserves	15	7
HT Dons	17	3

D&E Div 8 (22)	Pld	Pts
Upottery Reserves	14	37
Axminster Town 3rds	18	35*
Bravehearts	14	32
Lapford Reserves	16	28
Queen's Head	17	28
Kentisbeare Reserves	16	27
Newton Popp'd Res	18	26
Bampton Reserves	15	18
Amory Green Rovers	17	16
Seven Stars Kennford	17	13
Bradninch	19	12
Sandford Reserves	15	5

D&E Div 9 (18)	Pld	Pts
St Martins 3rds	16	37
Witheridge 3rds	17	32
Chagford Reserves	15	28
Honiton Town 3rds	16	25
Millwey Rise Res	13	24
East Budleigh Res	15	22
Central FC Reserves	16	15
Tedburn St Mary Res	14	14
Amory Green Res	15	13
Feniton 3rds	15	7

Perry Street Prem (20)	Pld	Pts
Beaminster	13	34
Barrington	11	27
South Petherton	12	27
Shepton Beauchamp	12	26
Winsham Utd	13	25
Misterton	11	17
Chard Utd	10	11
W & M Chinnock	12	9
Netherbury	12	9
Combe Reserves	11	2*
Drimpton	13	0

Perry St Div 1 (18)	Pld	Pts
Pymore	9	20
Merriott Rovers	9	18
Forton Rangers	10	17
Waytown Hounds	9	16
Uplyme	10	14
Hawkchurch Utd	6	13
Shepton Beau Res	8	11*
Ilminster Town Colts	9	10
Combe A	9	7
South Petherton Res	11	1

Perry St Div 2 (18)	Pld	Pts
Chard Rangers	10	27
Charmouth	13	23
Winsham Utd Res	11	22
Halstock	8	21
Farway Utd	11	21
Thorncombe	12	12
Dowlish & Donyatt	11	12
Crewkerne Rangers	8	6
Kingsbury Episcopi	12	6
Chard Utd Reserves	10	3

Perry St Div 3 (24)	Pld	Pts
Misterton Reserves	11	29
Forton Rangers Res	10	24
Uplyme Reserves	11	24
Crewk Rangers Res	12	22
Thorncombe Res	13	19
Merriott Dynamos	11	17
Ilminster Town A	14	17
Lyme Regis Rovers	12	13*
Fivehead	9	12
Chard Rangers Res	14	11
Farway Utd Res	12	8
Chard Utd All Stars	9	2*

hockey chard

Goss off to a flier

ECV Hornets B 2
Chard A 4

THIS game got off to a bang with three goals in the first nine minutes with Trevor Goss grabbing a brace.

On five minutes he finished off a wonderful sequence of Chard passes, Jason Goddard providing the cross and Goss firing home.

Then, after the Hornets had equalised just three minutes later, Goddard sent in another cross and Goss making no mistake from close range.

Kyle Wheaton then put Chard 3-1 up after the keeper had parried his first effort.

Chard eased further ahead 10 minutes into the second half from a penalty corner.

Harvey Dening's initial shot was saved but the ball fell to Gary Wheaton whose shot-come-pass found its way to Goddard who scored from close range.

The Hornets who pulled a goal back from a penalty corner and a diving save and follow up clearance by Nick Liggins prevented the home side from denying Chard all three points in the last few minutes.

Match sponsor: *Gordon Stoker* and Son, Jewellers & Valuers.

***Chard**: R Green, N Liggins, A Critchley, P Tratt, C Knight, N Parkinson, J Goddard, J Spurdle (capt), T Goss, H Dening, G Wheaton, T King, J Green, M Kane, K Wheaton.*

rugby chard

Hill's boot shoots down lowly Chard

Chard 7 Clevedon 22

HIGH-FLYING Clevedon were given a real run for their money by lowly Chard who battled hard throughout and played their part in an evenly contested match *writes Glyn Hughes.*

But the visitors had a real trump card in Keiran Hill who had an excellent afternoon kicking four superb penalties in the opening quarter to put Chard on the back foot.

Clevedon increased their lead with a try from lock forward Harley Foley. Hill added the conversion to take his side 19-0 clear.

Chard then just missed a try when they narrowly failed to get the touchdown after a fine kick to the corner.

But they deservedly got on the score sheet right on half time when Matt Tinley crossed wide out for a try which Osman converted to make it 7-19 at the break.

Hill increased Clevedon's advantage with another successful kick in the early in the second half.

Chard gave as good as they got for the rest of the match and were unlucky and felt they were unlucky not to get a penalty try when Clevedon had a player sent to the bin following a blatant infringement on their own line.

The defeat leaves Chard in the relegation places ahead of Saturday's visit by Weston (2.30pm ko).

Chard 3rd XV 52 Frome 3rds XV 12
Somerset 3 South

CHARD went up the hill in the first half and soon found that the scrum was Frome's strength but the front row of Milton, Nicholes and Lovelock were more than a match.

Chard ran in three tries in the first half through Squire, Mainwaring and E Lewis with a single try from the visitors making the score 17-5 at half time.

With the advantage of the hill in the second half, Chard ran in quick tries from for Szydelko and Watts although someinfringements meant that Frome got another try which was this time converted.

After a stern talking too from Captain Brian Sugar Chard stopped giving away cheap penalties and again went on the advance with two more converted tries from Squire and Szydelko putting the game beyond the dejected visitors.

The final try came from the halfway line with Warren Lewis carving through the Frome defence scoring under the posts.

Man of the match was given to Rhys Carnell by Captain Sugar but could have gone to any of the Chard team.

Next week Chard will be hosting a game between ex-Chairman Mike Duffy's team and current Chairman Gavin Smillie's squad (12 noon ko). Almost 50 players have registered an interest with a good number as part of the RFU and club return to rugby program.

Teignmouth Ladies 5 Chard 0

A SQUAD of 18 Chard Ladies, including two debutants, made the journey to Teignmouth on Sunday.

The pitch resembled a mud bath before the match and the rain didn't stop so the game was destined to be played up front with a soap-like ball.

Teignmouth kicked off and the contest remained just Chard's half for the majority of the first period with neither team managing to gain any advantage until a well worked move from Teignmouth score the only try of the match.

The second half saw Chard continue as they ended the first half dominating in the pack but not really able to take advantage.

Claire Baker was just pipped for Chard's player of the match by Captain Laura Jenkins.

angling ilminster aa

Morgan back with win

IT was hard going again for the 11 Ilminster AA members on the River Isle on Sunday in round eight of the Royal Oak League.

Terry Morgan did well fishing his first river match for a while to take the victory with a nice net of quality roach on the waggler weighing 10lb 13oz from peg 128 at Isle Brewers.

There was a tie for second place with Stuart Aplin and Steve Hurford both weighing 3lb 13oz from pegs 125 and 124.

After seven matches Graham Field leads with 12 points followed by Jamie Rich (13) and Rob Cox (14). Sections; A – Rob Cox (Ilminster) – 3lb, B – Justin Charles (Ilminster) – 3lb 8oz.

starter's orders running round-up

Clark shows clean pair of heels

AXE VALLEY RUNNERS *with Dave Mutter*

ELEANOR Wood, the only AVR runner to compete in the South West Veterans' 6k run at SIDFORD in wet and slippery conditions on Sunday, was pleased to finish third lady, 17th overall in 28:56.

The MOONLIGHT FLIT, billed as Devon's darkest half marathon as the race, starts at 5.30pm on the first night of the new moon and is a circular loop starting and finishing in Totnes.

The route, mainly off road muddy trails with five big hills to ascend, including the notorious Post Box Hill made for a tough run.

The race was won by Rhys Goodhead in 1:33:55. AVR Graham Newton finished 24th in 2:06:01, winning the over 60 vet men category.

N1 Tri Club were the dominant force is this week's SEATON PARKRUN with Johnny Livingstone winning in 17:24 and Alan Livingstone second, 18:02. AVR's Garry Perratt was third, 19:20 and triathlete Phoebe Clark the first lady, eighth overall in 20:20, out of the 137 runners.

One of the many wonderful things that parkrun offer is a network of organised 5k runs all around the country. Once you have registered then you can turn up with your barcode to any parkrun and get a time and position.

Matt Hewer and James Ashforth took part in the PLYM VALLEY PARKRUN.

With a lot of mud, off road, and a couple of hills to contend with the pair's 5k PB's where never going to challenged. Matt came fourth in 20:17 and James 23rd, 23:21 out of a total of 201 participants.

HONITON RC *with Judy Davey*

PHOEBE and Alice Clark from Honiton Running Club Juniors took part in the recent EXETER HARRIERS track series.

Phoebe ran the longer 3K distance even though this race was an older category than the U15 that Phoebe should have been in.

Despite this, she won her heat 11 minutes 9 seconds. Alice won the U13 1500m in 5.50 even though she is only 10 years old.

netball honiton league

Big win for slick Tyres

IT was a week of middle order games in **Division One** with Otters playing HNC Hot Shots and Sidmouth Toucan Chicks up against Ford &Pentecost Panthers.

Hot Shots took the honours in their game with 36-27 win despite being behind 16-15 at half way. Star of the show for Hot shots was Bryony Monaghan with Kerry Machell being the pick of the Otters.

Sidmouth Toucan Chicks held onto their third place thanks to their 34-23 victory over Ford &Pentecost Panthers who are having a comfortable first season settling into the top flight.

Chicks led from the off with Emily Rudolph doing well whilst Anna Benson played well for the Panthers.

In **Division Two** Beer Blazers bounced back from their set back last week to record their third win in four games when they defeated Pixies 26-20 in a close game.

With Becky Dormer having another good game, Beer were 8-3 up at quarter time and although the following quarters were even, that early lead was maintained despite Georgie Selley working hard for Pixies.

Meanwhile, JD Tyres record a comfortable 39-4 win over Swaggermamas with Sam Brunskill in great form. Karen Bennett was the pick of the 'Mamas.

Division One	Pld	GD	Pts
Flamingos	10	240	28
Hi Q	10	215	28
Sidmouth T Chicks	9	122	21
HNC Hot Shots	10	-48	20
Otters	9	22	18
F & P Panthers	10	-69	15
Howden Hawks	9	-295	2
Signs SW	9	-187	2*

Division Two	Pld	GD	Pts
Sidmouth Toucans	10	107	28
Tip Top Trees	10	54	28
Blackdown	10	97	26
Otter Valley	10	54	20
JD Tyres	11	39	18
Beer Blazers	11	-70	14
Pixies	11	-118	12
Swaggermamas	11	-163	11

on the fronter around the local skittles leagues

Colyton

Div 1; Axminster Con A 382 (I Macdonald 68) Gerrard A 353 (D Hawkins 75); Tuckers Arms B 371 (D Coombes 69) Red Lion A 359 (M Lewis 68); Colyton Club A 354 (G Hartnell 69) New Inn A 344 (G Smith, D Jones 63); Red Lion Cavaliers 386 (P Stone 71) Vine B 363 (K Gush 70); Lamb B 329 (A Churchill 68) Seaton FC A 313 (M French 61); Cloakham B 355 (P Miller 69) Honiton Con D 379 (M Wheaton 79); Colcombe A 472 (R Parsons 101) Lamb A 465 (B Moore 86);

Div 2; Honiton WMC A 357 (M Cardy 67) Ship C 330 (N Ostler 64); Vine A 334 (C Every 67) Offwell A 337 (D Spragg 59); Tuckers A 347 (D Dower 63) Honiton Converts 361 (A Down 71); Eagle Tavern 408 (C Hutchings 92) Colcombe Beerboys 383 (P White, S Bartlett 74); Dolphin Vikings 378 (A Parkhouse 74) Kings Arms Beers 365 (C Brown 69); Gerrard B 361 (M Orsman 67) Volunteer A 361 (S Charlton 72);

Div 3; Three Tuns BTP 303 (K Zarczynski 56) Mountbatten Whites 298 (A Webb 55); Volunteer B 302 (S Isaac 59) Wilmington Harts 310 (J Woollacott 63); Kingfisher A 302 (A Bishop 61) Colcombe B 313 (T Yates 56); Ship A 358 (D Minchin 67) Red Lion Sidbury 360 (J McQueen 70); Sidbury Village Inn 346 (G Ruck 63) Cloakham Wanderers 333 (D Weston 59);

Div 4; Seaton FC B 347 (Liz Furber 67) Winstons A 316 (P Burrows 60); Honiton ConArtists 338 (D Jones 69) Rising Sun B 333 (K White 61); Honiton Con A 330 (T Bennet 67) Honiton WMC B 325 (G Hart 61); Heathfield A 347 (D Pearse 68) Axminster Inn A 379 (D Morgan 74); Rising Sun A 347 (R Parsons 63) Tuckers Arms C 317 (R Dare 56);

Div 5; Winstons KOOTS 332 (D Purrington 62) Dolphin B 331 (L Matheson 62); Seaton Bowling 285 (T Hurley-Smith 53) Heathfield B 269 (M Glaeser 53); Offwell B 410 (S Scotland, L Stubbs, A Olive 74) White Hart A 334 (S Hallworthy 66); Honiton Con Raiders 341 (D Garland 66) Sidmouth Arms Kings 333 (S Fuller 65); Colcombe Nomads 393 (T Wills 70) Kingfisher B 349 (B Dowell 67).

Division One	Pld	Pts
Red Lion Cavs	16	26
Axe Con A	16	25
New Inn A	16	22
Vine B	16	20
Gerrard A	16	19
Tuckers Arms B	16	19
Colyton Club A	16	17
Honiton Con D	16	16
Lamb B	16	16
Seaton AFC A	16	14
Colcombe A	16	10
Red Lion A	16	10
Lamb A	16	6
Cloakham B	16	4

Division Two	Pld	Pts
Offwell A	16	22
Vine A	16	22
Volunteer A	16	21
Sidbury SC Stones	15	18
Dolphin Vikings	16	18
Ship C	16	17
Honiton WMC A	16	15
Wheelwright A	15	14
Eagle Tavern	16	14
Gerrard B	16	14
Honiton Converts	16	14
Colcombe Beerboys	16	13
Kings Arms Beers	16	10
Tuckers Arms A	16	9

Division Three	Pld	Pts
Wilmington Harts	14	20
Vine Nomads	13	17
Sidbury Village Inn	14	17
Cloakham Wanderers	14	14
Volunteer B	14	14
Red Lion Sidbury	13	13
Kingfisher A	13	12
White Hart B	13	12
Colcombe B	14	12
Mountbatten Whites	14	12
Three Tuns BTP	12	10
Ship A	12	6

Division Four	Pld	Pts
Rising Sun A	14	26
Axe Inn A	14	17
Kings Arms A	13	16
Heathfield A	14	16
Honiton WMC B	13	15
Honiton Con A	13	13
New Inn B	13	11
Winstons	14	11
Honiton Con Artists	14	10
Rising Sun B	14	10
Seaton AFC B	14	10
Tuckers Arms C	14	8

Division Five	Pld	Pts
Colcombe Nomads	13	22
Colyton Club B	12	20
Offwell Rejects	14	20
Seaton Bowling	13	16
Sidmouth Arms Kings	14	16
Winstons Koots	14	14
Dolphin B	13	12
White Hart A	14	12
Kingfisher B	13	10
Heathfield B	13	8
Honiton Con Raiders	14	6
Tuckers Arms D	13	4

Axminster

Men's Ellis Shield Round Two

B&Gs 302 (C Sharpe 61) New Inn Hawks 178 (R Cligg 36), Gerrard D 241 (M Facey 53) Wooton Cowboys 275 (P Studley 57), Green Army 240 (D Kelland, M Pidgeon 55) Seaton BC 157 (D Milland 34), Kings Arms Seaton 230 (K Massey 57) Thorncombe B 214 (M Boulton 46), Ax Con Rebels 249 (M Summers 57) The Feds 183 (L Tooze 41), Old Inn Kilm A 270 (J Perkins 56) Ax FC IV 217 (G Harding 44), Red Devils 367 (K Bull 67) Ax FC B 259 (A Elm 61), Tuckers C 292 Bottle Inn 279 (P Wallis 65), Lamb A 249 (N Jones 50) Ax Jokers 260 (A Churchill 56), Thorncombe A 257 (G Harding 59) Colcombe A 270 (M Bright 51), Sidmouth Arms 220 (R Reed 49) Ax Con A 189 (S Trott 44), Colcombe Nomads 265 (J Coe 53) Wooton Sherberts 270 (J Chapman 60), New Inn C 220 (R Webb 53) Red Lion D (T Herbert Jr 51), Thorncombe C 292 (C Ellis 57) Lamb Spartans 269.

Ladies League results

Div 1; Red Lion A 346 (L Shepperd 63) Colcombe A 345 (A Ogden 67), Ax Inn A 351 (S Boyland 65) New Inn B 295 (M Mear 60), Gerrard Guzzlers 308 (M Kiff 57) Bees Knees 313 (S Russell 63), Colcombe Girls 377 (M Wills 88) Thorncombe Newtops 327 (K Churchill 62), Wotnots 396 (L Galloway 84) Rousdon Ladies 373 (E Beviss 78).

Div 2; Tuckers A 334 (L Gould 63) Colcombe Angels 336 (A Pearce 64), Cloakham A 342 (C Carslake 65) Ax Inn Allsorts 331 (R Enticott 66), Colcombe B 369 (S Wilton 69) Red Lion Rabble 350 (L Warren 70), White Hart Wilm A 304 (J Bishop 53) Tuckers B 306 (S Cooper 56), Seaton FC 323 (K Hales, S Smart 64) BattleAxes 307 (S Bennett 59), Thorncombe A 302 (A Deeley 56) Gerrard A 315 (A Kay 62).

Ladies Division One	Pld	Pts
Axe Inn A	15	26
Wotnots	13	22
Seaton Bowling Club	13	20
Red Lion A	15	18
Colcombe Girls	15	14
Rousdon Ladies	14	13
Gerrard Guzzlers	14	11
New Inn A	14	11
Bees Knees	14	11
Colcombe A	13	10
New Inn B	13	8
Thorncombe Newtops	15	4

Ladies Division Two	Pld	Pts
Cloakham A	16	20
Tuckers Arms B	15	20
Gerrard A	15	20
Battle Axes	15	18
White Hart Wilmington A	16	18
B & Js	15	16
Colcombe B	16	16
Tuckers Arms A	16	14
Seaton FC	14	14
Colcombe Angels	16	14
Thorncombe A	14	10
Red Lion Rabble	13	8
Axe Inn Allsorts	15	8

Crewkerne & District

Division One	Pld	Pts
Super Sexy Six	13	121
Lost Boys	13	115
Headhunters	13	100
The Coachmen	13	95
Mighty Ducks	13	93
Football Club	13	74
Stray Cats	13	73
King Willy Dogs	13	67
Rollers	13	59
Odd Bobs	13	55
Royal Oak Drimpton	13	43
Sports 92	13	41

Division Two	Pld	Pts
Loud & Proud	12	95*
Perrott Monkeys	13	94
Brewers Bees	13	91
Skimmers	13	88
Rugrats	12	83
Pinbusters	13	83
Hillbillys	13	77
Raptors	13	68
Muppets	13	64
Ugly Ducklings	13	63
Fudders	13	62
Fryers	13	50

Division Three	Pld	Pts
DBST	13	100
Royal Chokers	13	97
Admiral 6	13	90
The King's Jesters	13	90
Chis Colts	13	88
Sandbaggers	13	78
Rotary	13	75
Concorde	13	71
Beer Leg Boys	13	71
Willy Low Flyers	13	67
King's Men	13	55
The Likely Lads	13	54

Top Score; T.Champion (Loud & Proud) & V.Ball (Likely Lads) both 65.

Ilminster & District

Nomination Div 1; Ashill Boys 170-2 (R.Robson 29, M.Brown 6) Floaters 184-10 (J.Miles 42, D.Priddle 04), Hatch Eggs 178-1 (B.Honeyball 31, C.Desave 9) Crown Crusaders 246-11 (A.Berry 41, R.Sims & M.Wriste 25), Flying Turkeys 259-11 (T.Towill 62, A. McGowen 17) Nomads 182-1 (T.Symes 40, D. Allen 4), Royal Oak Faces 169-10 (S.Whaites 33, N.Jenkins 12) Ilton Choppers 157-2 (J.Manley 32, S. Chown 9).

Nomination Div One	Pld	Pts
Flying Turkeys	8	86
Royal Oak Faces	8	73
Crown Crusaders	8	72
Nomads	8	50
Ilton Choppers	8	40
Floaters	8	36
Ashill Boys	8	35
Wyndham Warriors	8	29
Hatch Eggs	8	11

Nomination Div 2; Cricketers 254-2 (M.Newbury 39, J.Philips 10) Rocky's Rollers 256-10 (B.Welch & T.Clapp 41, A.Rocket 16), Bell A 244-2 (G.Lawrence 41, W.Welch 17) Flying Turkey Allstars 306-10 (D.Dabinett 56, J.Kingman 22), Kings Head 256-9 (M.Cable 47, G.Merrick 12) Wyndham Clangers 243-3 (I.Yeadon 42, N. Phillips 11), Bell Broadway 252-9 (K.Crouch 50, T.Bishop 14) Ashill Inn 251-3 (N.Dopson 49, M.Gabriel 18).

Nomination Div Two	Pld	Pts
Cricketers	7	17
Hatch Beagles	8	62
Rockey's Rollers	8	56
Flying Turkeys All Stars	7	56
Bell A	8	40
Kings Head	8	38
Bell Broadway	7	26
Wyndham Clangers	7	23
Ashill Inn	6	18

East Devon Hunt

Division One	Pld	Pts
Culm Vale	15	22
Marvels	15	20
Blacksmiths	14	18
Ur Arrs	15	18
Talaton	16	18
Honiton Clyst	15	16
Marsh Green	16	16
Foxenhole	15	15
Auctioneers	16	14
Night Owls	14	13
Stags	15	12
Sutton Wanderers	15	12
Upottery	15	10
Sidford	14	6

Division Two	Pld	Pts
Jack's Lads	14	24
Latecomers	13	20
A Team	14	20
Keepers	14	18
Zulu Warriors	13	15
Cocks & Hens	14	14
Perkins Village	13	13
Breakaways	13	12
Top Cats	13	10
Tuckers Arms	13	10
Awliscombe Shoot	12	9
Brooksiders	13	5
Bakers 8	13	2

Division Three	Pld	Pts
New Inn	11	20
Broadclyst	13	16
Guys & Gals	14	16
Bashers	10	15
Axe Valley	14	15
Goldtops	14	15
Yetties	11	14
Here for the Beer	12	12
Alley Cats	13	10
Maynards	11	8
Cee Dee's	14	8
Yoyo's	12	6
Earth Stoppers	11	5

Top Scores; Matt Kingdon 99 (Ur Arrs), Rob White (Marsh Green) 96.

cricket crewkerne cc

Preparations underway

CREWKERNE Cricket Club have recently started their preparations for the coming 2017 cricket season with specialist winter coaching being held at the County Ground in Taunton for 20 youngsters throughout January.

This leads on to further pre-season sessions for Juniors beginning on Friday, February 3rd at Wadham School Sports Hall between 7 and 9 pm. These sessions will be led by Neil Staines who is a level 2 coach.

This season Crewkerne are running teams at Under 10 and 12 level in the Mid-Wessex League and are also entering a team for the first time in the Taunton & District Under 15 League.

At Senior level the club is running three teams in the Somerset League on Saturdays, one on Sundays in the Mid-Wessex League, and one in the Chard Evening League. Practices for seniors begin in Monday, February 6th from 6.30 until 8 pm.

The Club's first XI have again moved up a division and are now competing in Division 5. The 2nd XI are in Division 7 South with the 3rd XI in Divison 8 South.

The Crewkerne third XI made their debut last season and the club is keen to develop this further and welcomes any new players, including those new to cricket, to help grow this side.

For further details please contact either Youth Co-ordiantor Neil Staines 07765-989694 or Club Secretary Nick Keylock on 07855-984854.

darts chard & district

Premier Division	Pld	Pts
Rejects Return	7	135
High 4 & a Half	7	132
Wanderers	7	107
Crusaders	7	92
BDBs	7	91
Hobnobs	7	89
Happy Sharks	7	65
Hopefuls	7	61
PAs	8	73
Cult of Personality	8	67
Pirates	8	67
Nice Ricks	8	63
Pig Jockeys	8	60

Most 180s; P.Lawrence x5, L.Cox x4, S.Rutter & S. Mainwaring both x3, G.Knight, & G.Hill both x2, 12 players x1.

Most 180s; S.Castle & M.Ballance both x2, 12 players x1.

Division One	Pld	Pts
Okey Doaks	8	98
Pop Darts	8	92
Random Tossers	8	88
Down's	8	81
HRT	7	91
Madhouse Crew	7	82
Stumpy's Gang	7	78
Happy Days	7	70
Dizzy Tarts	7	66
No skill, just lucky	7	56
The Haymaker	7	48
Two minute crew	7	48

Division Two	Pld	Pts
Chard Casuals	9	29
Colyton ExCons	10	26
Colyton Feds	9	26
Sidmouth Cons	10	21
Honiton WMC	9	15

Most 180s; A.Pidgeon & K.Tovey both x1.

snooker seaton & dist

Sidmouth settling in well

SIDMOUTH Cons continue their improvement taking three frames from the Feds at Colyton.

Meanwhile, league leaders Honiton Wonderers notched up another five frames against the ExCons, where Greg Jones won the single frame for the Cons against Steve Canniford.

In the third fixture bottom-of-the table Honiton WMC struggles continued with a 5-1 defeat.

Results (Jan 24th); Honiton Wonderers 5+0 Colyton ExCons 1+0, Colyton Feds 3+0 Sidmouth Cons 3+6 Colyton TC 5+0 Honiton WMC 1+2. **Breaks**: Graham Ward 39, Ben Pike 41.

League table	Pld	Pts
Wonderers	10	55
Colyton TC	9	29
Colyton ExCons	10	26
Chard Casuals	9	26
Colyton Feds	9	26
Sidmouth Cons	10	21
Honiton WMC	9	15

Bruce Miller Cup	Pld	Pts
Wonderers	10	55
Chard Casuals	9	48
Sidmouth Cons	10	41
Colyton TC	9	35
Colyton Feds	9	34
Colyton ExCons	10	26
Honiton WMC	9	25

darts axminster

RESULTS (Jan 17th)

Team; Dapper Darts 0-6 The Swamp, Lamb Shanks 3-3 Axminster Inn, Red Bulls 2-4 Len Goodmans.

Singles; Dapper Darts 0-4 The Swamp, Lamb Shanks 1-3 Axminster Inn, Red Bulls 1-3 Len Goodmans.

Team table	Pld	Pts
The Swamp	9	18
Vault A	9	14
Con Club	8	14
Len Goodmans	9	10
Red Necks	9	9
Axminster Inn	10	8
Lamb Shanks	10	6
Dapper Darts	8	1
Red Bulls	8	0

Singles table	Pld	Pts
The Swamp	9	32
Vault A	9	27
Con Club	8	24
Len Goodmans	9	20
Axminster Inn	10	18
Red Necks	9	15
Lamb Shanks	10	13
Red Bulls	8	6
Dapper Darts	8	5

short mat east devon league

Evening D1	Pld	Pts
Beer	7	11
Sidbury Whites	7	8
Sidbury	6	7
Musbury	7	6
Upottery	5	5
Colyton	6	5
Seaton	6	2
Beer	7	8
Upottery	8	8
Ottery St Mary	7	5
Seaton Yellow	8	5

Evening D2	Pld	Pts
West Hill	7	11
Awliscombe	8	10
Uffculme	7	8
Sidbury Reds	7	7
Ottery St Mary	7	5
Colyton B	6	1

Afternoon D1	Pld	Pts
Colyton	8	10
Awliscombe	8	10

Afternoon D2	Pld	Pts
St Teresa's	8	10
Seaton Blue	8	9
Sidford Blue	8	9
Lyme Regis	8	7
Combe St Nicholas B	8	7
Chard	8	6

Afternoon D3	Pld	Pts
Musbury	8	12
Hemyock B	8	10
Colyton B	8	8
Combe St Nicholas A	8	8
Seaton Green	7	7
Sidford White	7	1

tee-off golf round-up

As the crow flies – David's drive disappears!

AXE CLIFF *with Peter Motson*

THE Men's section played their HANGOVER CUP, format as Bogey on New Years Day.

In first place was Stuart Mackie with a 0 and in second was Craig Trivett with -1. Chris Alexander, Andrew Hellier and Craig Tirvett all carded 2s.

The January Medal and COSH TROPHY was held on January 8th when the winner of Division One was Mike Cottam with a net 66. In second was Chris Glover with a net 67.

Division Two was won by Steve Anning with a net 69, Jin Hong was second with with a net 70. Paul Clode, Anthony Hellier, Alan Cooper, Alan Morgan, Nigel Garwood and winner of the Cosh Trophy Gavin Walker, all scored 2s.

The Men played the fifth round of the WINTER LEAGUE on January 15th, format stableford. In first place was Anthony Hellier with 39pts, second was Nigel Pritchard (38) and 3rd was Tom Spencer with 37. Anthony Hellier and Simon Sweetland both carded 2s.

On January 22nd the Men played the DAILY MAIL FOURSOMES in medal format. In First spot were Paul Clode & Simon Sweetland with a net 65.5, In second were Chris Glover & Tom Spencer with a net 67.5

The LADIES SECTION played the first of their County Prize matches last Wedsnesday in stableford format.

Despite the sunny weather the scores were not great but again the 16th played a part, no Eagle this week, just a birdie by Margaret Kenchington for four points which helped her score 29 and take first place on countback from Anne Jarvis. Sandra Walker was thgird with 28.

The SENIORS SECTION played a Winter League match the following day which was won by Tony Strong (hc 6) & Phil Christmas (hc 26) with 36pts. In second place were Terry Jessup (hc 21) & Adrian Bishop (hc 23) with 31 and, in third on a countback were Rob Heard (hc 15) & Dave Sammons (hc26) also with 31. Rob Grove scored the only two of the day.

CRICKET ST THOMAS *with Bert Robinson*

THE fifth round of the Winter League was postponed due to heavy frost Monday,

Instead, 16 members opted for a four-man TEXAS SCRAMBLE on temporary greens.

Result: 1st John Wandless; Trevor Dobson; Nick George & Keith Branchflower 55.6, 2nd Roger Stone; Alan Chance; John Evans & Mike Hone 56.7.

Meanwhile, 45 seniors took part in the three-man HASSLE on Wednesday. This was reduced to a 15-hole competition due to the Burns lunch which was to follow and raised £164 for the Captain's charity, Diabetes UK.

Result; 1st John Wandless; Des Denning & Roger Miller 47.0, 2nd Chris Gingell; Alan Davis & Bill Hilson 48.2, 3rd Ken Trussell; Mike Hone & Paul England 48.67.

Finally, 39 players took part in the three-man "all to count" stableford competition on Friday.

Result: 1st Malcolm Roy; George Wallace & Don Taylor 119 points, 2nd Rod Stevens; Bob Barrow & Nick Clarke 101, 3rd Martin Bargery; Ron Davis & Phil Dewar 99.

HONITON *with John Pawley*

LAST week the Tuesday Mixed group played a four-ball team event with any two scores to count.

Early morning fog had threatened the mens roll-up but the sun eventually won through to give a good afternoon.

Winter greens didn't affect the team of Di Wall, Sue Williams, Max Pipe & John Frith as they excelled with a magnificent 91 points. Maureen Tollemache, Linda Curtis, Laurie Tollemache & Mike Delaney were second with 81 and third, on count-back, were Linda Northover, Liz Wood, John Northover & Ken Wood.

Last Wednesday new Lady Captain **Janet Hughes** was asked to execute a spectacular drive from the 18th tee, and she didn't disappoint the members who had placed bets on where her drive would end. Ron Graham expertly predicted where her ball would stop.

Janet then accompanied ex-Lady Captain Jane Watts in the traditional putt-out on the 18th green. Prior to this, 33 ladies played a 3BBB Stableford with two scores to count over 14 holes off a shot-gun start.

Winners were Chris Pearce, Sharon Rouse & Ann Desmoulins with 59pts, with Jane Watts, Linda Blundell & Linda McLaughlin second with 57 on count-back from Heather Clarke, Sarah Dawe & Gill Johnson.

Afterwards Janet provided a generous lunch before presenting prizes for the day's events, and introduced a fines scheme which will go towards her chosen charities for the year - TRIP Community Transport and Honiton Dementia Action Alliance.

A chilly wind greeted the 60 Seniors for their Texas Scramble competition on Friday. In the same week that wife Janet took over the Lady Captain's role at the Club, David Hughes hit his drive off the 11th only to watch as a crow picked it off the fairway and flew off!

The overall scores decreased steadily till Bill Eaton, Bob Cockett & Roger Matthews entered the clubhouse. When 62.0 was posted on the board everyone knew that early favourites Bob Cleal, Tony Williams & Dave Lee's were going to be second with their 63.4, with Christ Street, Peter Clarke & Mike Jones third on 64.7. Fourth place was taken by the 65.0 of Tom Tunnicliffe, Bill Phillips & Jim Wallis. Vic Wood marked his return after illness by sinking his put on the fourth – and walked off with 39 new balls!

◆ **NICELY DONE:** New Honiton Lady Captain Janet Hughes on her drive-in.

◆ **TOP TRIO:** Texas Scramble winners at Honiton Bob Cockett, Bill Eaton and Roger Matthews

jack high bowls news and round-up

Big win sees Honiton in last eight

CREWKERNE

Monday, January 23rd; our visitors were CHARD SMBC for a mixed friendly, scores; David Charnick, Sally McCleud & Stuart Gould 15 Stan Ducker 10, Gwen Saunders, Tricia Harris & Bill Green 6 George Milner 9, Jean Lane, John Lacey & Julia Davies 7 Phil Stringer 11, Carol Thackaberry, Kathy Bonney & Gordon Bodily 3 George Milner 10. Final score Crewkerne 31 Chard 40.

CHARD *with Janet Bodily*

Monday, January 16th; Six members travelled to LYME REGIS to play an East Devon League match, scores – **Singles**; George Milner 2-11, Norman Sumpter 9-4, George Milner 3-14, Norman Sumpter 1-13. **Pairs**; Jenny Cornelius & Glen Milner 4-8, Beatrice Callagan & Gillian Leighton 11-4, Jenny Cornelius & Glen Milner 9-8, Bearice Callagan & Gillian Leighton 7-8. Final score; Lyme Regis 70 Chard 46.

Milford & Dormor – Mixed Triples League

Thursday, January 19th; Hurricanes 16 Greyhounds 10, Trull 15Musbury 9, Harlequins 21 Robins 10.

Monday, January 23rd: Nine members travelled to Crewkerne smbc to play a mixed friendly, scores; Dot Ducker, Ena Stringer & Stan Ducker 10 Stuart Gould 15. Glen Milner, Margaret Flynn & George Milner 9 Bill Green 6. Jenny Cornelius, Vic Barnard & Phil Stringer 11-Julia Davies 7, Margaret Flynn, Stan Ducker & George Milner 10 Gordon Bodily 3. Final score Crewkerne 31 Chard 40.

HONITON *with Julie Grant*

A VALIANT victory in the Vivienne competiton means that Honiton ladies have reached the national quarter final.

The team had an outstanding 70-29 win ousting NORTH WILTS from the competition. All four rinks won, but away at Chippenham they were so far ahead that North Wilts conceded! Top triple, who were playing away, were Ann Brown, Carol Armitage & Gail Hawke.

The quarter final against Palmerston is scheduled for February 9th at Dolphin.

In the Ladies county top club, defending champions Honiton beat SIDMOUTH four events to one - winning the pairs, fours and two wood singles away, and the four wood singles at home. This takes Honiton into the county semi final on February 26th.

There was a mixture of results in the mixed friendlies. The NOMADS were beaten 106-61, top rink; Myra Singleton, Keith Parsons, Marian Vessey & Eddie Sharman 39-6.

At SIDMOUTH one rink won, one lost and one drew as Honiton lost 54-55, the winners were Carol Armitage, Joan Mackintosh, Ian Peel & Bill Nicholls 22-14.

Away at BUDLEIGH Honiton there was a winning rink of Yvonne Williams, David Young, Andrew Lowe & Ken Clarke 16-14 in an overall 35-31 defeat

In the Men's ICL game against PLYMOUTH B Honiton won 72-69 with three winning rinks, the best being Chris Maynard, Tony Tooley, Gerry Stafrace & Trevor Pipe 19-16.

ILMINSTER *with Des Maull*

ILMINSTER men defeated vistors Winscombe 67-40 in the three-rink friendly on Sunday. Details: Brian Welch, Derek Carter, Tony Bickle & Roger Lench 22 M Dorrington 12; Kevin Crouch, Ken Parker, David Pugh & Kevin Hamilton 23 M Nash 14; Steve Peasland, Roy Orme, Dave Crouch & Ian Lightfoot 22 T Dudley 14.

crib round-up

HONITON

RESULTS (Jan 26th); Feniton Soc B 3 Vine Inn B 5, Thirsty Farmer 4 Blacksmith Arms 4, Vine Inn A 5 Feniton Soc A 3, Workingmens A 4 Honiton Inn A 4, Workingmens B 4 New Fountain 4.

Captains Cup; Audrey Hawkins 0 Julie Bath 1, Brenda Flood 0 Steve Pettitt 1,
Julie Davis 0 Lionel Hawkins 1, Lorraine White 1 Mike Dent 0, Maureen Pendrick 1 Hedley Hawkins 0.

Fixtures (Feb 2nd); Blacksmith Arms v New Fountain, Feniton Soc A v Workingmens B, Honiton Inn A vVine Inn A, Vine Inn B v Honiton Inn B, Workingmens A v Feniton Soc B.

Table	Pld	Pts
Blacksmiths Arms	19	91
Vine Inn B	18	83
New Fountain	18	79
Vine Inn A	18	78
Thirsty Farmer	19	73
Workingmens B	18	72
Workingmens A	18	70
Feniton Social B	18	68
Feniton Social A	18	63
Honiton Inn B	17	59
Honiton Inn A	17	56

Captain's Cup	Pld	Pts
Lionel Hawkins	18	15
Julie Davis	18	11
Julie Bath	18	10
Brenda Flood	19	10
Lorraine White	18	9
Rita Freemantle	17	9
Maureen Pendrick	18	9
Hedley Hawkins	18	8
Mike Dent	17	7
Audrey Hawkins	18	6
Steve Pettitt	19	5

LYME REGIS

RESULTS (Jan 23rd); Talbot Arms 2 Stepps 3, Gerrard Arms 2 Dolphin 3, Lamb Swans 2 Ship Inn LR 3, New Inn Kilm B 3 New Inn Kilm A 2, Ax Con Club 3 Charlie's Angels 2.

Beer League; Talbot Arms 1 Stepps 2, Gerrard Arms 1 Dolphin 2, Lamb Swans 2 Ship Inn LR 1, New Inn Kilm B 1 New Inn Kilm A 2, Ax Con Club 1 Charlie's Angels 2.

Fixtures (Monday, Feb 6th); Losers Cup Semi-finals - at Malt House, Seaton 7.15 for 7.30pm start - teams involved; Charlie's Angels, Stepps, Nags Head and New Inn Kilm A.

Table - Week 17	Pld	Pts
Nags Head, LR	15	47
Gerrard Arms	16	44
New Inn Kilm A	16	42
Ship Inn, LR	16	41
Axminster Con Club	16	41
Dolphin, Beer	15	39
Talbot Arms, Uplyme	15	38
Lamb Swans	16	37
Charlie's Angels	15	36
Stepps	15	36
New Inn Kilm B	15	24

Beer League	Pld	Pts
Nags Head, LR	15	29
Stepps	15	27
Lamb Swans	16	25
New Inn Kilm B	15	25
Axminster Con Club	16	24
Charlie's Angels	15	24
Gerrard Arms	16	23
Ship Inn, LR	16	21
New Inn Kilm A	16	19
Talbot Arms, Uplyme	15	19
Dolphin, Beer	15	18

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No way past!

◆ TACKLED: Axminster Town Reserves' skipper Danny Galloway keeps out a Clyst Valley Reserves attack in saturday's 3-1 win at Tiger Way. *Photo by ANDREW GRAHAM*

Hurst named Devon Player of the Year

SEATON Tennis club's Emma Hurst was awarded Devon LTA Senior Player of the Year award last week in Exeter for her contribution to county tennis during 2016.

As well as reaching a world ranking high of 870, qualifying for the Wimbledon British Wildcard play-offs, winning her first ITF doubles title, taking gold in the BUCS Ladies Tennis Championships (British Universities and Colleges Sport), and a team bronze medal for Great Britain in the BNP Paribas Masters in France, Emma has also been committed to representing Devon during the year.

In the Summer County Doubles Cup, Emma and Torquay's Kendal Brown enjoyed 14 out of 15 wins, followed by promotion to Division Four in the Winter County Cup at Taunton.

Devon LTA commented at the Awards ceremony: "Emma's loyalty to the county is much appreciated and she is applauded for her success which is very much due to her hard work and focus, not to mention the support from her coaches, family, and Seaton Tennis Club."

◆ SUPERB YEAR: Emma Hurst

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"Excellent induction by Josh. Thank you. I will enjoy my workout time even more now with my new programme to follow. Roll on Monday! Always welcomed by friendly staff on reception, always someone around if any questions need answering. Clean well equipped gym. Highly recommend membership!" S.L

"I joined the gym when it first opened in 2015 and it's the only gym I have ever enjoyed and stuck at. I have had regular PTs which have transformed the way I exercise and my overall eating habits. Being someone who gets easily bored with the same training routines Craig and the rest of team B! always offer new and interesting ways of training and the classes are great fun and high energy." L.D

"Since joining B!, I have made the most progress in my training. Mainly due to the knowledge of the staff and the programs they can provide. They really work with you to reach goals and always bring a warm welcoming atmosphere to the gym, its always clean and well maintained unlike most gyms. I haven't tried the classes but hear they are great motivators in getting fit!" J.K

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